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Ultra Low Density Shape Memory Polymer Foams With Tunable Physicochemical Properties for Treatment of intracranial Aneurysms

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ULTRA LOW DENSITY SHAPE MEMORY POLYMER FOAMS WITH TUNABLE
PHYSICOCHEMICAL PROPERTIES FOR TREATMENT OF INTRACRANIAL
ANEURYSMS

A Dissertation

by

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ABSTRACT

Shape memory polymers (SMPs) are a rapidly emerging class of smart materials that can be stored in a deformed temporary shape, and can actively return to their original shape upon application of an external stimulus such as heat, pH or light. This behavior is particularly advantageous for minimally invasive biomedical applications comprising embolic/regenerative scaffolds, as it enables a transcatheter delivery of the device to the target site. The focus of this work was to exploit this shape memory behavior of polyurethanes, and develop an efficient embolic SMP foam device for the treatment of intracranial aneurysms.

The first step herein was to achieve ultra low density foams with a highly covalently crosslinked polymer structure to enable good mechanical properties and shape memory behavior, while ensuring a high filling efficiency of the device. Favorable results of densities down to $0.015 \text{ g}\cdot\text{cm}^{-3}$ were attained with excellent shape memory of 98-99% recovery and up to 70 times volume expansion on actuation for these materials. However, these materials showed premature actuation on exposure to water/physiological media during delivery through a microcatheter. This hindered the device delivery, and inspired a new series of materials with controlled increment in their hydrophobicity. Successful transcatheter delivery has since been conducted with these materials. Additional optimization of the foam formulation and synthesis process produced still lower densities of down to $0.008 \text{ g}\cdot\text{cm}^{-3}$ providing a further improved embolic efficiency. Also, plasma treatment of the foams was identified as a viable and

efficient technique for achieving complete reticulation of these materials, important for moderating the permeability of the device. Finally, low molecular weight ester based monomers were introduced in the foams to achieve controlled device degradation and avoid long presence of a foreign material in the body.

In summary, this work reports a novel family of ultra low density polymer foams which can be delivered via a minimally invasive surgery to the aneurysm site, actuated in a controlled manner to efficiently embolize the aneurysm while promoting physiological fluid/blood flow through the reticulated/open porous structure, and eventually biodegrade leading to complete healing of the vasculature.

*To the Almighty God who showed me the way,
To my dear husband, Nikhil, who held me close whenever I would sway,
and, To my family for their endless love and support night and day...*

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NOMENCLATURE

ΔT	Range of transition [$=2 \cdot (T_{\delta s} - T_{onset})$]
Δ_T	Lydersen correction for non-ideality
$\Delta_{T,i}$	Lydersen correction for non-ideality for the i^{th} component
$\Delta_T^{(P)}$	Non-ideality correction factor for polymers
ATR-FTIR	Attenuated Total Reflectance – Fourier Transform Infra-Red Spectroscopy
CFC	Chlorofluorocarbon
CLS	Critical Limiting Supersaturation
DI	De-Ionized
DMTA	Dynamic Mechanical Thermal Analysis
DSC	Differential Scanning Calorimeter
ELISA	Enzyme Linked Immuno Sorbent Assay
E_{neat}	Young's modulus of neat/non-porous material
E_{porous}	Young's modulus of porous material
FDA	U.S. Food and Drug Administration
F_p	Polar component of the molar attraction function
$F_{p,i}$	Polar component of the molar attraction function for the i^{th} component
F_t	Molar attraction function
$F_{t,i}$	Molar attraction function for the i^{th} component
FTIR	Fourier Transform Infrared Spectroscopy

G'	Storage modulus
G''	Loss modulus
GDC	Guglielmi Detachable Coil
G'_{neat}	Storage modulus of neat/non-porous material
G'_{porous}	Storage modulus of porous material
HCFC	Hydrochlorofluorocarbon
HCl	Hydrochloric acid
HDI	1, 6 Diisocyanatohexane
HFC	Hydrofluorocarbon
HIPE	High Internal Phase Emulsion
HPED	N, N, N', N' Tetrakis (2-hydroxypropyl) ethylenediamine
IPDI	5-Isocyanato-1-(isocyanatomethyl)-1,3,3-trimethyl cyclohexane; Isophorone diisocyanate
IR	Infrared
ISAT	International Subarachnoid Aneurysm Trial
LPS	Liposaccharide
NaOH	Sodium hydroxide
n	Number of repeating units per effective polymer chain segment
n_c	Crosslink density (number of active chains per unit volume)
N_i	Number of units of i^{th} component per effective polymer chain segment
NIF	National Ignition Facility
N_h	Degree of polymerization of the hard segment

OH/NCO ratio	Ratio of the hydroxyl to isocyanate equivalents in a composition
PCL	Polycaprolactone; (1,7)-polyoxepan-2-one
PCL-t	Polycaprolactone triol
PFC	Perfluorocarbon
PHA	Phytohemagglutinin
R	Ideal gas constant ($8.314 \text{ J}\cdot\text{K}^{-1}\cdot\text{mol}^{-1}$)
SMA	Shape Memory Alloy
SMC	Shape Memory Ceramic
SMP	Shape Memory Polymer
T	Temperature
$\tan \delta$	$=G'/G''$
TEA	2,2',2''-Nitrilotriethanol
T_g	Glass transition temperature
T_{high}	A temperature above the transition temperature ($\sim T_{trans}+30 \text{ }^{\circ}\text{C}$)
T_{low}	A temperature below the transition temperature ($\sim T_{trans}-30 \text{ }^{\circ}\text{C}$)
TMHDI	2,4,4-Trimethyl-1,6-diisocyanatohexane
T_{onset}	Temperature at which glass transition onset is observed
T_{trans}	Shape memory transition temperature; actuation temperature
$T_{\delta s}$	Temperature at which peak value of $\tan \delta$ is achieved
V	Molar volume
V_i	Molar volume of the i^{th} component
$\alpha(P)$	Molecular aggregation number for amorphous polymers

δ_d	Solubility parameter contribution of dispersive forces
δ_h	Solubility parameter contribution of hydrogen bonding
δ_p	Solubility parameter contribution of polar forces
δ_t	Solubility parameter (total)
ε_{pre}	Initial strain
ε_{rec}	Recovered strain
ρ_{neat}	Density of neat/non-porous material
ρ_{porous}	Density of porous material
σ_{el}	Stress in the elastic regime
σ_{pl}	Stress in the plastic regime
χ	Flory – Huggins interaction parameter

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CHAPTER I

INTRODUCTION AND LITERATURE REVIEW

Last several decades have seen an explosion in the world of polymeric materials that has provided numerous groundbreaking innovations encompassing all walks of life. The understanding that the scientific community has gained from these advances continues to inspire new applications and novel polymeric materials. More recently, advances in a new class of stimuli-responsive shape memory polymers (SMPs) has significantly expanded the material engineering space by introducing materials that are capable of smart physical transformations on remote application of various stimuli.

SMPs are intelligent materials that can be deformed and stored in a temporary/secondary shape, and thereafter can be actuated on demand via an external stimulus, such as heat or ultraviolet light, to return to their primary shape [1-9]. They can be considered to be a subset of a wider group of shape memory materials comprising shape memory ceramics (SMCs) and shape memory alloys (SMAs). However, compared to these other shape memory materials, SMPs are lightweight, inexpensive, can recover large deformations, and their physical properties can be customized to the end application relatively easily [1, 7]. These unique characteristics have led to increased interest in their use in multiple areas including aerospace, civil, electrical, biomedical, and textile industries [2, 7, 10]. Their enormous potential continues to present new applications to the scientific community, with the challenge of designing novel materials spanning the whole spectrum of choice of monomers and their polymerization process,

to the fabrication of the material with a predefined micro and macro morphology, for achieving a desired set of end physico-mechanical properties. This dissertation is focused on the embolic or regenerative biomedical applications of SMPs. It discusses the development of a novel class of SMP foams tailored for this application, while expanding on the principles of polymer science using a set of novel monomers, customized polymer fabrication processes, and application-specific characterization techniques.

A. Shape Memory Effect

One of the first reports of SMPs is considered to be a 1941 US patent application from LB Vernon [1, 11]. Here he claimed a methacrylic acid ester based dental material that recovered its original shape on heating, owing to an "elastic memory". However, the utility of these materials was not recognized until the 1960s, when heat shrinkable films and tubings were commercialized using covalently crosslinked polyethylene [11-15]. Starting 1980s, the research in shape memory polymers began to pick up and there has been a near exponential rise in the number of publications on this topic since then **(Figure 1)** [1]. Several comprehensive review papers are available on the mechanism of shape memory behavior in polymers [1-6, 10, 16]. These materials present unique advantages over shape memory alloys such as light weight, large shape recovery of up to 400% plastic strain, non-toxicity, non-mutagenicity, ease of processing, low cost and biodegradability [1, 3, 7]. Further, a significant level of customizability of the material mechanical properties is possible with polymers, and multiple chemical formulations for

SMPs have already been reported with a wide range of mechanical properties [1]. This section reviews the basis of shape memory behavior, the broad chemical classes of SMPs and the SMP foams, and the characteristic thermomechanical cycle for shape memory characterization.

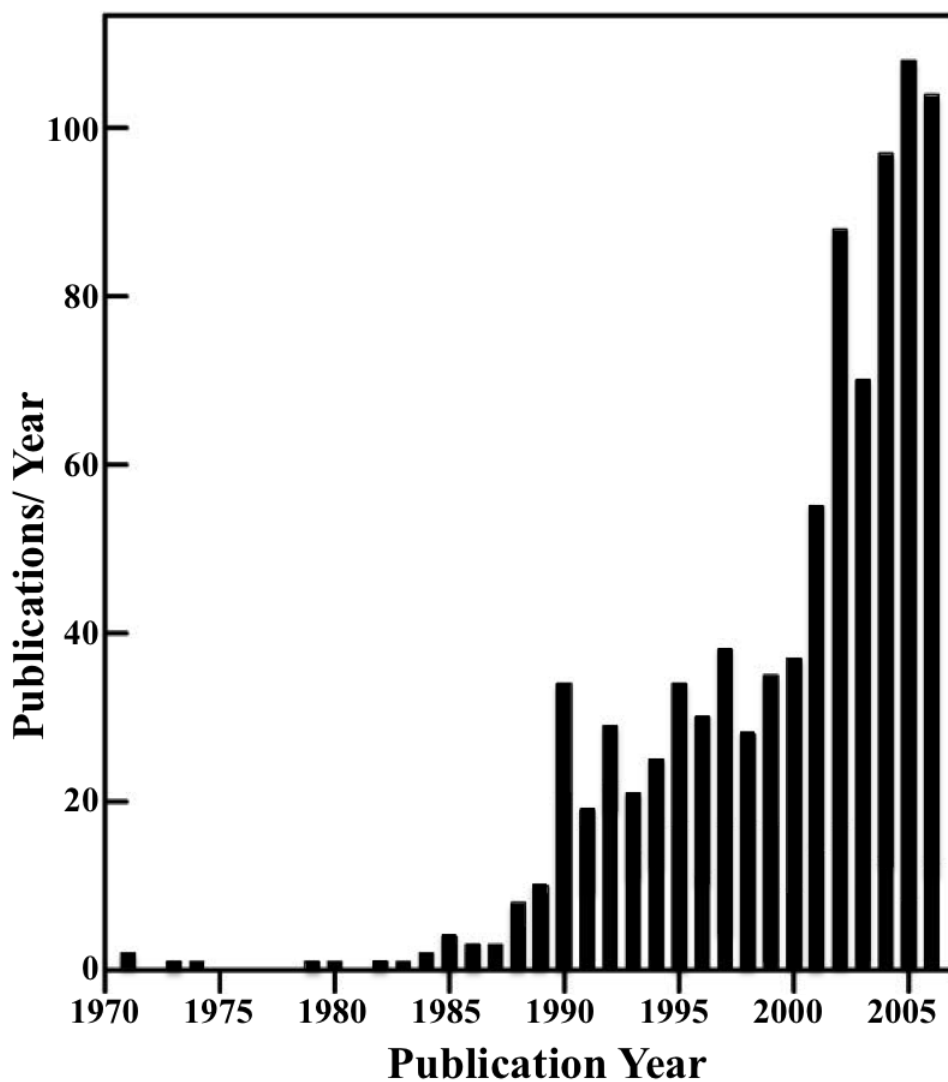


Figure 1: The volume of SMP research has seen a near exponential rise in the recent decades [1].

1. Basis of Shape Memory

All polymer chains have an intrinsic ability to exhibit some shape memory behavior due to their propensity to attain high entropy - low energy configuration, and the lack/availability of energy to achieve this transformation. Briefly, the composition of the polymer chains and their physical structure defines a characteristic transition temperature (T_{trans}) of the polymer. Only a limited vibrational molecular motion is possible below this temperature. As the polymer is heated to this transition temperature, the polymer chains gain enough energy that a long range co-ordinated molecular motion can set in. The polymer experiences a drop in modulus, reaching the rubbery state, beyond this T_{trans} ; and may eventually flow or thermally decompose at still higher temperatures, depending on whether it is physically or covalently crosslinked.

For the shape memory behavior, the polymer is physically deformed to a temporary shape while in its rubbery state, and this temporary shape is effectively frozen in by vitrification or crystallization, as the material in deformed state is cooled to below the T_{trans} . The polymer maintains the deformed shape in its glassy state as the polymer chains do not have sufficient energy to attain their preferred high entropy, low energy primary state. Physical or chemical crosslinks between the polymer chains act as net-points or anchors that further restrict the chain motion or conformational reorganization in this state. As soon as sufficient thermal energy is provided to the polymer chains, by heating to the T_{trans} , they recover their preferred high entropy, low energy conformation, and thereby the macroscopic primary shape of the polymer. When this shape memory effect is specially customized to, or is exploited in an application, the

polymer systems are referred to as SMPs. It is to be noted that this dissertation discusses the thermally actuated polymers, but other stimuli such as ultraviolet light and pH have also been shown to elicit shape memory behavior in polymers [17, 18].

2. Classes of SMPs

As described in the previous section, the chemical structure of polymers can be customized to obtain a functionally useful shape memory effect. Briefly four major categories of the chemical structure of thermally actuated SMPs have been identified in the literature [1]:

i. Covalently crosslinked glassy thermosetting polymers (Class I)

These materials represent the non-crystallizing amorphous thermoset polymers that undergo a glassy to rubbery transition across a characteristic glass transition temperature (T_g). The shape memory behavior is invoked across this T_g , i.e. molding of the material to the temporary/secondary shape, and its fixing/storage take place above and below this T_g respectively. In addition to thermoset materials, linear polymers of ultra high molecular weight ($>10^6$ g·mol⁻¹) with significant number of entanglements (>25) per chain may also show limited flowability above T_g , and are placed in this class of SMPs. Polymers such as epoxy and polynorbornene fall in this category of SMPs.

ii. Covalently crosslinked semi-crystalline polymers (Class II)

Similar to the Class I materials, the permanent shape of these materials is established by chemical crosslinks. However, they also contain crystalline regions, which offer the melting temperature of the crystallites as an alternative temperature to

invoke shape memory, aside from the T_g . Chemically crosslinked trans-polyisoprene and polycyclo-octene, and electron beam crosslinked polyethylene are some examples of this category of SMPs.

iii. Physically crosslinked glassy copolymers (Class III)

Unlike the covalently crosslinked materials, physically crosslinked materials offer simpler processability as they can be remolded to a desirable primary shape in the flow regime of the polymer. This class of materials are typically a copolymer of two or more type of repeating units, and undergo a microphase separation, constituting a physically crosslinked crystalline “hard domain” featuring a melting temperature (T_m), and an amorphous “soft domain” featuring a T_g . Shape memory is invoked across the T_g of the soft domain. The primary shape of the material can be redefined by heating the polymer above the T_m of the hard domain. Typical examples of this class of SMPs include a blend of thermoplastic polyurethane with polycaprolactone segments and phenoxy resin, and copolymerization of polyhedral oligosilsesquioxane with norbornene.

iv. Physically crosslinked semi-crystalline copolymers (Class IV)

Similar to the Class III materials, Class IV SMPs can be remolded to a different primary shape above the melting temperature of the “hard domain”. However, the “soft domain” undergoes crystallization as well, and its melting temperature functions as the transition temperature for the shape memory behavior of the material. Triblock copolymers of styrene-trans butadiene-styrene and multiblock polyurethanes with semi-crystalline soft segments e.g. poly ethylene oxide constitute this category of SMPs.

3. SMP Foams

Processing SMPs into a porous form further increases the applications of these smart materials due to their unique properties including high thermal and electrical insulation, high volume changes on recovery from compressive strain (i.e. low storage volume in compressed state), and low density. Multiple SMP foams have been developed and are suggested for use in numerous commercial applications (**Table 1**). Although some SMP foams are proprietary, following general chemical classes of SMP foams have been identified in the literature (Table 1) [19].

i. Polyurethanes

Polyurethanes are typically physically crosslinked polymers obtained from the reaction of an isocyanate with polyether or polyester type polyols, and generally fall in Class III SMPs, i.e. physically crosslinked amorphous SMPs [20-26]. The hard segments comprising physically crosslinked isocyanates provide the netpoints for shape memory, and the shape fixing is achieved by vitrification of the material below the T_g of the soft segment. However when a crystallizable soft segment is used, such as pentanedecalactone or polycaprolactone [27, 28], the soft segment exhibits a melting transition and its T_m is used as the transition temperature for shape fixing; these fall in the Class IV SMPs with a physically crosslinked crystalline structure. It is to be noted here that Chung et al. used a trifunctional polycaprolactone triol (M_w 4000 g), in their study [27]. It showed a melting transition in this polymeric system, but may exhibit a significantly reduced tendency to crystallize at lower molecular weights of the polycaprolactone triol. Another family of covalently crosslinked amorphous Class I

Polyurethane SMP foams has also been reported by Singhal et al. [29, 30]. These materials claim a high density of covalent crosslinks with use of low molecular weight branched monomers and are discussed in detail in this dissertation.

ii. Polystyrene

Polystyrene typically forms a rigid amorphous Class I type thermoset SMP, although it has been used as a hard domain of a physically crosslinked glassy copolymer with trans-polybutadiene [1]. The polystyrene based SMP foams, named Veriflex (Cornerstone Research Group), use styrene, divinyl benzene and/or vinyl neodecanoate as raw materials [31-36]. In these systems, benzoyl peroxide or dibenzoyl peroxide have been used as radical initiators for polymerization, in combination with dichlorodimethyl silane, possibly to facilitate the block copolymer formation via living chain polymerization. Also, tricresyl phosphate and Closite 20A have been used in varying amounts as plasticizer and reinforcing filler respectively [35, 36]. While they are proprietary, these polymeric systems show a possibility of developing Class I thermoset amorphous systems, as with styrene and divinyl benzene with varying amounts of plasticizer/filler to modify the transition temperature, or a physically or chemically crosslinked copolymer with vinyl neodecanoate ($T_m \sim 25^\circ\text{C}$), that may exhibit a melting transition (Class III or Class II SMPs).

Table 1: Summary of composition and key properties of SMP foams available in literature.

COMMERCIALLY AVAILABLE SMP FOAMS, OR SMP MATERIALS THAT HAVE BEEN FABRICATED INTO FOAMS						
	Sample ID	Foam fabrication method	Density	T_{trans}	Modulus	References
Company: Ranwal Ltd. Great Britain Commercial name: FLEGMAT Composition: Proprietary polyurethane	FLEGMAT		na	30 °C (T_g)	na	[37]
Company: Mitsubishi Heavy Industries, Jet Propulsion Lab Commercial name: CHEM 3520, CHEM 5520 Foam MF 5520, Foam MF No. 21, MF6020, and from particulate leaching of MM4520 Composition: Proprietary polyurethane [20]	CHEM polyurethane foam		0.032 g·cm ⁻³	60 °C (T_g)	na	[6]
	CHEM3520, CHEM5520		0.11-0.12 g·cm ⁻³	35 °C and 55 °C (as specified T_g); 32 °C and 45 °C (from DMA in compression mode) [38]	E' = 10-20 MPa (DMA in compressive mode)	[23, 38, 39]
	Foam MF5520		expansion ratio 14 [21]	55 °C [21]; 63 °C [40], 64 °C [41])	na	[21, 40, 41]
	Foam MFNo.21		expansion ratio 30	55 °C (T_g)	E' =10 MPa	[22]
	MF6020		na	62 °C (T_g)	na	[21]
	MM4520 foams from particulate leaching	Gelatin microspheres of <150 μ and 150 to 400 μ sizes were used as porogens to cast MM4520	0.10-0.11 g·cm ⁻³	48-51 °C T_g (DMA in compressive mode)	E' =1-10 MPa (DMA in compressive mode)	[39]

	Sample ID	Foam fabrication method	Density	T_{trans}	Modulus	References
Company: Composite Technology Development Commercial name: DP5.1 and TEMBO 3XE (2 part thermoset epoxies) Composition: Proprietary	DP5.1	Magsilica (Degussa Corp.) and nano-magnetite particles (Sigma Aldrich Inc.) were used for foam fabrication [42]	0.164 - 0.218 g·cm ⁻³ ; 15-20% relative density [42]	~65-85 °C (DMA in tensile mode) [42]	$E' = 80-100$ MPa, DMA in tensile mode [42]	[42, 43]
	TEMBO 3XE		20%, 30%, 40% relative density	83-88 °C (DMA in tensile mode)	$E' = \sim 60-120$ MPa (DMA in tensile mode)	[44-46]
Company: Cornerstone Research Group Commercial Name: Veriflex Composition: 2 part thermoset resin system- Part A has styrene and/or divinyl benzene and/or vinyl neodecanoate; Part B has hardener based on benzoyl peroxide and/or dibenzoyl peroxide, tricresyl phosphate and dichlorodimethyl silane (other details proprietary)	Syntactic foam from Veriflex using glass microballoons and MW carbon nanotubes	Microballoons (Potter's Industry) and/or MW Carbon Nanotubes (Cheap Tubes Inc.) were used to generate foams from the Veriflex epoxy resin	40 vol.% microballoons, 0.15 vol.% MW carbon nanotubes [47-49]; 40 vol.% microballoons [31-34]	62 °C (T_g , for SMP) [47-49]; 71 °C T_g (DMA in single cantilever beam mode); 64 °C T_g (DMA in single cantilever beam mode) [31-34]	$E' = 1.24$ GPa (for SMP only) [47-49]; 845 MPa (DMA in single cantilever beam mode) [31-34]	[31-34, 47-49]
	Composite of Veriflex and a dimethyl dehydrogenated tallow quaternary ammonium organoclay Closite 20A (Southern Clay Products)	Foam fabricated by supercritical CO ₂ saturation (at 500, 600, 700, 800 psi pressures) at 50 °C, for 0, 5, 10, and 15 seconds	Relative density of 30 to 90% based on foaming variables	62 °C T_g for SMP (as provided)	na	[35, 36]
Company name: Polymer Technology Group, Berkeley Commercial Name: CaloMER 48 Composition: Proprietary	CaloMER 48 foams using foaming agents	Blowing agents Plastronfoam BSH (based on NaHCO ₃ and citric acid derivatives) and W16 (polymer microspheres encapsulating low boiling point liquid) (FerroPlast S.r.l.) were used; 30% w/w of BSH (C48) and 12% w/w of W16 (C48) were extruded to achieve foams	0.85-0.91 g·cm ⁻³	61-89 °C T_g (DMA in tensile mode)	$E' = \sim 1$ GPa (DMA in tensile mode)	[39]

	Sample ID	Foam fabrication method	Density	T_{trans}	Modulus	References
	CaloMER 48 foams from particulate leaching	NaCl crystals (200-400 μ ; Sigma Aldrich Inc.) were used. Salt was added at 20, 50, and 70 % w/w NaCl (C48), extruded, and then leached to achieve foams	0.67-1.11 g·cm ⁻³	82-89 °C T_g (DMA in tensile mode)	$E' \sim 1$ GPa (DMA in tensile mode)	[39]
Company Name: 3M Commercial Name: Skotchkote 206N Composition: Proprietary (one part heat curable epoxy resin)	Composite of Skotchkote 206N with a nanoclay (Laviosa Dellite 43B) derived from naturally occurring montmorillonite (MMT) and purified and modified with a quaternary ammonium salt (Dimethyl benzyl-hydrogenated tallow ammonium)	Cold compacted tablets of the composite were foamed by insertion in a muffle at 320 °C for 8 minutes, followed by cooling in air	0.2-0.65 g·cm ⁻³	~99-104 °C T_g (loss modulus peak, DMA in compressive mode)[50]; 98-103 °C (DSC); 90-98 °C (storage modulus inflexion, 3 point bending mode); 107-115 °C (loss modulus second peak, DMA in 3 point bending mode)[51]	$E' = 80-220$ MPa (DMA in compression mode)[50]; 100-400 MPa (1-5 wt.% MMT, DMA in 3 point bending mode)[51]	[50-52]
NON-COMMERCIALY AVAILABLE SMP FOAMS						
Polymer family	Composition details	Foam prep method	Density	T_{trans}	Modulus	References
Polyurethane	Methylene diphenyl diisocyanate, chain extender diethanolamine, and ester type polyols based on ethylene glycol, 1-4 butane glycol and adipic acid	Gas blowing using DC2583 silicone surfactant; BL-22 and BL-11 blowing catalysts, Dabco 33LV gelling catalyst	0.22-0.3 g·cm ⁻³	~20 °C (T_g), DMA in tensile mode	$E' \sim 20$ MPa	[26]
	Diisocyanate with polyether based polyol, surfactant, and water (details unspecified)	Gas blowing	0.25, 0.5, and 0.75 g·cm ⁻³	138-142 °C (DMA in dual cantilever mode)	na	[24]

	Composition details	Foam prep method	Density	T_{trans}	Modulus	References
	Methylene diphenyl diisocyanate, butanediol, and poly caprolactone triol (M_n 4000 g)	Salt leaching process using THF as solvent and NaCl particulates as porogens	0.11 g·cm ⁻³	~31 °C T_m (DSC)	na	[27]
	Toluene diisocyanate with polypropylene glycol based polyols: SR 240 (M_w 240, functionality 2) and GP3000 (M_w 3000, functionality 3)	Gas blowing using TA 350 cell opener, L-626 silicone surfactant, bis (2-dimethyl aminoethyl) ether and methylene chloride blowing catalysts, and T9 stannous octoate gelling catalyst	0.05-0.057 g·cm ⁻³	-50 to 50 °C T_g (DMA in tensile mode)	20-100 MPa (DMA in tensile mode)	[25]
	Trimethyl hexamethylene diisocyanate with poly pentanodecalactone (PPDL) and Polycaprolactone (PCL) using dibutyltin laurate as catalyst	Supercritical CO ₂ process	na	na	na	[28]
	Hexamethylene Diisocyanate (HDI) and Trimethyl hexamethylene diisocyanate (TMHDI) with 2, 2', 2''-Nitrilotriethanol (TEA) and N,N,N',N'-Tetrakis (2-hydroxypropyl) Ethylenediamine (HPED)	Gas blowing using DC5179 and DCI990 silicone surfactants, BL-22 blowing catalyst, T-131 gelling catalyst, and Enovate and water as the physical and chemical blowing agents respectively	0.015-0.027 g·cm ⁻³	44-86 °C T_g (DSC); 52- 76 °C (DMA in torsional mode)	150-300 kPa (DMA in torsional mode)	[29, 30, 53-55]

Polymer family	Composition details	Foam prep method	Density	T_{trans}	Modulus	References
Hybrid organic-inorganic	(3-aminopropyl) terminated poly (dimethylsiloxane) was reacted with ϵ -caprolactone in a ring opening polymerization with stannous 2-ethylhexanoate. This was then reacted with acryloyl chloride to yield AcO-PCL40-b-PDMS37-b-PCL40-OAc	Particulate leaching using NaCl particles ($181 \pm 29 \mu$, $268 \pm 35 \mu$ and $459 \pm 69 \mu$). Partially fused particulate leaching method was employed for better pore interconnectivity	72-86 % porosity; $0.84\text{-}0.96 \text{ g}\cdot\text{cm}^{-3}$	$\sim 40^\circ\text{C}$ T_g (method not specified)	na	[56]
Polycaprolactone	Functionalized polycaprolactone matrix	NaCl particulates were mixed in polycaprolactone and the polymer was crosslinked with tetrathiol to lock in the porous state. After crosslinking, salt particles were extracted using water	na	na	na	[57]
	Covalently crosslinked polycaprolactone matrix reinforced with MW carbon nanotube filler coated with Fe_3O_4 nanoparticles	Electrospinning	na	na	na	[58]
Polystyrene	Styrene based resin, hardener and a vesicant (details unspecified)	na (components were mixed and cured)	na	70°C T_g (DSC)	na	[59]

iii. Crosslinked Caprolactone

A SMP based on Tetrathiol crosslinked polycaprolactone matrix was reported by Baker et al. [57]. Another related chemically crosslinked polycaprolactone matrix, further reinforced with carbon nanotube fillers was reported by Gong et al. [58]. These systems are expected to form Class II crystalline thermoset SMPs, with the melting of polycaprolactone crystalline segments demarcating the loss of the shape fixing phase. Such molecular structures form viable SMP systems; however, a limitation is that a low control over the molecular weight between crosslinks hinders the formation of crystalline segments of uniform size. A broad distribution of crystal size is thereby achieved, and may lead to a broad transition range. Hence use of copolymers is often preferred in such systems. This strategy helps in the formation of uniform length of crystalline segments, leading to sharp and narrow transitions [1].

iv. Epoxy

Foams made from proprietary thermoset SMP epoxy resins, comprising two part *in situ* reactive system, as in DP5.1 and TEMBO 3XE (Composite Technology Development) [42-45], and a one part heat curable thermoset system, Skotchkote 206N (3M Company) [50-52], have been used in multiple investigations. These systems form a Class I type chemically crosslinked glassy networks, and employ material T_g as the shape fixing transition temperature. The heat curable one part epoxy systems offer a unique advantage in generation of SMP foams; these materials can be subjected to controlled air turbulence, as by insertion in a muffle, in the presence of high temperatures, leading to facile synthesis of porous structures [50-52].

v. Hybrid organic-inorganic

An hybrid organic-inorganic photo-crosslinked shape memory foam based on polydimethyl siloxane and polycaprolactone segments was reported by Zhang et al. [56]. These materials exhibit a crystalline shape fixing phase of Polycaprolactone in a co-continuous crosslinked matrix of silicone rubber, and fall in the Class II SMP materials according to the classification by Liu et al. [1]. The synthesis process demonstrated a high control on the lengths of polycaprolactone and polydimethyl siloxane segments, and these could be precisely varied for modulating the material's mechanical properties.

Several methods of foam fabrication have been used for SMP materials (Table 1), including particulate leaching or compacting, gas blowing, super critical CO₂ saturation, electrospinning, and thermal curing in induced air currents. While the various foaming methods, relative to the materials discussed in this dissertation, are compared and contrasted in Chapter II, readers are recommended to other in-depth reviews on foam fabrication methods for a detailed description of each process [19, 60].

4. Thermomechanical Cycle

The thermomechanical shape memory cycle is fundamental to the understanding and characterization of SMPs, and is briefly discussed next. Following are the primary steps involved in programming an SMP through the thermomechanical cycle:

1. **Loading:** Heating the sample to $T > T_{trans}$ and application of strain to reach the temporary/deformed shape.

2. **Fixing:** Cooling the sample to $T < T_{trans}$ while maintaining the applied strain.
3. **Recovery:** The temporary/deformed shape, thus fixed, can be recovered in two ways:

- a. *Constrained stress recovery*

The constrained sample is heated back up to $T > T_{trans}$ while maintaining the applied strain. Finally **unloading** of the sample is done at $T > T_{trans}$ to recover the primary shape.

- b. *Free strain recovery*

The sample is heated to $T > T_{trans}$ while maintaining a zero stress condition, and the recovery of the primary shape is achieved simultaneously with the temperature rise.

Laboratory characterization of the shape memory behavior of SMPs in a common dynamic mechanical analyzer, utilizes the controlled stress and/or strain conditions to perform this 3-4 step thermomechanical cycle. This cycle can be graphically depicted in a 3-D plot of temperature-stress-strain as shown in **Figure 2** for an SMP foam test in compressive mode. The first step is the “**loading**” or compression of the material at elevated temperatures ($T > T_{trans}$, T_{high}). As the degree of strain increases, a concomitant increase in the stress is recorded. At the molecular level, this increase in stress can be related to the resistance to deformation exerted by polymer chains in order to maintain their high entropy, low energy primary shape at T_{high} . After the desired level of strain is applied on the material, this strain is “fixed” by cooling to $T < T_{trans}$ (T_{low}). As this step is

performed while maintaining the strain, a drop in the stress is observed. The decrease in the thermal energy of the polymer chains limits their molecular motion, leading to a drop in the macroscopic stress that can be applied (on restraining platens) in this state of reduced mobility. After this programming of the temporary shape, the primary shape can be recovered by either a) free strain recovery (C_i), where the temperature is increased to T_{high} while maintaining a zero stress condition allowing simultaneous recovery of the

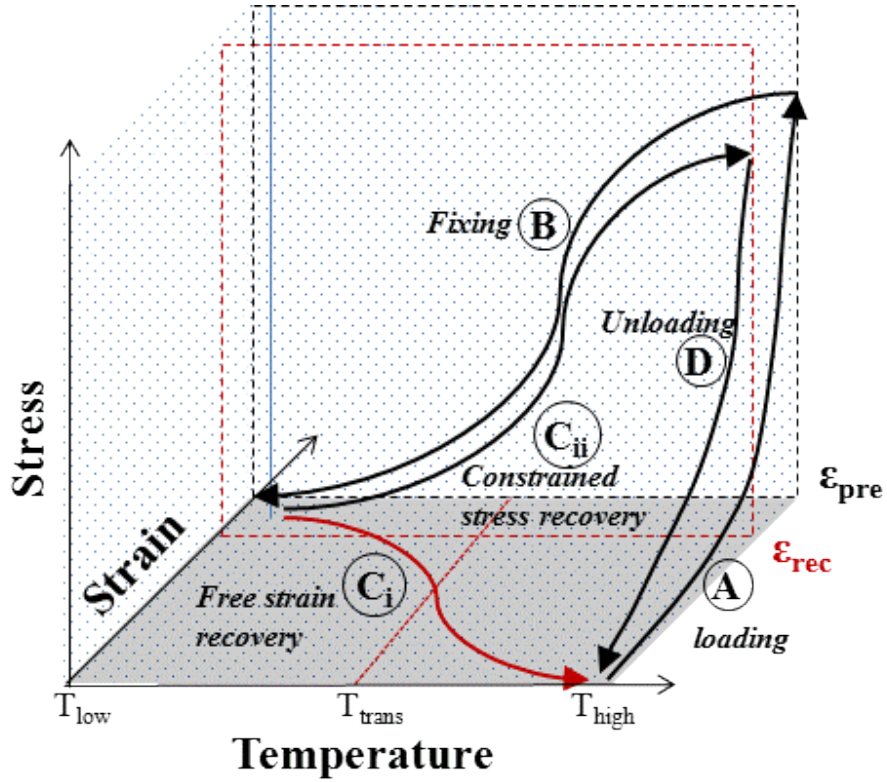


Figure 2: Schematic of the thermomechanical cycle for shape memory polymers in compression mode. Large compressive strain is imposed along A (Loading), the SMP is cooled along B to lock in the temporary compressed shape (Fixing), the material is then allowed to recover either by free strain recovery along C_i , or by constrained stress recovery along C_{ii} . A final step of unloading along D is performed after the constrained stress recovery C_{ii} .

strain, or b) constrained stress recovery (C_{ii}); here the temperature is increased to T_{high} while maintaining the strain levels, allowing the stress to rise with the temperature as polymer chains gain molecular mobility and try to recover the primary shape. The final step of strain recovery, “unloading”, is performed after C_{ii} to allow the sample to recover its primary shape. In either case (C_i or C_{ii}), the sample recovers the primary high entropy, low energy state when both the conditions of $T > T_{trans}$, and no external stress are met. ϵ_{pre} and ϵ_{rec} , in Figure 2, depict the initial and recovered values of strains. By this definition, % shape recovery of the SMP can be calculated as $(\epsilon_{rec} / \epsilon_{pre}) \cdot 100$.

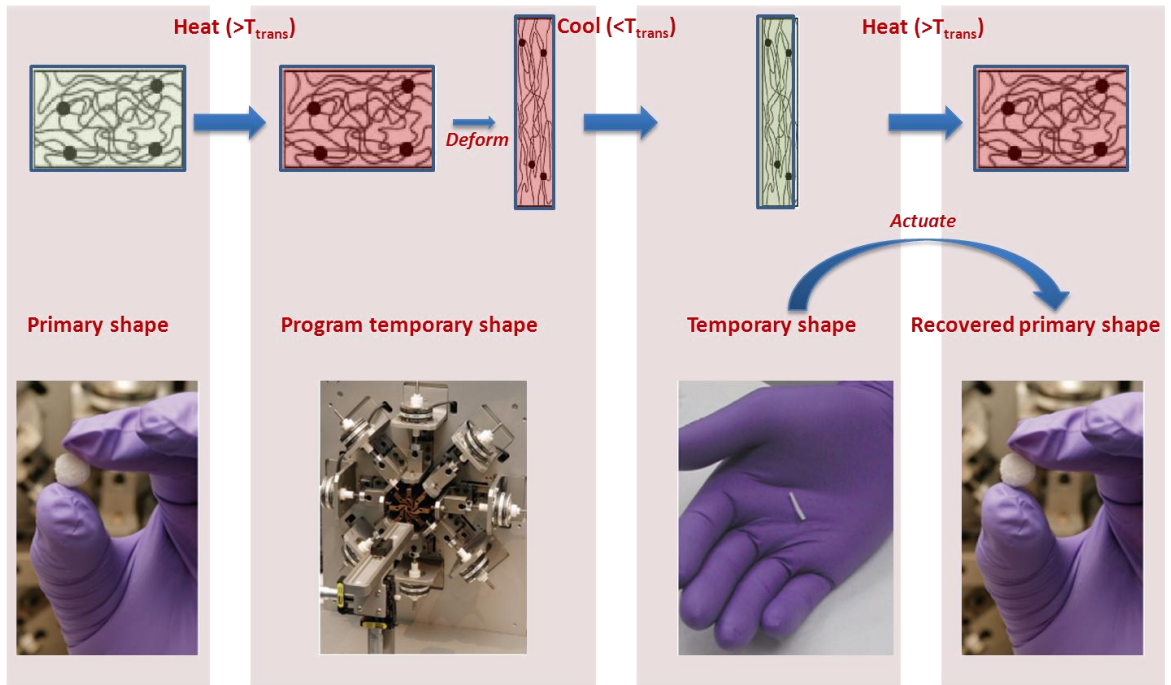


Figure 3: Schematic representation of changes in the polymer chain orientation, and the physical shape of a SMP foam as it is taken through the thermomechanical cycle.

Figure 3 shows the physical transformations of SMP foam as it is taken through the shape memory cycle. It is this unique property of SMP foams of undergoing a large volume change on actuation that renders them useful in numerous practical applications.

B. Applications of SMP Foams

Owing to their exclusive properties, SMP foams have been proposed in a wide range of applications, ranging from biomedical and aerospace, to civil and textile industries. This section gives an overview of the applications of SMP foams suggested in the literature [19].

1. Biomedical Applications

Numerous reviews of biomedical applications of SMPs have been published [8, 10, 61, 62]. Some primary areas of biomedical applications of porous SMP foams include embolic devices for filling vascular lesions, regenerative scaffolds for filling bone defects, haemostatic sponges, and soft tissue scaffolds. Also combination devices of SMPs, functioning as drug delivery, or gene therapy platforms have been suggested.

SMP foams from Mitsubishi Inc. have been widely investigated for vascular embolic applications. Metcalfe et al. were the first to publish about the strong embolic potential of these materials with no cytotoxicity or mutagenicity, and a good *in vivo* healing response [43]. Also, in other tests by DeNardo et al., good cytocompatibility was observed for Mitsubishi CHEM3520 and CHEM5520 foams [23, 38].

Another class of highly covalently crosslinked polyurethane SMP foams from our group has been actively developed for the vascular embolic applications during the last decade [30], and will be discussed in detail in this dissertation. Papers demonstrating the critical properties of these materials, such as their biocompatibility through *in vivo* porcine implants [54], and safety and efficacy of the implantation process through applied stress estimations [63] have been published.

Several proof-of-concept studies have been performed directed towards the use of SMP foams for embolization of vascular lesions. For instance, a magnetic resonance imaging based characterization of fluid flow through a foam sample demonstrated a slow and tortuous flow profile [64]. A computational modeling of the local temperatures and flow profiles in the vasculature before and after the actuation of the foam device explored the potential of thermal damage during implantation [65]. Finally, a combination device using SMP foam and a neat SMP stent was proposed for an improved treatment of the wide-necked fusiform aneurysms [66].

2. *Aerospace Applications*

Deployable structures with low mass and low packaged volume are always attractive to aerospace applications for maximizing fuel efficiency and improving aircraft performance. SMP foams, with their property of large volume expansion on actuation, in addition to being low cost and reliable, hence present a very inviting territory for aerospace applications. Also, the SMP foams have been thought to effectively dissipate impact forces and better sustain contact with any striking objects

[67]. Further, for their actuation in such applications, conversion of solar energy to thermal energy using a removable thermal blanket, has been proposed as a facile and viable mechanism [67].

Use of SMP foams has been demonstrated in several small laboratory-scale concepts such as mini nanorover wheels (~6 cm) [67], and foldable microcars [41]. But, there is an increasing interest in their use in larger aerospace structures. For e.g. large boom structures (~50 meters long), comprising truss elements using SMP foam and carbon fiber reinforced polymers have been developed [67]. Also, large solar sails, ten to several hundred meters in dimension, using thin films of microcellular SMP foams, are being considered for propelling spacecrafts [68]. Adaptive airplane wings, for improved performance and fuel efficiency, constitute another popular area of application of SMP foams [69]. Tests using SMP foams as substitute to heavyweight actuation machinery in low speed small planes, have already been shown to produce noticeable changes in the flight performance [70]. Although there have been some disappointments [69], use of SMP foams demonstrate a huge potential in aerospace applications.

3. Robotic Grips

SMP foams have been investigated for use in Robotics. Monkman and coworkers reported the use of commercially available polyurethane-based SMP foam (FLEGMAT, Ranwal Ltd) in an innovative robotic gripping technology for transportation of fragile objects [37]. SMP foams show a large variation in their compliance across the transition temperature. Above the T_g (~30 °C for FLEGMAT), the foam is compliant enough to

conform to irregular geometries of an object to be gripped. This can allow gripping of delicate objects without damaging them. However, below the T_g foam's compliance is greatly reduced, such that the foam remains firm, permitting safe transportation of the object [37].

4. Self-healing Applications

Sandwich panels with a foam core are employed in a wide range of structural applications, such as concrete pavement or bridge deck. They typically use syntactic foams fabricated by dispersing microballoons, or small glass spheres into polymeric matrices. There has been a recent interest in the development of self-healing technology allowing self-repair of structural damages to these constructions, by means of the shape memory technology [47]. Li and coworkers proposed a two-step “close then heal” approach to this kind of self-healing [31]. This process utilizes SMP based syntactic foam to close or fill damaged areas, such as cracks or voids, as described in **Figure 4**. After the foam is damaged, confined shape recovery is induced via a temperature rise causing the SMP foam to expand into and fill any cracks or voids that may have formed. It is often also coupled with a healing mechanism, such as microcapsules containing a material that can polymerize upon release.

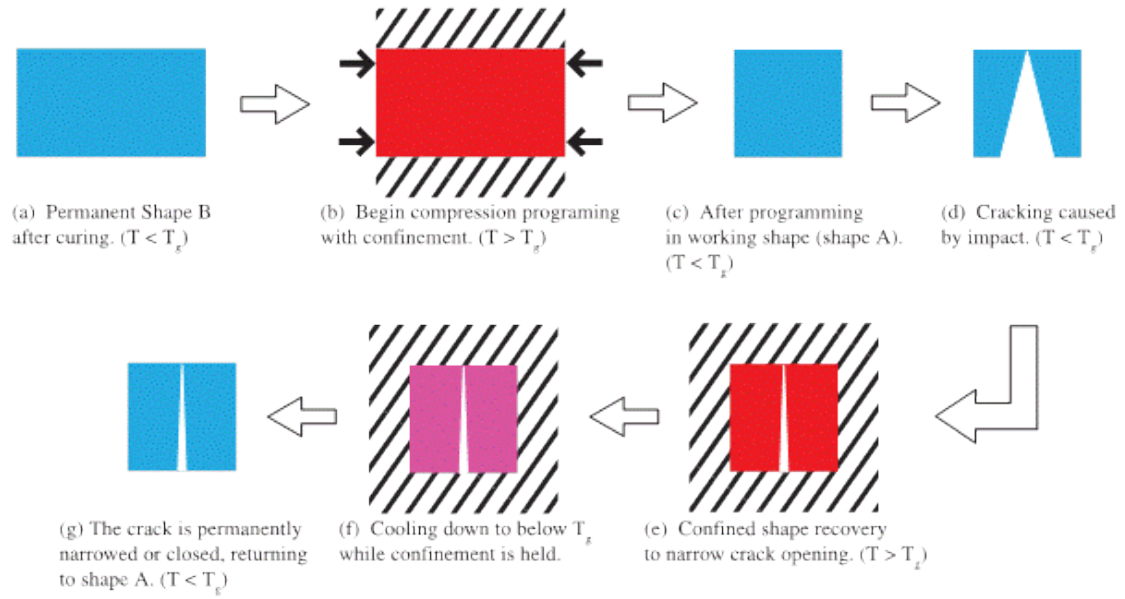


Figure 4: Schematic of the self-healing scheme of the proposed smart foams (T_g is the transition temperature of the foams). The figure is reproduced with permission from [31].

The effectiveness of this process can be seen in **Figure 5** which shows an ultrasonic c-scan of a panel after each of seven impact and healing cycles [47]. Because this process is heavily reliant on confinement, a 2D grid is typically integrated into the foam. This, along with the confinement in the 3rd direction by the face sheets, has been shown to give increased healing efficiency and strength to the overall structure [49].

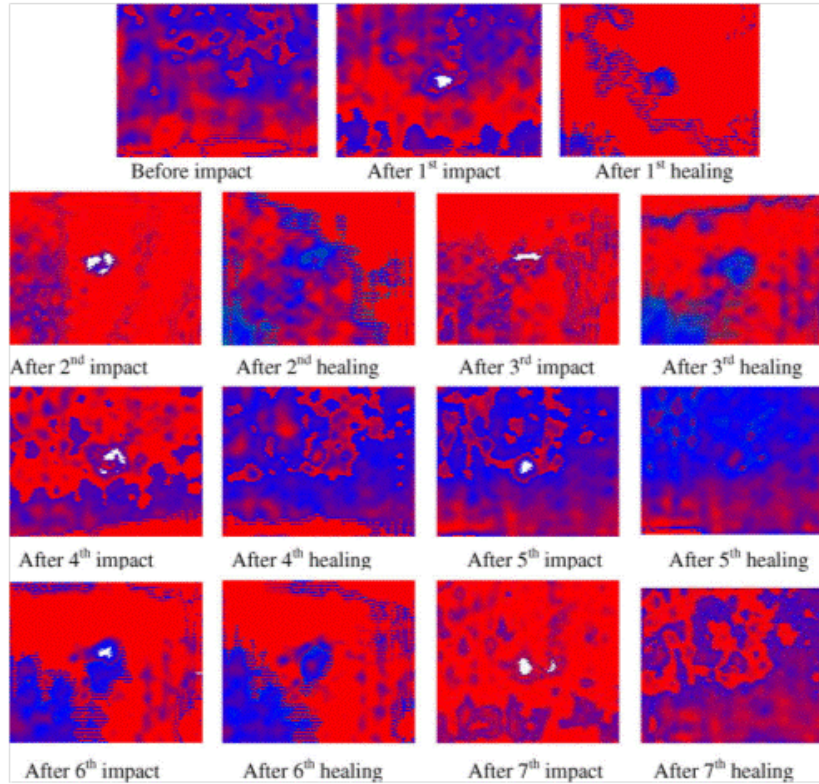


Figure 5: C-scan images of the sandwich panels after each impact and healing cycle. The figure is reproduced with permission from [47]. C-scan images give a visual representation of the attenuation of the ultrasound signal through the panel, which is proportional to the damage present, with 20% attenuation indicated by red color, 20-50% attenuation by blue color and 100% attenuation by white color. As the figure shows, even after the 7th impact, the macro-length scale damage can be adequately healed by heating the foam above its T_g .

While this technology works well, problems arise in this application when the thermal expansion of the concrete walls takes place under higher ambient temperatures leading to development of compressive stresses in the foam core and cause it to squeezing out of the channel. An alternative 2D programming method of SMP foams was proposed to alleviate this issue. With this programming, the material could show “auxetic” properties leading to shrinkage of the material dimension in the longitudinal

direction when a compressive stress is applied by thermal expansion of concrete walls in the lateral direction, above its transition temperature [71].

5. Textiles

In the textile industry, SMP foams have been investigated as intelligent weather adaptive clothing materials. Chung et al. studied an open cell polyurethane based SMP foam for this purpose [27]. These SMP foams demonstrated good shape fixity at 20 °C, partial recovery at 30 °C, and full recovery within 2-3 minutes 40 °C onwards. While the permeability and insulation of the foam was similar across this temperature range, the water vapor transmission rates were up to three times higher in the recovered state at 40 °C. It was inferred that at standard ambient temperatures (20 °C), the foam would retain its thin compressed state providing comfortable wear. As the environmental temperatures increase, however, it would expand with concomitant increase in the water vapor transmission rates for improved comfort.

6. Sand Management

SMP foams have been applied as tools for sand management, in the field of petroleum engineering. The metal screens, which have been traditionally used for this purpose, have the limitation of low conformity with the well bore surface, in addition to being costly and complicated [72]. As a substitute, annular SMP foam cylinders (~ 6 feet long) with outer diameters larger than the well bore, and inner diameter adequate for the placement of base pipes have been used. The foam is initially compressed in the radial

direction for installation in the well bore. On actuation, the foam expands and conforms to the bore wall. The force exerted thereby holds the sand in place and assists in maintaining an open wellbore [73]. Tests performed by Carrejo and coworkers [74, 75] showed that SMP foam can adequately filter sand without compromising well productivity. Yuan and coworkers [72] further defined the working conditions under which SMP foam would be beneficial over the traditional gravel packing.

C. Use of SMP Foams for Treatment of Intracranial Aneurysms

Amongst the numerous applications of SMP foams discussed in the previous section, their use in the embolic treatment of intracranial aneurysms, is of particular interest to us [6, 8]. This section aims to introduce this medical condition to the readers, starting with a brief overview of the pathology of intracranial aneurysms, and the currently used treatment methods. This is followed by the proposed mechanism of treatment of aneurysms using SMPs, and the limitations of the current commercially available SMPs, which form the basis of need and the motivation of this dissertation.

1. Intracranial Aneurysms

Aneurysm is a pathological condition in which an area of the blood vessel undergoes abnormal localized dilation or ballooning. Due to histopathologic and hemodynamic factors, these are most commonly found in arteries that supply blood to the brain. Autopsy and imaging studies report high frequencies of aneurysm detection (1% to 9% [76, 77] and 0.5% to 2%, [78]), and the prevalence of intracranial aneurysms

is estimated to be 83.4 per 100000 persons [79] . On the basis of this data, it is likely that at least 3 to 6 million people in the United States harbor an intracranial aneurysm [79].

A common feature of intracranial aneurysms is a significantly fragmented elastic lamina and muscular media [80, 81]. Their exact cause is still a subject of debate. But broadly, the lack of cerebral elastic lamina and supporting perivascular tissue, sparse medial elastin, and structural irregularities at the apex of bifurcations are considered to be primary factors making cerebral arteries susceptible to the development of aneurysms [82, 83]. Genetic factors and habits like cigarette smoking, alcohol consumption, long term analgesics and oral contraceptive may also have a role in their development [84, 85]. If left untreated, these aneurysms continue to grow and can eventually rupture causing a hemorrhage (**Figure 6**).

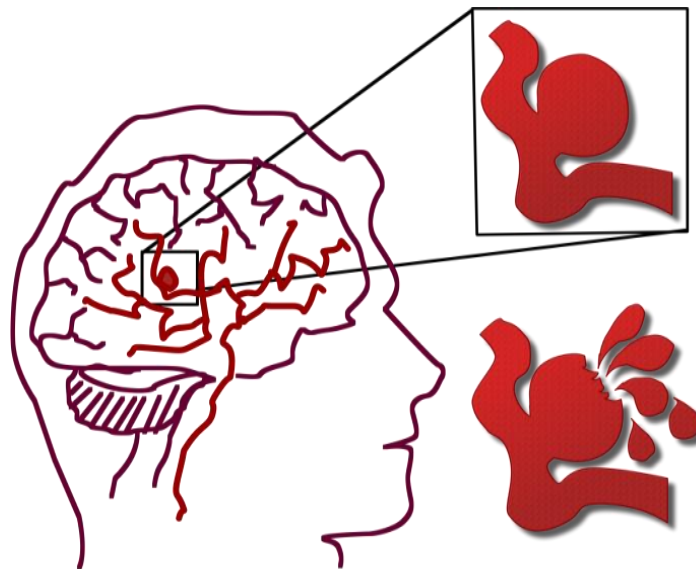


Figure 6: Rupture of an intracranial aneurysm may cause hemorrhage, and it is often fatal to the patient.

Approximately 25,000-30,000 people in United States suffer from death or

severe debilitation as a result of Sub-Arachnoid Hemorrhage (SAH) from aneurysm rupture [86]. An analysis of the physical factors influencing the rupture of an aneurysm showed that the probability of rupture increases with an increase in intra-aneurysmal pressure, an increase in aneurismal size, a decrease in the minimum wall thickness of an aneurysm, or a decrease in the strength of its structural components [78]. Once a rupture occurs, the statistics of post-hemorrhagic survival of the patient are quite grim: Nearly 10-15% (and for some studies as many as 30%) of aneurismal SAH patients die before receiving adequate medical help [87, 88]. Amongst the people who are able to receive timely medical care, about 30%–60% suffer death from the hemorrhage or related causes [89]. Mortality rate of patients within 30 days of the aneurysm rupture is ~50% with majority of these occurring within the initial fourteen days [87-89]. Further, surviving patients often suffer from serious neurological disorders such as paralysis, cranial nerve palsies, cognitive impairments, aphasia, psychiatric disturbances, and behavioral disorders [90]. Given the large prevalence of aneurysms, and the danger that they pose to patient's health and survival, it is important to develop safe and effective treatment procedures for this condition.

2. Current Treatments of Intracranial Aneurysms

i. Surgical Clipping

One of the popular current techniques of aneurysm treatment is surgical clipping, first used in 1937 by Dr. Walter Dandy. [91, 92] In this procedure, the patient is given anesthesia and a craniotomy is performed. The aneurysm is located through the opening made in the skull, and a small elgiloy or titanium based clip is placed across the neck of

the aneurysm to block the flow of blood inside the aneurismal bulge (**Figure 7**). Aneurysms treated by this method have been observed to have a low rate of recurrence after treatment [91]. Recently a team of neurosurgeons from University of North Carolina have pioneered a new approach of endoscopic endonasal clipping for aneurysm treatment [93]. Via this procedure, aneurysms located near the skull base can be reached via the nasal cavity. As access through the nose is less invasive than the traditional craniotomy, this advancement is expected to be very significant for patients harboring aneurysms near the base of the skull [93].

Nonetheless, this method is invasive and is often not preferred in patients of advanced age, or unstable health. Also, the full surgery implies that the costs of the treatment and patient care are high. Finally, it entails a permanent metal implant in the brain, lasting the entire lifetime of the patient.

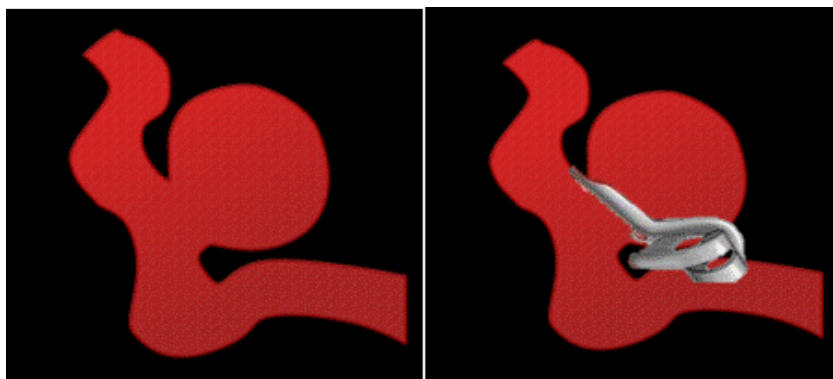


Figure 7: Surgical clipping: A technique for treatment of aneurysms where a metal clip is surgically placed at the aneurysm neck to avoid blood flow into it.

ii) Guglielmi Detachable Coils

Another popular technique used for treatment of aneurysms is using Guglielmi

Detachable Coils (GDC). This technique is named after Dr. Guido Guglielmi, who established this detachable coil system, using a combination of electrothrombosis and endovascular techniques in the early 1990s [92]. It uses a catheterization process first described by Luessenhop and Velasquez in 1964 [92], and builds on the work of Serbinenko, often credited with the title of founder of endovascular surgery, who reported multiple catheters mounted with detachable balloons for intravascular occlusion applications in 1974 [92].

In this procedure thin platinum based coils are delivered to the aneurysm site through a catheter (**Figure 8**). First a microcatheter is placed in the aneurismal bulge, and a soft platinum based GDC coil soldered to a stainless steel delivery wire is delivered to the aneurysm site through the microcatheter. Once the coil is placed in a desirable configuration, a small ~ 1 mA current is applied to the delivery wire. The current dissolves the stainless steel delivery wire proximal to the platinum coil by means of electrolysis, leaving the coil in place. Simultaneously, the positively charged platinum is thought to inducing intra-aneurismal thrombosis by attracting the negatively charged blood elements such as fibrinogen, platelets and white and red blood cells. Another coil is subsequently delivered to the aneurysm and the process is continued until the aneurysm is densely packed with the platinum coils, and no longer opacifies during the injections of diagnostic contrast agents. Variations of endovascular coiling techniques, such as stent assisted endovascular coiling have also been reported [92].

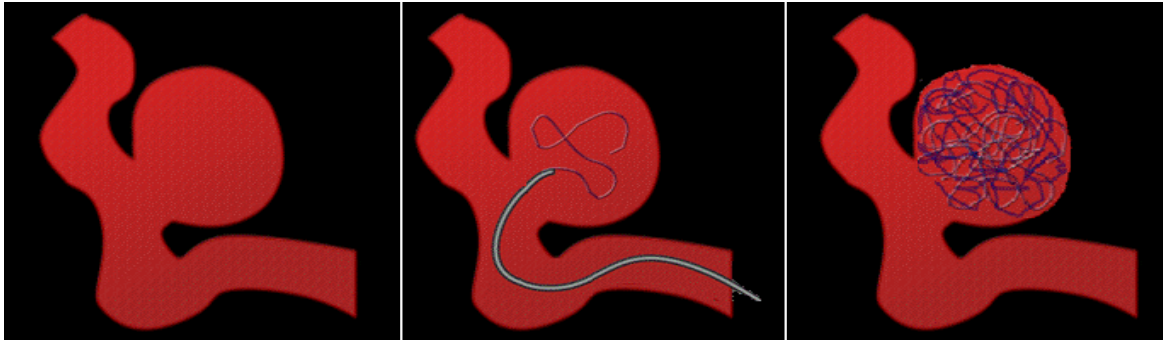


Figure 8: Treatment of aneurysm using Guglielmi detachable coils.

This technique, however, is successful in completely occluding only ~85% of small necked aneurysms and ~15% of large necked aneurysms [94]. In addition, there are other drawbacks. For instance, the deployment of coils is itself a long process in which more than one coils need to be placed inside the aneurysm depending on its size. Based on the technique used for the coil delivery, there is 1.4 - 2.7% chance of rupture of the aneurysm with every coil that is placed [86]. Other clinically proven drawbacks include incomplete occlusion of the aneurysm [95, 96], overtime coil compaction [97], shifting or even migration out of the aneurysm causing risks of aneurysm regrowth, rupture or stroke [98]. Further, like the clipping procedure, coiling also introduces permanent coil implants in the brain which are meant to stay for the lifetime of the patient.

iii) Clipping vs. Coiling

The treatment decision for surgical clipping, or endovascular coiling depends multiple factors such as the age of the patient, aneurysm's size, geometry and location,

as well as the surgeon's personal preference/experience [92]. Due to its minimally invasive nature, endovascular coiling is preferred for patients of older age or serious/unstable health condition. Also, aneurysms at the basilar apex are favored for endovascular coiling, while the ones in the middle cerebral artery often have a complex geometry and are preferred to be treated by clipping/open surgery. Further, in some complicated conditions a combination of endovascular and surgical procedures may be adopted [92]. The comparative efficacy of coiling and endovascular techniques was studied by International Subarachnoid Aneurysm Trial (ISAT), the only large scale study of its kind. This study suggested that, for certain ruptured aneurysms, endovascular treatment may be an effective alternative to surgical treatment. However, the data was limited to some ruptured aneurysms and the results could not be generalized to claim definitive superiority of one or the other technique for all ruptured/unruptured aneurysms [92].

3. Shape Memory Polymer Foams for Aneurysm Treatment

The shape memory behavior renders SMP foams very useful for their potential application in the treatment of intracranial aneurysms [6, 8, 99, 100]. By virtue of this property, these materials can be crimped to a small size ($< \sim 1\text{mm}$) that can be placed inside a catheter. This crimped device can be delivered to the aneurysm site via the catheterization process through the femoral artery. Once at the target site, the device can then be actuated by thermal stimulus to recover its primary shape, leading to occlusion of the aneurysm or limiting active blood flow to it. Subsequent formation of the blood clot, recruitment of inflammatory cells, and later endothelialization of the aneurysm neck are expected to ultimately isolate the aneurysm, and eliminate the possibility of its rupture in the future.

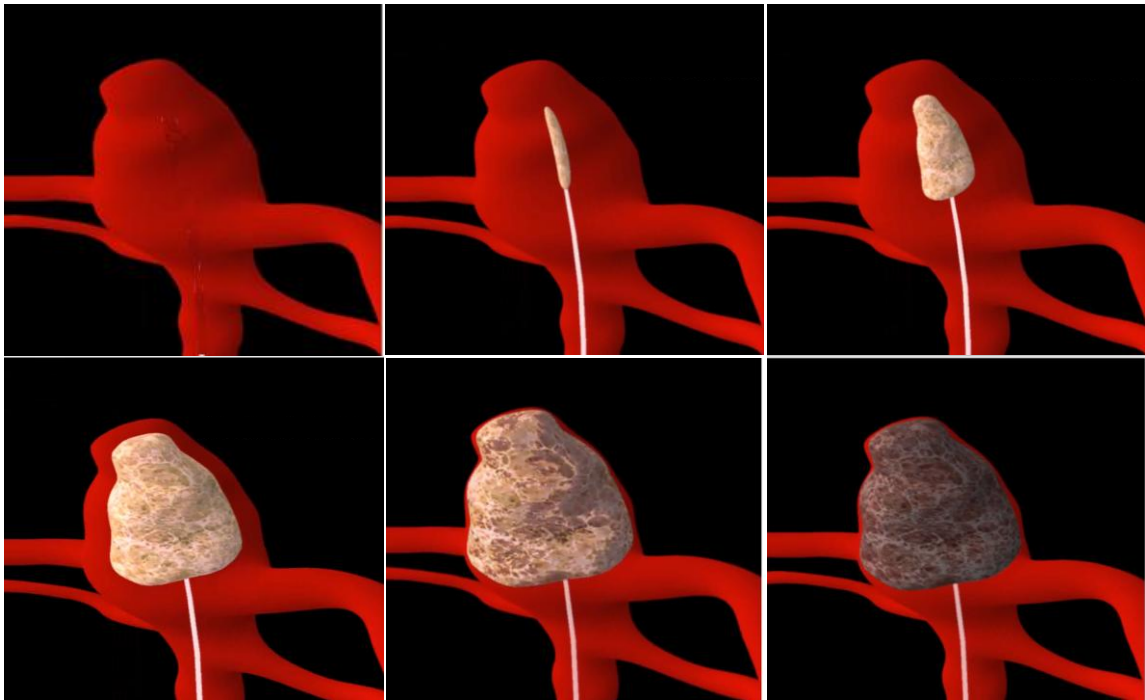


Figure 9: Schematic showing treatment of aneurysms, progressing from top left depicting an untreated aneurysm, to bottom right depicting an implanted foam device (Image Courtesy: Jennifer Rodriguez).

The minimally invasive transcatheter procedures enabled by these materials can be significantly lower in cost and complications compared to the traditional open surgery. The high embolic efficiency of this device, lower modulus relative to metal coils, ability to have customized actuation temperature based on physiological requirements, ability to be biodegradable, and the excellent biocompatibility of SMPs in general, further enhance the potential biomedical utility of the SMP foams [6]. Hence SMP foams form an attractive alternative to the GDC procedure for aneurysm treatment.

4. Limitations of Currently Available SMP Foams for this Application

Despite the strong potential of SMP foams in the biomedical field there is limited availability of materials geared towards this application. Most of the shape memory foams reported for biomedical applications in the literature are based on a thermoplastic polyurethane developed by Mitsubishi Heavy Industries, primarily MF5520, MF6020 and MF21 [20-22]. Papers on characterization of Mitsubishi polymers themselves [21, 22, 101-106], and other shape memory foams [24, 44, 45, 52] can be found. While these materials hold promise in several applications [7], some potential limitations from the perspective of catheter based biomedical applications were revealed in their characterization studies. In particular, the so-called “secondary-shape forming“ was noticed in which irrecoverable deformation occurred when the material was stored under compression above the glass transition temperature (T_g) [21]. In other words, depending on the storage conditions (strain and temperature), the foams could partially or fully lose their capability to expand. Also, their relatively high densities provide relatively low

volume expansion of 20 - 30 times [20, 21]. For a foam cylinder that does not change length, for example, this correlates to a maximum radial expansion of ~ 5.5 times ($=\sqrt{30}$). For aneurysm occlusion via microcatheter delivery in which the inner working diameter is ~ 0.5 mm, this would give a final diameter of 2.75 mm. This level of expansion may not be adequate for the proposed application: the greater the radial expansion of foam, the greater the volume that can be embolized by it for a given microcatheter lumen diameter.

D. Summary of the Dissertation

The aim of this work was to develop a new class of materials specifically tailored towards the embolic biomedical application of treatment of intracranial aneurysms. This dissertation, which will focus on the design, formulation, fabrication, processing, and application specific characterization of these novel materials is organized as follows:

Chapter II discusses the design rationale of this new class of materials based on the desired set of physico-mechanical properties. In this chapter, the details of fabrication of these highly covalently crosslinked ultra low density foams are presented using an optimized gas foaming technique. The results of characterization of foams are discussed for a better understanding of their chemical structure and key physical properties. Further, a comparison with other commercially available materials is done to exemplify the significance and utility of these shape memory foams as a biomaterial.

Chapter III builds on the polymer architecture proposed in Chapter II to introduce modification in chemical composition for achieving a controlled rate of

actuation of the foams in physiological media/water. The strong hydrogen bonding potential of these materials was observed to cause a rapid depression in their actuation temperature on exposure to fluid hydrophilic media, leading to a pre-mature actuation. A controlled increment in composition hydrophobicity was implemented to overcome this problem. Chapter III discusses the formulation, synthesis, fabrication and characterization of these materials. Results of theoretical and experimental analysis are presented to illustrate that the hydrophobicity of the materials could be precisely controlled by changes in composition; and that this change is responsible for the predictable variation in the rate of actuation of the device in hydrophilic fluid media.

Chapter IV presents the methods and strategies employed for further reducing the density of the foams, and using plasma treatment for their complete reticulation. This signifies routes for important developments in the physical and morphological characteristics of the proposed device. Consequently, a higher embolic efficiency of the foam, as well as control over the rate of permeation of blood/physiological fluid during implantation can be achieved.

Finally, Chapter V further builds on the proposed polymer architecture to introduce hydrolysable linkages in the network chains. A biodegradable implant can thereby be achieved, and long term presence of a foreign material in the human body can be avoided. This chapter discusses the rationale of the study design and the method of foam fabrication. Further, results of rate of degradation over a period of 7 months, and the trends of the degradation rate and mechanism are presented.

CHAPTER II

ULTRA LOW DENSITY AND HIGHLY COVALENTLY CROSSLINKED SHAPE MEMORY POLYURETHANE FOAMS

Chapter I discussed the condition of intracranial aneurysms, and the limitations of currently available SMP foams for use in its treatment. Consequently, our aim in this study was to design a polymeric foam system customized for the embolic biomedical applications that can overcome the drawbacks of current materials. Particularly, we sought a material with strong shape memory behavior without secondary-shape forming, and a volume expansion of greater than 50 times on actuation. In addition, we aimed to achieve high recovery forces, controllable actuation temperatures, and good biocompatibility for these new materials.

Broadly, two points form the core of our design rationale. First, secondary-shape forming in principle occurs from the relaxation of polymer chains in the secondary or deformed shape [107-109]. So, a covalently crosslinked structure with high density of crosslinks can potentially avoid the secondary-shape forming phenomenon by providing a permanent and strongly constrained polymer network that limits chain relaxation [107-109]. Second, for achieving a larger expansion ratio, lower density foam is desired. Low density can potentially allow a foam sample to be compressed to smaller dimensions and

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thus lead to a larger volume expansion on actuation. In view of these considerations, the following materials and foaming process were employed in the development of these foams:

i. Material choice

Neat polymers reported by Wilson et al. [110] were used as the basis of these foams. These neat polymers made from N,N,N',N'-tetrakis (2-hydroxypropyl) ethylenediamine (HPED), 2,2',2''-Nitrilotriethanol (TEA) and 1, 6 Diisocyanatohexane (HDI), had a regular and highly covalently crosslinked network structure with low molecular weight between crosslinks [110] (**Figure 10**). They were developed specifically to possess high modulus ($E \sim 3n_cRT$, where E is the Young's modulus, n_c the number crosslinks per unit volume, R the ideal gas constant and T the system temperature), high recovery stresses, sharp and controllable actuation temperatures, and strong shape memory behavior [110]. The density of foamed polymer has a strong effect on its modulus; $E_{porous} = E_{neat}[\rho_{porous}/\rho_{neat}]^2$ for open cell foams, where E_{porous} and E_{neat} are the Young's moduli of porous and neat materials and ρ_{porous} and ρ_{neat} are the densities of porous and neat materials respectively [111-113]. Hence these materials, with a neat glassy modulus in the GPa range, were expected to perform well at low densities. Their tight network structure with high density of covalent crosslinks was expected to limit secondary-shape forming. Also, the aliphatic monomers in this system were favorable for biocompatibility, as was demonstrated in an *in vitro* study [114]. **Figure 11** gives a schematic representation of the polymer network structure of these foams. **Table 2** summarizes the design rationale we adopted to achieve these properties.

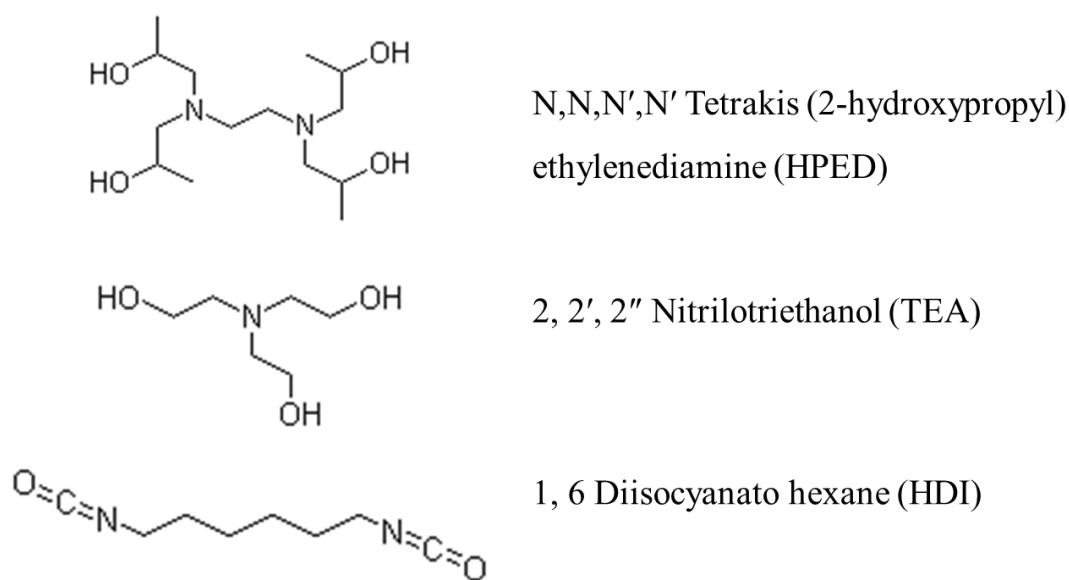


Figure 10: Molecular structures of the low molecular weight, symmetrical and polyfunctional monomers (HPED, TEA and HDI) used in the SMP foam synthesis.

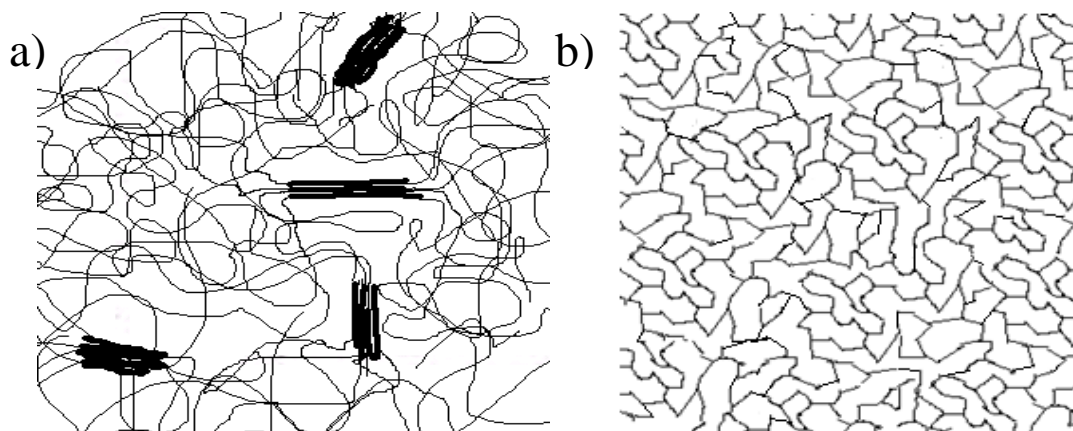


Figure 11: A schematic representation of the network structure of (a) physically crosslinked traditional polyurethane foams and (b) proposed covalently crosslinked foams from low molecular weight monomers.

Table 2: Summary of the device requirements and design strategy adopted in the synthesis of these materials.

Device requirements	Material characteristics	Device design strategy
Long shelf life of device	No secondary-shape forming, strong shape fixity	Covalently crosslinked network structure
Ability to actuate at a desired physiologically compatible temperature	Control over the actuation temperature/glass transitions of the foams	Variation in the ratio of constituent monomers to vary steric hindrance around crosslinks and crosslink density
High volume expansion from a single device	Very low density foams and strong shape recovery for complete return to original shape	A combination of chemical and physical blowing techniques for low density High crosslink density for good shape recovery
Ability to expand against physiological media	Good recovery forces i.e. high modulus of foams even at very low densities.	As density has strong effect on resulting modulus ($E_{\text{porous}} = E_{\text{neat}} (\rho_{\text{porous}}/\rho_{\text{neat}})^2$), use neat polymer with high modulus. As $E \sim 3n_c RT$, have low molecular weight between crosslinks for high n_c i.e. employ low molecular weight polyfunctional monomers in polymer network formation
Free permeation of blood/media through the device as it expands	Open cell structure of the foams	Choice of foaming additives favoring open cell morphology
Biocompatibility	Use of biocompatible monomers	Use of aliphatic monomers and polyurethane chemistry

ii) Foaming process

A gas foaming procedure was used for the synthesis of low density foams based on highly crosslinked neat materials. Multiple techniques are available for generation of a porous polymer structure, including particulate leaching, fiber bonding, saturation with supercritical gases, high internal phase emulsion polymerization, thermally induced phase separation, stereolithography, selective laser sintering, fused deposition modeling and gas foaming [115-122]. However, most of these methods, including particulate

leaching [123], stereolithography [116], selective laser sintering and fused deposition modeling, do not yield low enough densities. Thermally induced phase separation is not suitable for crosslinked systems due to the requirement of a polymer solution. High internal phase emulsion polymerization is used primarily for chain growth reactions [124], or has low control of foam structure in step growth reaction [125]. Also, use of supercritical CO₂ in foaming has poor control of foam density as the polymer crosslink density is increased [126]. Amongst these methods, gas foaming was considered to be the most promising technique for making low density foams based on polyurethane chemistry [127-129]. This technique was found to have no direct limitations on foaming of highly crosslinked materials. Also, multiple additives are available commercially for the gas blowing process, providing a large working space to modulate the physical properties of the foams.

A. Materials and Methods

1. Foam Synthesis

HPED (99%, Sigma Aldrich Inc.), TEA (98%, Alfa Aesar Inc.), HDI (TCI America Inc.), and DI water (Millipore water purifier system, Millipore Inc., >17 MΩ·cm purity), were used as received. Foams were synthesized in a three step method. First a NCO premix, or prepolymer with excess isocyanate, was made by mixing 35-40 equivalents of hydroxyl groups from varying ratios of HPED and TEA, with every 100 equivalents of isocyanate groups. This NCO premix was allowed to cure for 2 days under nitrogen. Secondly, a hydroxyl (OH) premix was made by mixing

together all the balance hydroxyl groups with the surfactants and catalysts as per the amounts indicated in **Table 3**. Finally in the third step, the NCO premix and OH premix were mixed together in stoichiometric amounts, maintaining a 104 isocyanate index, along with the physical blowing agent, Enovate (HFC-245 fa). The mixture was kept in an oven at 90 °C, and was allowed to rise and subsequently cure for 20 minutes. The foam thus made was kept at room temperature for a week for additional cure, before any characterization studies.

Table 3: Foam formulation details as wt.% of the final composition.

Sample ID	HDI (wt. %)	HPED (wt. %)	TEA (wt. %)	Water (wt.%)	Catalysts (BL-22+T-131 at 2.5:1 mass ratio) (wt. %)	Surfactants (DC 4000 + DC5169) (wt. %)	Enovate (pph)	OH/NCO ratio
H80	61.8	23.6	4.0	2.7	0.9	7.0	7.4	0.96
H60	63.1	18.1	8.2	2.8	0.9	7.0	7.5	0.96
H40	64.4	12.3	12.6	2.8	0.9	7.0	7.5	0.96
H20	65.8	6.3	17.1	2.9	0.9	7.1	7.6	0.96
H0	66.7	0.0	22.2	3.0	0.4	7.7	15.4	0.96

The wt.% value represents the net amount of the component in the final foamed polymer.

A series of foams, with varying ratios of TEA vs. HPED in the net formulation, were prepared as indicated in Table 3 to control the polymer T_g . The notation H80, H60, H40, H20 and H0 denotes HPED equivalents satisfying 80, 60, 40, 20 and 0% isocyanate equivalents, respectively, excluding the 41% equivalents satisfied by water. These correspond to the neat/unfoamed compositions of A3, A5, A7, A9 and A11,

respectively, as reported by Wilson et al.[110]. As the final foam density is dependent on the concentration of gas present in the foaming solution at any given time [129], a combination of physical and chemical blowing processes was used in the foam synthesis to increase the effective concentration of gas in the foaming polymer. Also, to prevent formation of large voids in the foam in case the gas concentration goes beyond the Critical Limiting Supersaturation (CLS) level of the foaming solution [129], simultaneous adjustment of other foaming additives, such as surfactants and catalysts, was performed to control the rate of the polymerization reaction, formation of foam cells and drainage of polymer from the cell membranes [130]. A surfactant type was chosen through qualitative consideration of monomer and blowing agent cohesive energies involving their polarity, hydrogen bonding potential and dispersive forces. For controlling the rate of isocyanate reaction with water and other hydroxyl monomers, a two catalyst system was used, which included a) a general amine-based catalyst for CO₂ generation and b) a tin-based catalyst for gelation reaction. Optimization of the net formulation was done empirically with a starting point based on the supplier's (Air Products and Honeywell Corp.) foam additive specifications, and the previous literature on traditional polyurethane foams [129]. Table 3 summarizes the synthesis details of these materials for all tested compositions.

2. Foam Characterization

2.1 Density and Cell Structure

Core density of a representative foam sample was measured from top, middle

and bottom sections of the foams as per the ASTM standard D-3574-08. Also core density of five samples from the top and middle sections was measured for each foam formulation to estimate the variation in densities across a given foam. For cell structure characterization, thin slices were cut from a representative top section of the foams, and images were captured in the brightfield mode on a Leica MZ8 microscope (Leica Microsystems Inc.) using RSIImage Software (Roper Scientific Inc.).

A more in-depth cell structure analysis was done on a H60 foam sample using micro-CT imaging. The sample was imaged using a Skyscan 1172 micro-CT [131] (Micro Photonics Inc.) with a 40 kV source voltage, 250 μ A source current, object to source distance of 49.48 mm and camera to source distance of 208.96 mm. These settings resulted in a reconstructed volume of foam that had a resolution of 4.15 μ per voxel. For analysis of cell sizes in the reconstructed foam volume, image processing software Amira 5.3 (Visage Imaging Inc.) was used. Polar diameter (parallel to the direction of foam rise) and equatorial diameter (perpendicular to the direction of foam rise) of the ellipsoid-like cells were measured at 500 μ increments throughout the volume via manual edge detection method. In all, a cylindrical volume 6 mm in diameter and 5.12 mm high was analyzed. Foamview software [131] was used to estimate the average strut length and pore size of the foams.

2.2 Solvent Swelling and Extraction

Solvent swelling and extraction experiments were carried out with dimethylformamide (DMF; >99.8%, EMD Chemicals Inc.) as this was found to be the

best solvent for such compositions [110]. Cylindrical foam samples (8 mm diameter and 2 cm height) were pre-dried for 2 hours at 100 °C and 1 atm vacuum. The dried samples were extracted in DMF at a 25 times excess of the bulk volume of foams. Care was taken to remove the bubbles on the foam surface that can prevent adequate contact of the material with solvent. The extraction was performed on three samples of each composition for 24 hours. Post extraction the samples were vacuum dried for 24 hours at 50 °C and mass loss was measured.

2.3 Fourier Transform Infrared Spectroscopy with Attenuated Total Reflectance (FTIR-ATR)

The FTIR-ATR spectra was generated on a H60 foam and the corresponding neat sample using a ATR Max II reflectance accessory (Pike Technologies Inc.) on a Tensor 27 Fourier Transform Infrared instrument (Bruker Corp.) at a 45 degree angle of incidence. 150 scans at a resolution of 4 cm^{-1} were taken in the wavenumber range of 4000 cm^{-1} to 600 cm^{-1} and background was subtracted. Testing was done in triplicate to ensure repeatability. Correction for atmospheric Water vapor and CO_2 absorption was performed by subtracting respective reference spectra using the OPUS 5.5 software (Bruker Corp.).

2.4 Differential Scanning Calorimetry (DSC)

T_g was measured using a Pyris Diamond DSC (Perkin Elmer Inc.). A 3-5 mg sample was loaded in a vented aluminum pan at room temperature, cooled to -40 °C and

then run through a heat - cool - heat cycle from -40 to 120 °C. The half-height of transition during second heat was taken as an estimate of the T_g .

2.5 Dynamic Mechanical Thermal Analysis (DMTA)

For characterizing the mechanical properties of the foams as a function of temperature, a dynamic temperature ramp test was performed on ARES-LS2 rheometer (TA Instruments Inc.). A torsion rectangle test fixture was used on samples cut to approximately 45 mm long, 12 mm wide, and 6 mm thick with a gap distance of 25 mm. The samples were prepared by embedding both ends in a polyurethane neat polymer to prevent damage and slippage of the foam sample in the metal grips. Dynamic temperature ramp tests were then run for each formulation in triplicate, at a frequency of 1 Hz and constant heating rate of 1 °C·min⁻¹ from 25 to 120 °C. An initial shear strain of 0.2% was used. However, as temperature increased, it was adjusted by the control software to maintain a torque range of 0.5 to 5 g·cm, allowing a maximum strain of 10% (still within the linear viscoelastic region) at high temperatures. Data points were collected every 5 seconds. Dynamic shear storage modulus (G'), dynamic shear loss modulus (G''), and their ratio $\tan \delta$ ($=G''/G'$) were recorded using the OrchestratorTM software (TA Instruments Inc.).

2.6 Shape Memory Behavior

For measuring the shape memory behavior, constrained stress recovery tests were performed in compressive mode using parallel plate fixtures in a ARES-LS2 rheometer

(TA Instruments, Inc.) on H60 and H20 cylindrical foam samples (~20 mm diameter and 15 mm height). The sample was first heated up to a temperature of T_g+30 °C and deformed to a 80% compressive strain at a rate of $2.5 \text{ mm}\cdot\text{min}^{-1}$. Thereafter the sample was cooled to T_g-20 °C and then heated back up to T_g+30 °C maintaining the 80% strain. At the end of cool-heat cycle, the strain was released at a rate of $2.5 \text{ mm}\cdot\text{min}^{-1}$ and recovered strain was measured from the distance between the plates at a 10 g axial force. Five cycles were performed on each of the three samples tested.

2.7 Effect of Storage Temperature on Shape Recovery

The behavior of stress vs. time was studied for H60 and H20 cylindrical samples (20 mm diameter and 20 mm height), using parallel plate fixtures in ARES-LS2 rheometer (TA Instruments, Inc.). Sample size and test conditions were chosen to match the test method reported by Tobushi et al. [21]. A deformation to 80% compressive strain was performed at a rate of $2.5 \text{ mm}\cdot\text{min}^{-1}$ at T_g+30 °C temperature. The compressed sample was then brought to the test temperature, T_g+60 °C, T_g+30 °C, T_g or T_g-30 °C, and held at this temperature for 2 hours. Thereafter the temperature was brought back to T_g+30 °C and strain was released at $2.5 \text{ mm}\cdot\text{min}^{-1}$. The strain recovery was measured using calipers. All the compositions were tested for % shape recovery after hold at the T_g+60 °C temperature.

2.8 Maximum Volume Expansion

Maximum volume expansion for foam samples was measured using a SC150-42

Stent Crimper (Machine Solutions Inc.). Cylindrical foam samples 6 mm in diameter were loaded in the crimper and compressed as small as possible, at $T_g+30\text{ }^{\circ}\text{C}$, by setting the target diameter to zero . They were then allowed to cool down to room temperature to fix the compressed shape. The actual compressed diameter was measured using a digital micrometer. Finally, the samples were heated back to $T_g+30\text{ }^{\circ}\text{C}$ in air, and the recovered diameter was measured using calipers. Net volume expansion was calculated (ignoring any change in length) as follows:

$$\text{Volume expansion} = (\text{recovered diameter}/\text{compressed diameter})^2 \quad (\text{Eqn. 2.1})$$

2.9 Biocompatibility Study

In vitro biocompatibility testing was performed to estimate the biological response of these foams. Representative H80 foam samples were first cut into discs of approximately 12 mm diameter and 2 mm thickness, and then cleaned and sterilized using ethylene dioxide gas. Biocompatibility was evaluated by measuring cytokine expression as per Cabanlit et al. [114]. Blood of 5 female and 5 male human subjects was used following the approved human subject protocol 993120, University of California, Davis. Peripheral blood from these subjects was collected and stored in citrate tubes which allowed the stabilization of pertinent cell populations of the cell culture. Next, the collected blood samples were centrifuged at 3000 rpm for 10 minutes and the supernatant plasma was separated. For testing the material biocompatibility, SMP foam discs were incubated using *X-vivo* media (serum-free medium; Cambrex Corp.) and 1:1 plasma-free whole blood. Positive controls included two mitogens,

lipopolysaccharide (LPS, Sigma Aldrich Inc.) and phytohemagglutinin (PHA, Sigma Aldrich Inc.), added to the whole blood cultures at amounts of $25 \mu\text{g}\cdot\text{mL}^{-1}$ and $50 \mu\text{g}\cdot\text{mL}^{-1}$ respectively. As a measure of the background activation, a control test of cells incubated in media without SMP foam material was performed. The samples were kept incubated at 37°C in 24-well plates for 48 hours. This duration was chosen to allow measurable production of all cytokines, including those derived from T lymphocytes.

After the 48 hour incubation, the culture supernatants were collected and stored at -20°C . These were then tested with an enzyme-linked immunosorbent assay (ELISA, Duoset ELISA Development System kits (R&D Systems Inc.)) for $\text{TNF-}\alpha$, $\text{IL-1}\beta$, IL-6 , IL-8 , and IL-12 according to the manufacturer's instructions. Optical density readings at 570 nm were subtracted from those at 450 nm to account for optical imperfections. Mean optical density was recorded for $\text{TNF-}\alpha$, $\text{IL-1}\beta$, IL-6 , IL-8 , and IL-12 over duplicate sample runs. A standard linear curve of optical density reading versus concentrations ($\text{pg}\cdot\text{mL}^{-1}$) on a log-log scale was used to convert optical density values to concentrations, and their average and standard deviations were calculated. P-values (one-tailed t-test) were calculated to determine if cell activation was significantly higher compared to the media alone (0.05 significance level).

B. Results and Discussion

1. Physico-mechanical Properties

1.1 Density and Cell Structure

Table 3 shows the composition of different foams analyzed in this study, and

representative densities of the foams are reported in **Table 4**. Average densities of 0.021 ± 0.002 , 0.019 ± 0.001 , 0.016 ± 0.001 , 0.021 ± 0.001 and 0.020 ± 0.005 g·cm⁻³ were recorded for foam compositions of H0 through H80 respectively over five samples in the top and middle sections. These correspond to an average porosity $[=(\rho_{neat}-\rho_{porous})\cdot100/\rho_{neat}]$ of ~98 % and a high average theoretical volume expansibility $[=\rho_{neat}/\rho_{porous}]$ of 64 ± 9 times; here ρ_{neat} is the neat polymer density, and ρ_{porous} is the foam density. The small variation in densities in middle and top sections of the foam indicates a fairly uniform structure. Comparatively higher density is seen in the bottom section of foams in some cases. This is attributed to the effect of gravity on the rising foams as is typically seen in blown foams [132], and is accounted for in the foam characterization by taking the top/middle areas of the foams for the characterization tests.

Optical microscopy (**Figure 12**) shows a mixed closed to open cell structure for these foams, with thin residual membranes on the foam cells. Here the terms open or closed cell should be considered with reservations. As some texts classify foams into just two categories of closed and open cells [129], and others classify them into three categories of closed, open and reticulated cells [133], these terms can be ambiguous. Generally, blown foams have been found to retain thin residual membranes post-synthesis, and removal of these membranes (up to 97%) to make foams completely open cell or reticulated invariably requires secondary physical processes such as hydrolysis, oxidation, heat or mechanical treatment [129]. Here, we classify these as-processed foams as effectively closed cell, or mixed closed to open cell, due to the presence of cell

membranes which may impede the free movement of blood or interstitial fluid through the foam.

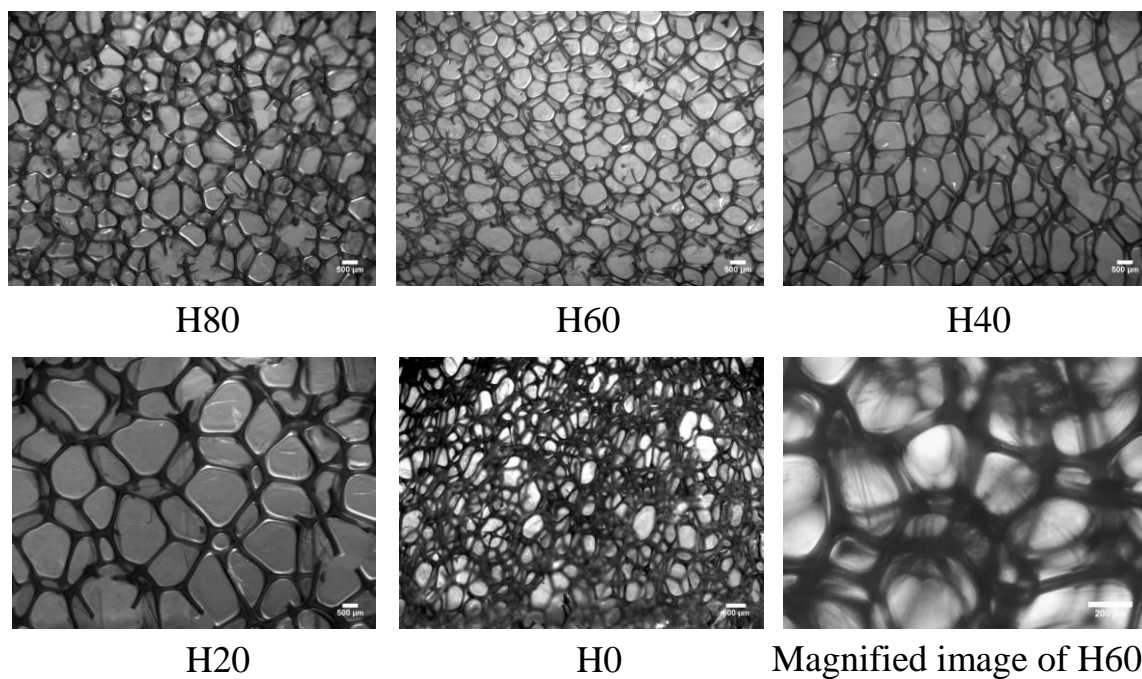


Figure 12: Representative cell structure of foams for all the formulations H80 through H0. Foams of all formulations show a mixed, closed to open cell structure, with thin cell membranes between struts. The residual thin cell membranes can be seen in the magnified image. All scale bars are 500 μ except the magnified image where the scale bar is 200 μ .

Table 4: Summary of key properties of the foams.

Sample ID	Density Top (g·cm ⁻³)	Density Middle (g·cm ⁻³)	Density Bottom (g·cm ⁻³)	Gel fraction (%) ^a	T_g (DSC) (°C)	G'_{glassy} at $T_{\delta s}-20$ °C (kPa) ^a	G'_{rubbery} at $T_{\delta s}+20$ °C (kPa) ^a	T_{onset} (°C) ^a	$T_{\delta s}$ (°C) ^a	ΔT (°C) ^a	$\tan \delta$ (Peak value) ^a	Volume expansion
H80	0.017	0.018	0.026	98 ±1	69	223±18	10±2	64±2	76±1	24±6	0.8±0.1	71
H60	0.021	0.021	0.022	96±2	61	255±49	11±3	55±1	71±1	31±1	0.9±0.1	68
H40	0.015	0.015	0.017	96±2	57	212±63	6±2	49±1	64±1	31±7	0.8±0.1	71
H20	0.018	0.020	-	97±1	47	235±25	8±1	40±0	57±1	32±3	0.9±0	68
H0	0.023	0.019	0.021	-	44	259±29	11±1	37±0	52±1	31±1	0.7±0.1	62

^a mean ± error (n=3)

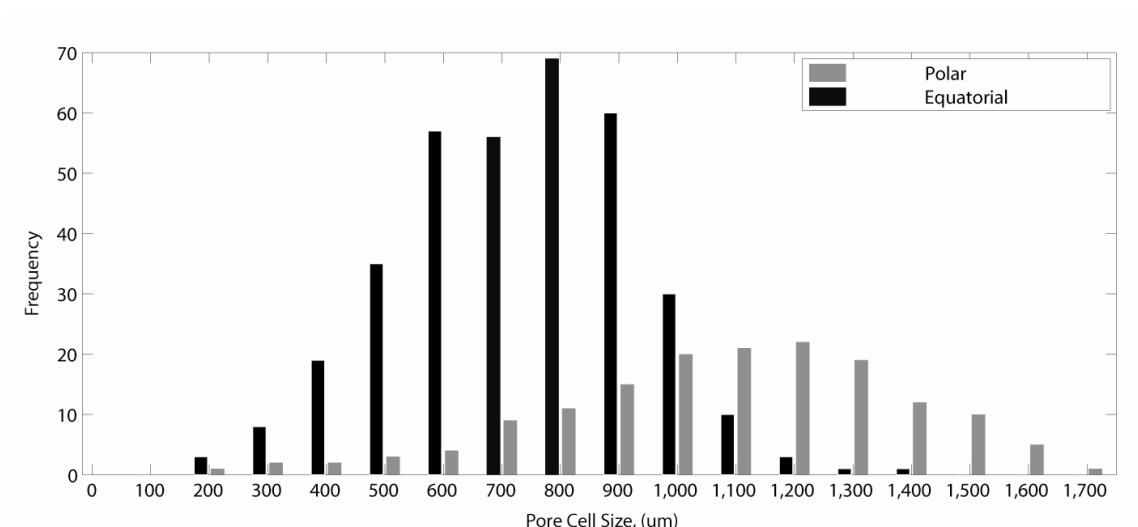


Figure 13: Histogram showing cell size distribution of H60 foam. It is seen that the pore cells are anisotropic, being taller, approximately 1000 μ , than they are wide, approximately 700 μ . Here equatorial measurements represent lateral diameters of pores, perpendicular to the direction of foaming; and the polar measurements represent the longitudinal diameters of pores parallel to the direction of foaming.

Some variation in the average cell size was seen for foams across different formulations (Figure 12). This could be due to the different hydrophobicity, or different viscosity of the foaming solutions across the formulations at varying ratios of HPED and TEA. Indeed, in a separate study in which the viscosity of the foaming solution was the manipulated parameter, cell sizes of resulting foams could be precisely controlled, and were generally seen to decrease with increase in the viscosity of the foaming solution. **Figure 13** shows a histogram of cell size distribution within a H60 foam sample. Its pore cells were found to be anisotropic as is typically seen for blown foams [129]. They were approximately 1000 μ tall in the direction of free-rise during foaming, and 700 μ wide. Using the image analysis software Foamview [131], the H60 foams were found to have

strut length of approximately 400 μ , and an average pore volume of $7 \times 10^8 \mu^3$.

Currently in the literature low density foams have been reported mostly down to the lower limit of 0.02 - 0.03 $\text{g}\cdot\text{cm}^{-3}$. Some foams with densities down to 0.006 $\text{g}\cdot\text{cm}^{-3}$ have been reported, but a high amount of water (~75 wt. %) was used in their synthesis [134]. This is not preferable for our application, as using high amounts of water as a chemical blowing agent will interfere with the desired covalently crosslinked network structure of the material. Also foams with densities down to 0.016 g cm^{-3} have been achieved by varying the polyol type and amounts [135]. However, to our knowledge, SMP foams with densities less than 0.02 $\text{g}\cdot\text{cm}^{-3}$ have not been previously reported. Also, low density SMP foams with a network structure involving such high density of chemical crosslinks have not been reported.

1.2 Solvent Swelling and Extraction

Solvent extraction results for all foam formulations are given in Table 4. The foam samples were all well swollen and without air bubbles in the DMF media. Results show that approximately 96 to 99% of the initial monomers were incorporated into the polymer network. The composition of the soluble fraction was not determined, but it is expected to be a combination of residual foaming additives, such as surfactants and catalysts, and impurities in the original monomers. Also, some mass loss was apparent from slight mechanical damage to the foams incurred during removal of bubbles. This indicates that >85% of functional groups were consumed in reaction [110] and that the resulting network is indeed a highly crosslinked one.

1.3 FTIR-ATR

FTIR-ATR of a H60 foam and corresponding neat polymer is shown in **Figure 14**. The neat polymer spectrum is offset by 0.03 absorbance units with respect to the foam spectra for clarity. Details of the peak assignment in polyurethane foams can be found in other references [136-139]. The absorption spectra showed a strong C=O urethane peak at 1689 cm^{-1} . A C=O peak has previously been reported for polyurethanes at $1703\text{-}1710\text{ cm}^{-1}$ [138], 1694 cm^{-1} [139] and $1706\text{-}1713\text{ cm}^{-1}$ [136] for hydrogen bonded urethane, and $1730\text{-}1740\text{ cm}^{-1}$ [138], $1729\text{-}1739\text{ cm}^{-1}$ [136] and 1725 cm^{-1} [139] for free urethane. Hence a shift of C=O peak to 1689 cm^{-1} in these foams suggests a more strongly hydrogen bonded structure than is seen with previously reported polyurethane foams [136-139]. Based on the molecular structure of these foams, an average theoretical molecular weight between chemical crosslinks can be calculated as $270\text{-}440\text{ g}\cdot\text{mol}^{-1}$. Further, approximately 2-3 urethane and/or urea bonds may be present between the chemical crosslinks for every segment. Hence these foams are expected to develop a high density of hydrogen bonds, which explains the shift of the urethane peak to a lower wavenumber in the FTIR spectra. This is in contrast with the traditional polyurethane foams, which typically have base polyols with molecular weights in the range of a few thousand grams per mole [129].

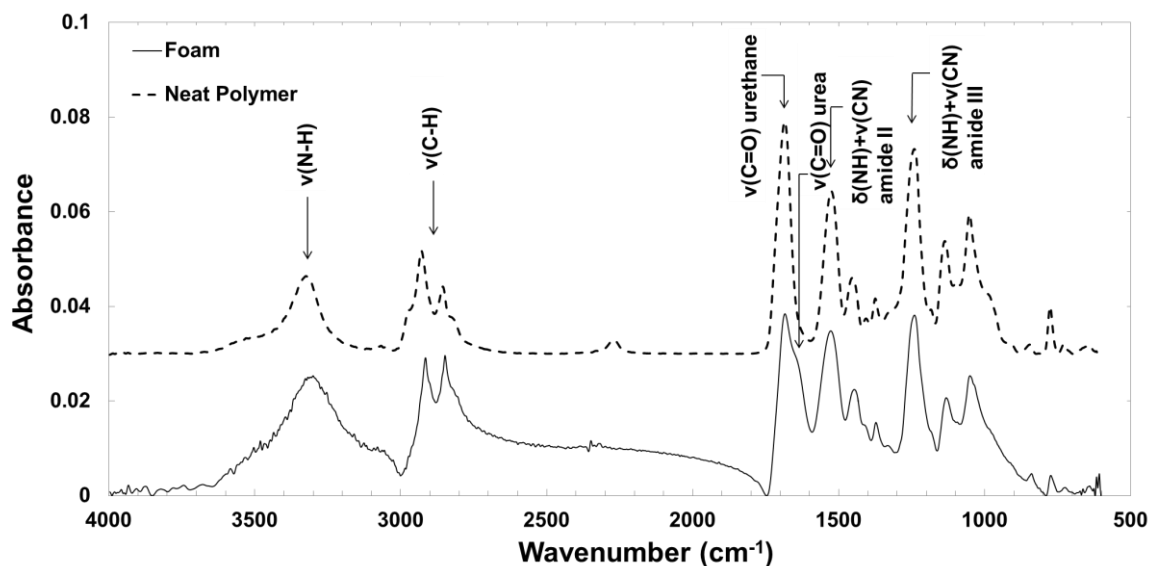


Figure 14: A comparison between the FTIR-ATR spectra of an unfoamed neat polymer (offset by 0.03 absorbance units) and foam of corresponding formulation.

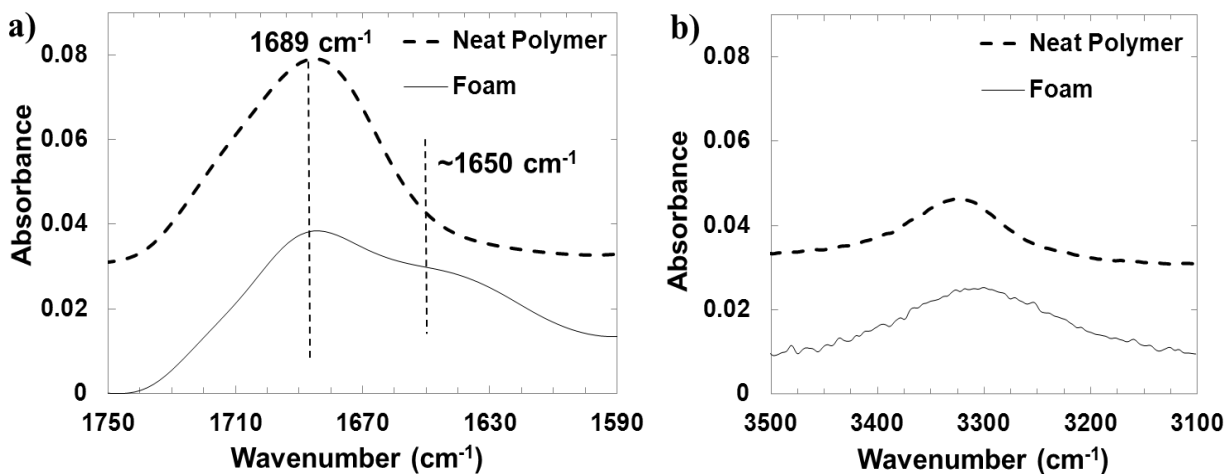


Figure 15: Some important features are observed in the FTIR spectra: 1) presence of a shoulder in the urethane carbonyl bond ($1620\text{--}1660\text{ cm}^{-1}$) indicating presence of urea from chemical foaming with water (b); 2) presence of hydrogen bonding due to urea groups also shows a broadening of the N-H peak ($3100\text{--}3500\text{ cm}^{-1}$) (c); and 3) a highly compact and hydrogen bonded structure is estimated as the urethane bond shows a shift to lower wavenumber (1689 cm^{-1}) compared to traditional foams (b).

Two important differences are seen between the spectra of the neat polymer and foam: 1) presence of a shoulder in the 1620-1660 cm^{-1} range indicating presence of urea linkages in the foam from the use of water as a chemical blowing agent (**Figure 15a**) and 2) a comparatively broader peak from 3100-3500 cm^{-1} in the foam indicating increased hydrogen bonded N-H vibrations (**Figure 15b**) [139]. Polyurea segments are reported to show characteristic absorption at 1690-1700 cm^{-1} in free form, 1660-1670 cm^{-1} in disordered hydrogen bonded form, and 1630-1645 cm^{-1} in ordered hydrogen bonded form [136]. The urea shoulder suggests a peak at $\sim 1650 \text{ cm}^{-1}$ (**Figure 15a**) indicating presence of hydrogen bonding in the urea segments, but not quite as strong as that found in ordered urea segments. This may be due to the high crosslink density that can interfere with the alignment of urea bonds, and prevent formation of as strong a hydrogen bonding as is typically found in the hard segments of polyurethanes.

1.4 DSC

DSC curves of these foams are shown in **Figure 16**. Results show that glass transition/actuation temperature (T_g) could be precisely controlled in the functional range of 44-69 $^{\circ}\text{C}$ by varying the ratio of HPED to TEA in the foam formulation (Figure 16, Table 4). A higher content of HPED gave a higher T_g . This agrees well with the results of Wilson et al.,[110] and can be explained from the secondary hydroxyl group of HPED, which positions a methyl group adjacent to the urethane bond. This methyl group can present steric hindrance to rotational motion around the urethane linkage and increase the material T_g . Also HPED has a functionality of four which gives a higher

crosslink density to the polymer structure, and can increase its T_g in comparison to the trifunctional TEA. However, the transition values don't exactly match the respective compositions in Wilson et al. [110]. This may be due to the use of water as a chemical blowing agent, which introduces urea groups in the network and may increase the T_g . Also, the as synthesized foam samples can have some residual foaming additives, such as surfactants and catalysts, that can possibly lead to a decrease in T_g by plasticization.

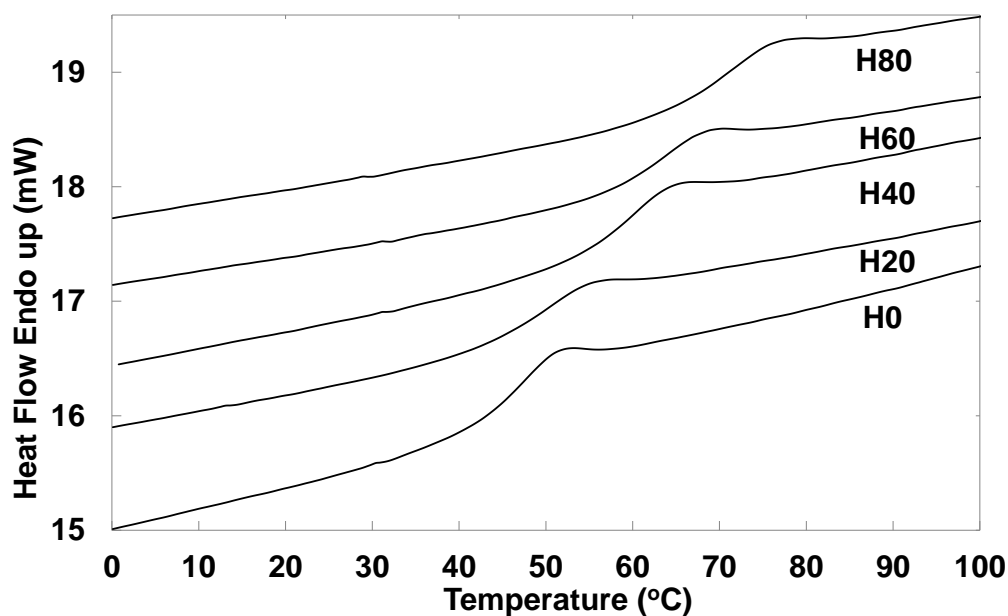


Figure 16: DSC curves for each foam formulation. A variation in T_g of approximately 45-70 °C was achieved by varying the ratio of HPED to TEA in the foam formulation. A higher HPED content gave a higher glass transition value. This is likely due to the increase in rotational steric hindrance due to secondary hydroxyl, and increase in the crosslink density due to the use of tetrafunctional HPED.

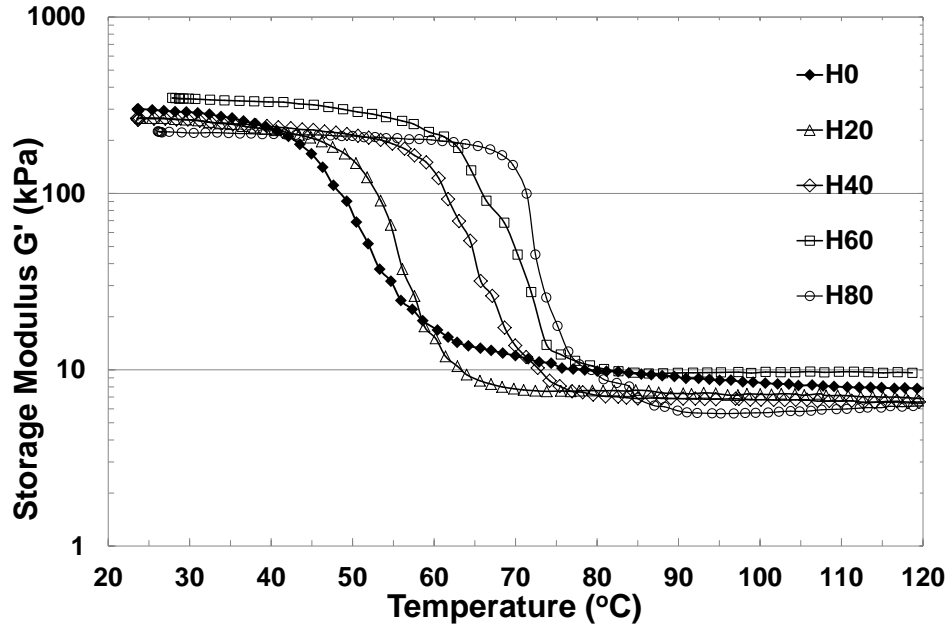


Figure 17: DMTA curves of H0-H80 samples. Variation in transition temperatures is in agreement with the DSC results.

1.5 DMTA

The dynamic temperature ramp test results are shown in **Figure 17**. A drop in modulus is observed across the T_g of the foam, going from 200-300 kPa in the glassy state to 5-15 kPa in the rubbery state. Values of G' in the rubbery and glassy states, T_{onset} (temperature at the intersection of the baseline and leading edge of the peak in $\tan \delta$), $T_{\delta s}$ (temperature at the peak in $\tan \delta$), ΔT (breadth of transition = $2(T_{\delta s} - T_{onset})$ according to Yakacki et al.[140]) and $\tan \delta$ values at $T_{\delta s}$ for all formulations are given in Table 4. The rubbery state modulus of shape memory polymers is a measure of force of recovery on actuation, and the ratio of the glassy state to the rubbery state modulus, defined as $G'(T_g - 20^\circ\text{C})/G'(T_g + 20^\circ\text{C})$, is an indicator of the shape fixity of an SMP [110]. The

modulus of these foams drops by ~30 times across the transition. While this is not as high as reported for other SMPs in general, shape memory behavior is still quite strong for these foams (**Figure 18** and **Figure 19**), particularly for such low densities. A trade-off that comes with the high modulus values and highly crosslinked network structure of these foams is the limited elongation at failure (~35% for neat unfoamed films) [110]. But with the typically polyhedral shape of the foam cells, individual cell struts undergo only small tensile strains during compression, as they are made to bend and align together. Hence the low net elongation to failure is acceptable for the proposed applications of these foams.

It is noteworthy that the shear storage modulus is found to approximately scale with the density in accordance with $G'_{porous} = G'_{neat}(\rho_{porous}/\rho_{neat})^2$ in the glassy regime, which has been shown to be true for ideal open cell foams [111, 141]. Here $\rho_{neat} \sim 1.174 \text{ g}\cdot\text{cm}^{-3}$, $G'_{neat} = 700\text{-}905 \text{ MPa}$, and average $\rho_{porous} \sim 0.019 \text{ g}\cdot\text{cm}^{-3}$, yielding calculated $G'_{porous} = 183\text{-}237 \text{ kPa}$. This result is in good agreement with the measured average $G'_{porous} \sim 212\text{-}260 \text{ kPa}$, (Here the neat polymer density and modulus are taken from the corresponding formulations in Wilson et al. [110]). It is to be noted that the neat polymer density and modulus do not account for the effect of water in the foam composition which affects the chemical crosslink density of the material. However, the actual neat density and modulus may not be very different for the foam material due to strong hydrogen bonding of urea groups which compensates for the loss of chemical crosslinks indicating that these foams have primarily an open cell behavior from a mechanical standpoint. This is consistent with the cell structure images, and confirms

that although cell membranes are present they are sufficiently thin and do not affect the mechanical behavior of the foam significantly.

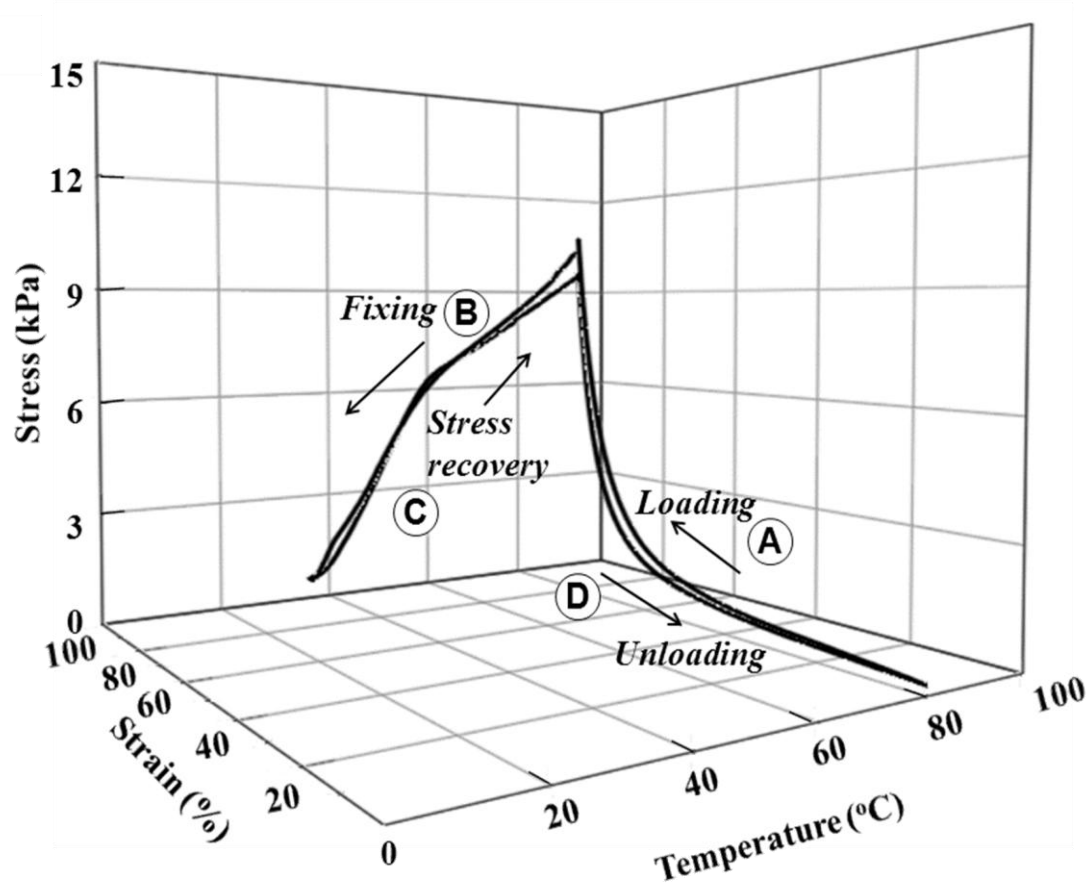


Figure 18: Shape memory cycles performed on a H2O foam sample ($T_g \sim 50^\circ\text{C}$) in a constrained stress recovery mode. (a) Four steps of shape memory cycle are shown: (A) Loading: The sample heated up to $T_g + 30^\circ\text{C}$ and an 80% compressive strain applied. (B) Fixing: The compressed sample cooled down to $T_g - 20^\circ\text{C}$. (C) Stress Recovery: Sample heated to $T_g + 30^\circ\text{C}$. (D) Unloading: Strain released at $T_g + 30^\circ\text{C}$.

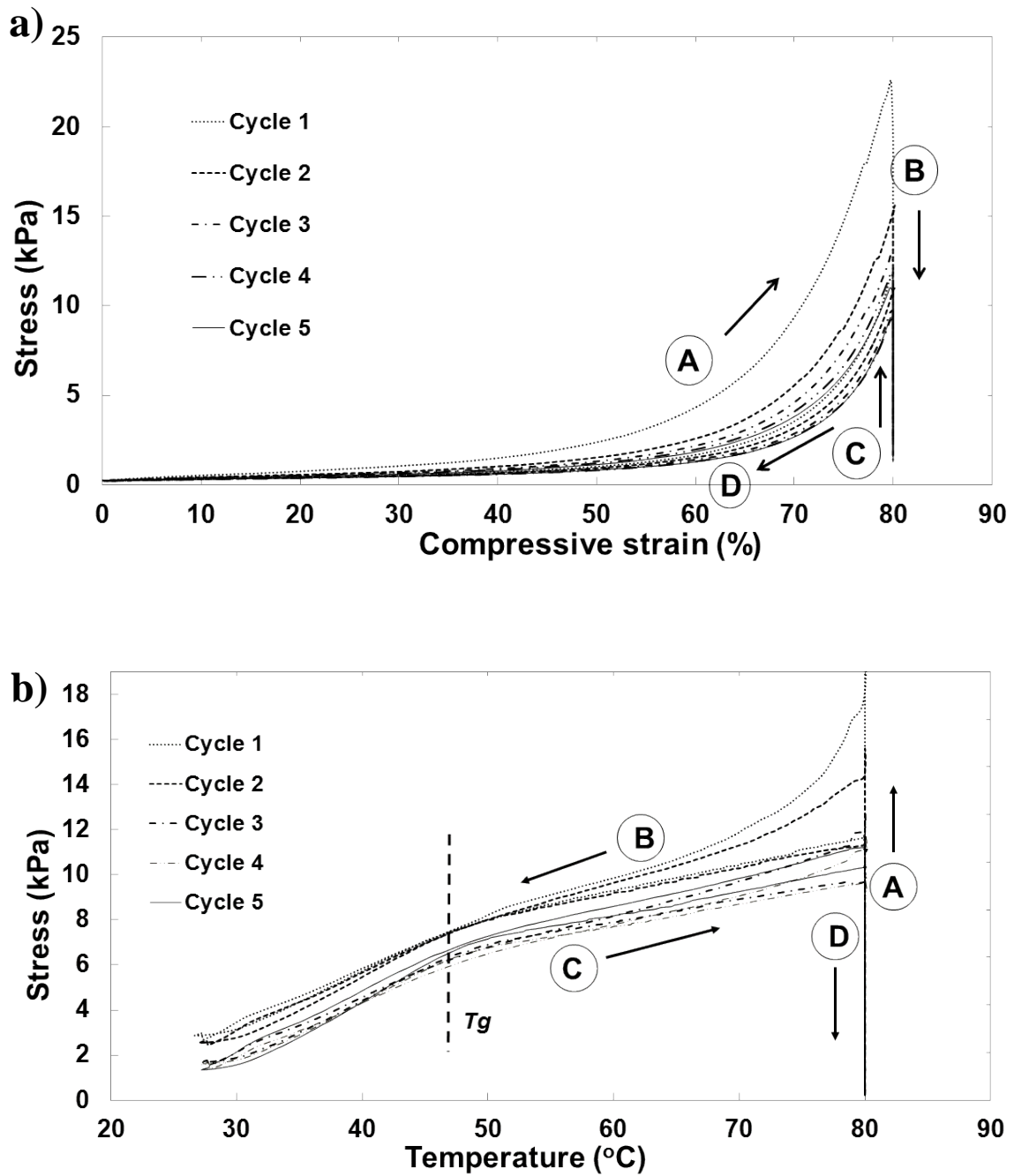


Figure 19: (a) The stress vs. strain behavior of the foams for the 5 cycles. (b) The stress vs. temperature behavior of the foams for 5 cycles. Stages (A), (B), (C) and (D) on plots represent the steps of loading, fixing, stress recovery and unloading respectively.

2. Shape Memory Behavior

2.1 Thermomechanical cycle

Five shape memory cycles on a H20 foam sample are shown in **Figure 18** and **Figure 19**. A typical shape memory response is seen in a cycle of four key steps, as depicted in Figure 18. The first step of **Loading** shows an increase in stress as the sample is deformed to 80% compressive strain at T_g+30 °C. The second step of **Fixing** reduces the stress rapidly across the T_g as the sample is cooled from T_g+30 °C to T_g-20 °C. The third step of constrained **Stress recovery** increases the stress back up to ~10 kPa via heating to T_g+30 °C. Finally the fourth step of **unloading** reduces the stress to zero as the strain is removed, and the foam recovers its primary shape.

Figure 19a and Figure 19b show the behavior of stress vs. strain and stress vs. temperature for 5 shape memory cycles on these foams, respectively. The first cycle shows the highest stress values, followed by the second cycle, and thereafter all the cycles show significant overlap. Hysteresis in the initial cycles is presumed to be from the changes in the macrostructure of foams, such as breaking of some cell membranes or damage to cell struts. Also changes at the microstructural level due to residual stresses in the material and re-arrangement of side groups and dangling ends in the polymer can contribute to hysteresis [110]. An average recovery of $92\pm2\%$, $95\pm3\%$, $96\pm1\%$, $97\pm1\%$ and $97\pm1\%$ was measured in cycles 1 through 5 respectively, over 3 samples for H20 samples. For H60 samples these values were $93\pm2\%$, $95\pm1\%$, $97\pm1\%$, $97\pm1\%$, $97\pm1\%$ respectively. High strain recovery in later cycles demonstrates close to an ideal spring behavior, consistent with the low values of $\tan \delta$ of these foams Table 4.

The stress values of ~10-22 kPa as seen in Figure 19 may seem low compared to the typical values of polymeric foams. However, their low density of 0.018 g·cm⁻³ as well as rubbery state should be considered. By calculating the corresponding stresses for these foams at higher densities using known scaling relationships, we can compare them to other published SMP foams under similar test conditions. Ashby and Gibson [111, 141] demonstrated that the compressive stresses of a wide range of flexible and rigid polymer foams scale approximately with the material density as follows (valid for open cell foams with $\frac{\rho_{porous}}{\rho_{neat}} < 0.3$) [111, 141]:

$$\sigma_{el} \propto \left(\frac{\rho_{porous}}{\rho_{neat}} \right)^2 ; \sigma_{pl} \propto \left(\frac{\rho_{porous}}{\rho_{neat}} \right)^{\frac{3}{2}}, \text{ where } \sigma_{el} \text{ and } \sigma_{pl} \text{ are the stresses in elastic}$$

and plastic deformation regimes, and ρ_{porous} and ρ_{neat} are densities of porous and neat forms of polymer, respectively. As the strain of shape memory materials is largely recoverable, the compressive stresses should be valid in the non-linear elastic deformation regime (i.e. σ_{el}), but both σ_{el} and σ_{pl} are considered here for a more complete comparison.

A commercial thermoset epoxy foam (density 0.2 g·cm⁻³), for instance, was reported to have stress of ~38 kPa at 60% compressive strain at 30 °C above T_g [142]. Compressive stress of the foam reported here is ~4.5 kPa under similar conditions (Figure 19a). As a comparison, values of σ_{el} and σ_{pl} for these foams at 0.2 g·cm⁻³ density would scale to ~556 kPa and 167 kPa based on the above relations. Polyether polyol based polyurethanes reported by Domeier et al. (density 0.21 g·cm⁻³) showed peak recovery stresses in the range of 1000 kPa on 80% compressive strain at T_g [24].

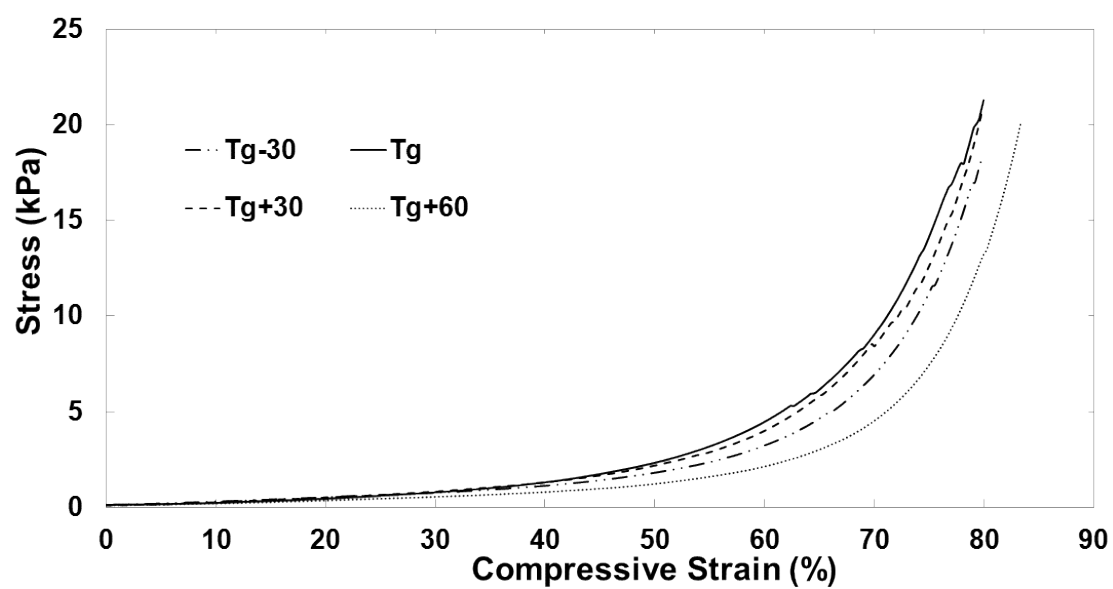
Stresses for the foams reported here are ~15 kPa under similar conditions except that compression for these was done at $T_g + 30$ °C. This would scale to σ_{el} ~2000 kPa and σ_{pl} ~598 kPa for a density of $0.21 \text{ g}\cdot\text{cm}^{-3}$. A polyether polyol series polyurethane foam from Mitsubishi Industries, MF6020, (density of approximately $0.032 \text{ g}\cdot\text{cm}^{-3}$ [6]) reported about 48 kPa compressive stress at 80% strain at 30 °C above T_g [21]. The foams reported here have stresses of ~15 kPa under similar conditions, and would scale to σ_{el} ~47 kPa and σ_{pl} ~36 kPa, respectively. Hence after accounting for the low densities, recovery stresses of these materials are seen to be significantly higher or comparable to other reported SMP foams. It is noteworthy that the number of cycles, strain rate, compressive strain and temperature can all have an effect on the compressive stresses measured for a foam sample. Hence while these results give an estimate of the expected stress range, their exact values could change with changes in the processing conditions.

2.2 Effect of Storage Temperature on Shape Recovery

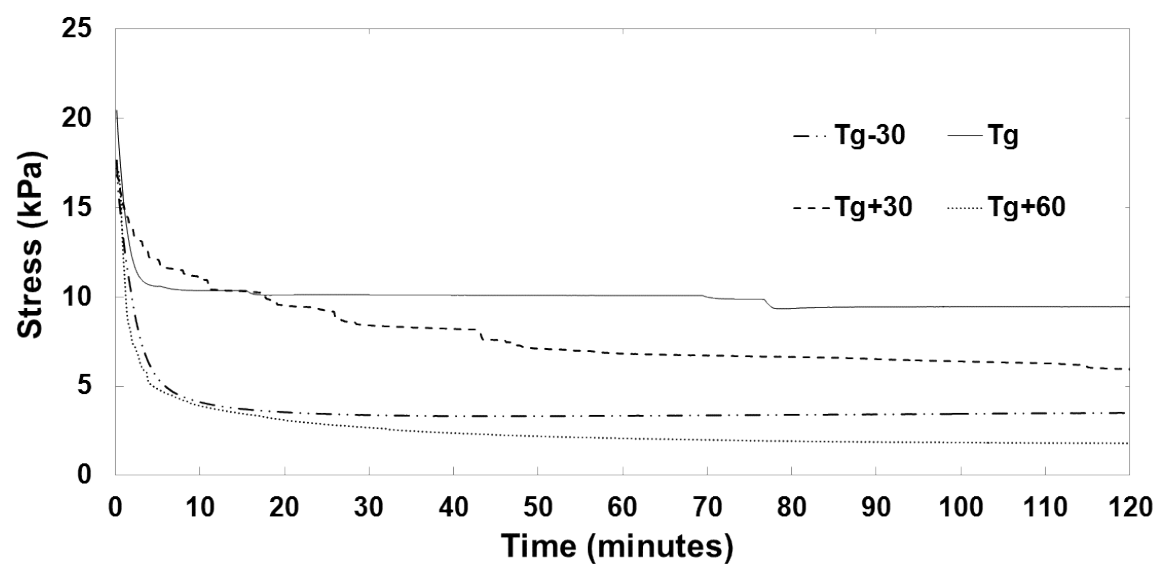
The stress response of H20 foam samples, as they were held under compression over a 2 hour period, at different temperatures is shown in **Figure 20**. In the first step of **loading** to 80% compressive strain at $T_g + 30$ °C, all four samples showed a similar increase in stress, as expected (Figure 20a). In the second step of **hold**, the samples were taken to their respective test temperatures of $T_g - 30$ °C, T_g , $T_g + 30$ °C and $T_g + 60$ °C, and an initial stress relaxation was seen (Figure 20b). The extent of this relaxation was higher for samples held above T_g compared to the sample held at T_g . This is expected

from the higher mobility of polymer chains at higher temperatures. The sample held at $T_g - 30\text{ }^{\circ}\text{C}$ also showed a large drop in stress, which can be explained with the thermal contraction and storage of internal energy and entropy [107] in the glassy state of the polymer, akin to the **fixing** step of a shape memory cycle. Beyond the initial relaxation, the stresses were held largely constant throughout the hold of 2 hours at the test temperature (Figure 20b). Finally, in the third step of **unloading**, a decrease in stress was recorded as the strain was released at $T_g + 30\text{ }^{\circ}\text{C}$ (Figure 20c). An initial increase in stress was noticed for the sample stored at $T_g - 30\text{ }^{\circ}\text{C}$ during strain recovery, possibly due to a lag in the heating of the sample even as the crosshead moved to release the strain. A net shape recovery of 94, 93, 96, and 98% was measured for H20 ($T_g \sim 50\text{ }^{\circ}\text{C}$) samples held at temperatures of $T_g + 60\text{ }^{\circ}\text{C}$, $T_g + 30\text{ }^{\circ}\text{C}$, T_g , and $T_g - 30\text{ }^{\circ}\text{C}$, respectively. For H60 ($T_g \sim 60\text{ }^{\circ}\text{C}$) samples these values were 95, 91, 98 and 96% respectively. % shape recovery after holding under 80% compressive strain for 2 hours at $T_g + 60\text{ }^{\circ}\text{C}$, for all the compositions, is reported in Table 4.

a) Compression (T_g+30 °C)



b) 2 hour hold



c) Recovery (T_g+30 °C)

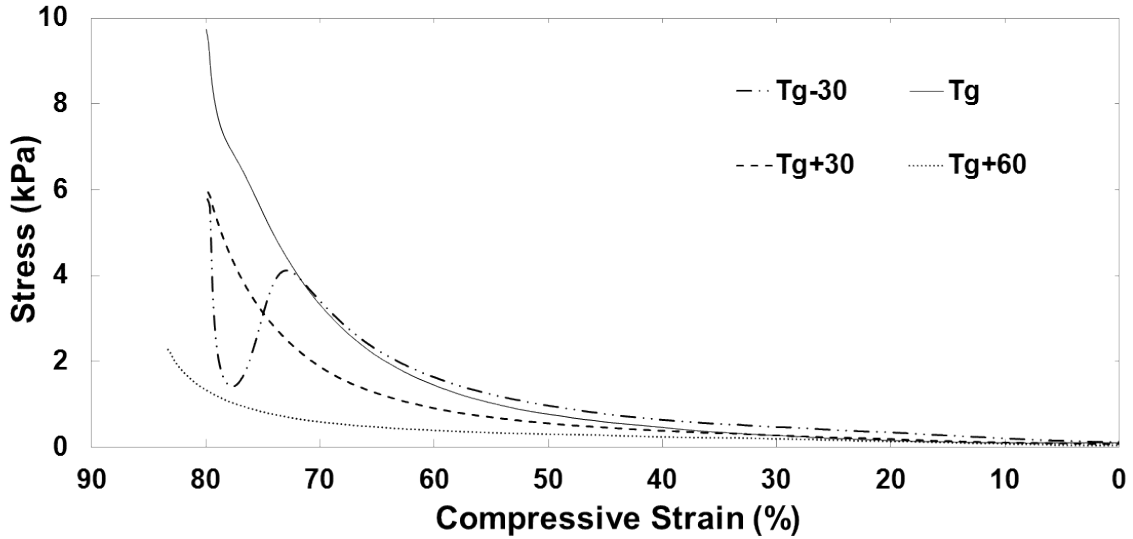


Figure 20: Shape holding behavior of four H2O foam samples. Four samples named T_g-30 , T_g , T_g+30 and T_g+60 are (a) deformed to a 80% compressive strain at T_g+30 °C (b) held at specific temperatures of T_g-30 °C, T_g , T_g+30 °C and T_g+60 °C respectively for a period of two hours and (c) unloaded at T_g+30 °C.

In contrast to the results above, physically crosslinked materials, such as polyether polyol based MF6020 ($T_g \sim 60$ °C) foams [21], have been reported to show ~8-10% residual strain for hold at T_g+30 °C, and ~100% residual strain (0% shape recovery) for hold at T_g+60 °C for 2 hours at 80% compressive strain [21]. Generally, as the applied strain and storage temperature decreased, the extent of secondary-shape forming was seen to decrease for these physically crosslinked foams. Also, Di Prima et al. reported ~40% strain recovery after compression to 80% strain at 125 °C ($\sim T_g+33$ °C) in proprietary epoxy based foams [142]. The foams based on a covalently crosslinked network reported here show significantly higher shape recovery in comparison.

Assuming that the above materials are thermally stable at the tested temperatures, this can be explained from the effect of covalent crosslinks on polymer chain relaxation [107, 109]. The covalent crosslinks in this system can be considered permanent over the conditions and time scales investigated. While network chain segments can conformationally rearrange above T_g , their ends remain attached to the same network junction point. This constrains the equilibrium arrangement of crosslink points and thus the equilibrium shape of the material. In contrast, the physical crosslinks, such as in segmented polyurethanes, are labile. Here, entropically driven polymer chains can move in and out of the physical crosslinks to achieve a more favorable, lower energy state [108, 143]. As the rate of this conformational rearrangement of chains is dependent on their mobility, it would occur over increasingly long time scales as temperature is decreased below T_g , and at shorter time scales at temperatures above T_g where the mobility of the chains is high. As the polymer chains relax/re-arrange to an equilibrium conformation while the material is held in the secondary shape, the memory of the primary shape is erased, and a residual strain or phenomenon of secondary-shape forming is observed. Hence, the high shape recovery of the reported materials, after storage at T_g+60 °C for 2 hours, is consistent with their network structure comprising high density of covalent crosslinks.

However, if a chemical reaction occurs in the material at high temperatures, new bonds can form resulting in loss of shape memory of the polymer for both physically and covalently crosslinked materials. Based on the visible discoloration and increase in urea-like linkages observed via FTIR (data not shown), such thermally driven chemical

changes are thought to cause the relatively low shape recovery of some samples held at high temperatures. While SMPs are not meant to be stored at temperatures above their T_g , the improved shape holding of these materials at temperatures above T_g , compared to the other physically crosslinked foams, suggests an advantage of improved shelf life during storage in their secondary shape below T_g .

2.3 Maximum Volume Expansion

Volume expansion measured for the foam samples are reported in Table 4. Cylindrical foam samples 6 mm in diameter were radially compressed (2-D deformation) to an average minimum diameter of 0.68 mm. On recovery, close to the theoretical volume expansion of up to an average of 68 times was seen. This is an improvement of more than a factor of two compared to other reported shape memory polymer foams [20, 21]. **Figure 21** demonstrates the change in the physical form of a foam sample as it expands in a fluid media from a fully compressed shape.

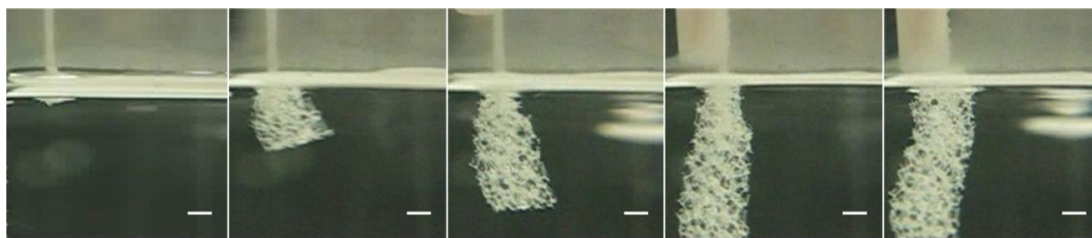


Figure 21: Demonstration of shape memory behavior of a foam. A 6 mm cylindrical sample of H60 foam was compressed in a mechanical crimper above its T_g and then allowed to cool down to fix the compressed shape. The compressed foam was taped to a rod (seen in the last two panes) and then plunged in a water bath heated to 80 °C. Actuation is seen immediately on contact with water and up to 70 times expansion in volume is observed. Approximate time between panes is 1 second. Scale bar is 2.5 mm.

3. Biocompatibility Characterization

Results of the *in vitro* biocompatibility study of these foams are reported in **Table 5**. Biocompatibility was analyzed based on the level of cytokine production from the cells cultured on the foam and control substrates. The positive controls (PHA- and LPS-stimulated cells) demonstrated significantly higher cell activation compared to the media alone ($p < 0.05$). Activation of IL-1 β , IL-6, IL-8, and TNF- α for the foam was not significantly higher than that for the media alone ($p > 0.05$ in all cases), though average values appear somewhat elevated for IL-1 β , IL-6, and IL-8. Activation of IL-12, although significantly different compared to the media alone ($p < 0.05$), was only marginally higher. Overall, the relatively low cell activation induced by the foam suggests promising biocompatibility. These *in vitro* results are supported by a recent publication that includes pilot 90-day implant results of a related foam formulation, in a vein pouch carotid aneurysm model (porcine) [54]. The *in vivo* study showed low inflammation and good healing in two foam-treated aneurysms in a single animal.

Table 5: Results of the biocompatibility study of the foam.

Material	Cytokine Concentration (pg·mL ⁻¹) ^a				
	IL-1 β	IL-6	IL-8	IL-12	TNF- α
media only	2 \pm 1	9 \pm 7	846 \pm 896	29 \pm 21	97 \pm 224
PHA	106 \pm 72 ($p=0.00075$)	414 \pm 125 ($p=1.6e-6$)	17556 \pm 15030 ($p=0.0028$)	83 \pm 69 ($p=0.015$)	310 \pm 295 ($p=0.012$)
LPS	254 \pm 48 ($p=2.2e-8$)	529 \pm 21 ($p=5.6e-15$)	57159 \pm 33715 ($p=0.00025$)	511 \pm 326 ($p=0.00062$)	939 \pm 330 ($p=4.4e-5$)
Foam	17 \pm 45 ($p=0.16$)	64 \pm 173 ($p=0.17$)	3689 \pm 8839 ($p=0.15$)	30 \pm 22 ($p=0.014$)	100 \pm 213 ($p=0.24$)

^a mean \pm standard deviation ($n=10$)

C. Conclusion

Biostable foams with sharp single glass transitions (T_g) customizable in the functional range of 45-70 °C were achieved, with about 30 times reduction in storage modulus across the transition. Thermomechanical testing confirmed strong shape memory behavior with 97-98% shape recovery over repeated cycles, a glassy storage modulus of 200-300 kPa and recovery stresses of 5-15 kPa. Shape holding tests under constrained storage above the T_g suggested improved shelf-life, and a high volume expansion of up to 70 times was seen on actuation of these foams from a fully compressed state. Further, low *in vitro* cell activation induced by the foam, relative to controls, suggested promising biocompatibility. These porous polymeric scaffolds constitute an important class of novel smart biomaterials with multiple potential applications.

CHAPTER III

CONTROLLING THE ACTUATION RATE OF SHAPE MEMORY POLYMER FOAMS IN WATER

Chapters I and II established the significant potential utility of SMP foams in embolic biomedical application. Despite their unique properties, the use of SMP foams in practical applications is limited by a key issue: these materials have been observed to undergo a loss of their ability to “*actuate on demand*” in certain conditions. This loss of “*on demand*” actuation may happen by: (a) loss of the material’s tendency to actuate following storage in a secondary shape over long periods of time or at relatively high temperatures (referred to as secondary-shape forming [21] and addressed in Chapter I [30]) and/or (b) premature actuation, such as on exposure to moisture, a plasticizing agent, which depresses the actuation temperature of the foams [55, 137, 144]. The phenomenon of actuation of SMP foams in the presence of moisture, and thereby the loss of their “on demand” actuation, are discussed in this chapter.

The effect of moisture on the actuation of SMPs has been reported previously as an alternate actuation mechanism [145-147]. Huang et al. [145, 146] described several “water actuated” neat/nonporous and porous SMP devices based on the MM 3520, MM 3550, and MM 5510 materials from Mitsubishi Heavy Industries. Jung et al. [147] reported polyurethane SMP films based on poly(ethylene glycol) (PEG), polyhedral

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oligomeric silsesquioxane (POSS), and 1,4- phenyldiisocyanate. These films had a hydrophilic soft segment comprising PEG and a hydrophobic hard segment containing POSS. They demonstrated water-responsive shape recovery of more than 70% for all samples at 30 °C, depending on the POSS content of the films [147]. Also, water responsive hybrid shape memory materials were recently reported in literature [148, 149]. In these materials, a second inorganic phase was used to restrain the recovery of the polymer in the dry state, as opposed to using a polymer phase transition. Yang et al. [137] investigated the mechanism of actuation of SMPs with water on MM 3520 films, and found that it is a combined effect of the weakening of the hydrogen bonding between N–H and C=O groups and plasticization caused by the small water molecules. SMP foams from our group [30] were tested for the effect of moisture by Yu et al. [55] and again the above mechanisms were found to be at work in quickly depressing the T_g of the foam and causing its rapid actuation on exposure to water.

The passive self-actuation of a thermally responsive SMP device in water or physiological media at body temperature may be a useful feature for a simpler device deployment mechanism without a heating capability. However, if the passive actuation occurs too quickly or in an uncontrollable manner, it can cause problems. For example, the usage of SMP foams for minimally invasive treatment of aneurysms requires transcatheter delivery of the device in its compressed cylindrical shape. Once it reaches the target site, it would be actuated to its primary spherical shape to fill the aneurysm and eventually to resist any blood flow inside it. As the compressed device may be exposed to moisture/physiological fluid while inside the catheter, premature expansion

of a moisture- sensitive device may occur during the delivery itself. This can drastically increase the friction within the catheter and potentially inhibit delivery of the device. With low-density foams, this issue becomes even more important due to the increased surface area available for the uptake of water/moisture. Hence, it is desirable to be able to control the rate of actuation of the foam-based SMP devices in the presence of moisture.

One possible solution to this problem would be to vary the hydrophobicity of the SMP, thereby controlling the extent of the depression in actuation temperature due to exposure to water. To test this hypothesis, we synthesized and characterized a novel series of low density SMP foams with increasing diisocyanate monomer hydrophobicity. Such materials should exhibit a controlled reduction in the rate of their self-actuation in water, facilitating transcatheter delivery of the device. Here, we report the process of synthesis of these materials, their key physical properties, and their actuation behavior. Also, an analysis of the actuation mechanism is presented, and various challenges and potential solutions to the transcatheter delivery of SMP foam devices are discussed.

A. Materials and Methods

1. Foam Synthesis

HPED (99%; Sigma Aldrich Inc.), TEA (98%; Alfa Aesar Inc.), HDI (TCI America Inc.), 1, 6 diisocyanato trimethylhexane, 2,2,4- and 2,4,4- mixture (TMHDI, TCI America Inc.), and DI water (> 17 M Ω ·cm purity; Millipore water purifier system; Millipore Inc.,) were used as received (**Figure 22**). Foams were synthesized in a three-

step method reported previously [30], using the amounts indicated in **Table 6**, and were allowed to cure for at least a week before testing. The notations 100TM, 80TM, 60TM, 40TM, 20TM, and 0TM denote TMHDI constituting 100, 80, 60, 40, 20, and 0 mol% of isocyanate, respectively, with the remaining mol% of isocyanate coming from HDI, as indicated in Table 6 .

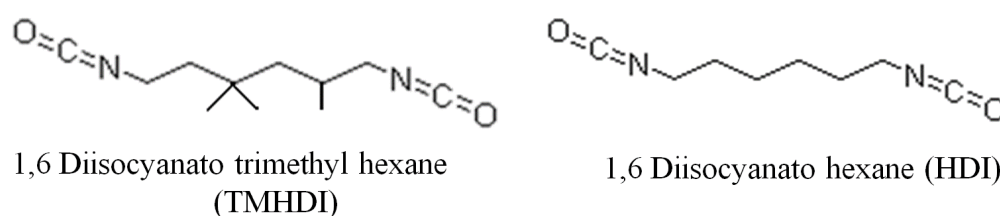


Figure 22: Molecular structure of HDI and TMHDI, the two isocyanates used in this study. Methyl groups on the backbone of TMHDI were expected to give it a more hydrophobic character relative to HDI.

Table 6: Composition of foams synthesized using hexamethylene diisocyanate (HDI) and trimethyl hexamethylene diisocyanate (TMHDI) for the isocyanate component of the urethane.

Sample ID	HDI (wt.%)	TMHDI (wt.%)	HPED (wt.%)	TEA (wt.%)	Water (wt.%)	DC5179 (wt.%)	DCI990 (wt.%)	T-131 (wt.%)	BL-22 (wt.%)	Enovate (pph)
100TM	0.00	66.79	17.11	5.73	2.35	3.81	3.30	0.26	0.64	7.62
80TM	11.00	55	17.63	5.92	2.42	3.8	3.29	0.25	0.64	7.6
60TM	22.70	42.58	18.18	6.09	2.49	3.78	3.28	0.25	0.64	7.57
40TM	35.15	29.30	18.77	6.29	2.57	3.77	3.27	0.25	0.64	7.54
20TM	48.43	15.14	19.39	6.50	2.66	3.75	3.25	0.25	0.63	7.50
0TM	62.62	0.00	20.06	6.72	2.75	3.73	3.24	0.25	0.63	7.47

The wt.% value represents the net amount of the component in the final foamed polymer.

Neat polymers of corresponding compositions, excluding the physical and chemical blowing agents and other foaming additives (surfactants and catalysts), were synthesized according to **Table 7** for contact angle measurements. Calculated amounts of monomers were mixed together and cast in polystyrene dishes. The curing profile involved an initial cure at room temperature for 2 hours followed by ramping up to 120 °C at 20 °C·hour⁻¹. Thereafter, the temperature was maintained at 120 °C for 2 hours, and finally the heat was turned off and samples were allowed to cool down to room temperature. An inert nitrogen atmosphere was maintained throughout the curing process.

Table 7: Composition of neat/non-porous polymers synthesized following the same synthesis scheme as that of the foams (Table 1). Amount of TMHDI was gradually increased from 0TM (all HDI) to 100TM (all TMHDI) composition. No foaming additives such as surfactant, catalysts and physical and chemical blowing agents were added.

Sample ID	HDI (wt.%)	TMHDI (wt.%)	HPED (wt.%)	TEA (wt.%)
100TM	0.00	61.65	28.72	9.62
80TM	10.11	50.57	29.45	9.87
60TM	20.75	38.91	30.21	10.12
40TM	31.95	26.63	31.02	10.39
20TM	43.77	13.68	31.87	10.68
0TM	56.26	0.00	32.77	10.98

The wt.% value represents the net amount of the component in the final foamed polymer.

2. Post-Processing of Foams

Post-processing of foams is often required because the as-blown foams typically retain residual membranes post-synthesis. In order to make foams completely open cell or reticulated, as desired for the proposed application, secondary physical processes such as hydrolysis, oxidation, heat, or mechanical treatment are normally employed [129]. Caustic hydrolysis of polyurethanes, also referred to as “quenching,” is a standard process of reticulation of traditional polyurethane foams in industry [150]. Another well accepted method of reticulating polyurethane foams is “zapping,” which involves controlled burning of the membranes via saturation with flammable gases [150]. Several patents have been filed in this area of study [151-156], and are discussed in greater detail in Chapter IV. Here, an acid-based etching was performed on the foams prior to testing their actuation and actuation related properties. Although this etching process was not optimized for complete membrane removal in the foams, it was included to account for the possibility that more hydrophilic surfaces may be created from these post-processing etching methods [157]. As increased surface hydrophilicity may alter the moisture sensitivity of the material relative to un-etched foams, the device actuation results with inclusion of the etching process are potentially more relevant to an actual device. For performing the cleaning and etching processes, blocks of foams were etched in hydrochloric acid (0.1 N; BDH Chemicals) for 2 hours. Thereafter they were cleaned with two 15 minute treatments each of 80–20 vol.% DI water/contrad solution and DI water, respectively. All steps were performed under sonication. The foams were finally dried overnight under vacuum at 50 °C before testing.

3. *Characterization of Physical Properties*

3.1 Density and Cell Structure

Core densities of three foam samples of each composition were measured from the representative top and middle sections as per the ASTM standard D-3574. For cell structure characterization, thin slices of foam were cut from a representative top section of the blown foam, and images were captured in the brightfield mode on a Leica MZ8 microscope (Leica Microsystems Inc.) using RSImage Software (Roper Scientific Inc.).

3.2 DSC

Glass transition temperature (T_g) was measured using a Q-200 DSC (TA Instruments Inc.). A 3-5 mg sample was compressed to near bulk density and loaded in a vented aluminum pan at room temperature, cooled to -40 °C and then run through a heat/cool/heat cycle from -40 to 120 °C at 10 °C·min⁻¹. The half-height of the transition during second heat was taken as an estimate of the T_g .

3.3 DMTA

For characterizing the mechanical properties of the foams as a function of temperature, a dynamic temperature ramp test was performed on an ARES-LS2 rheometer (TA Instruments Inc.) according to a previously described method [30]. A torsion rectangle test fixture was used on samples cut to approximately 45 mm long, 12 mm wide, and 6 mm thick with a gap distance of 25 mm. The samples were prepared by embedding both ends in a polyurethane neat polymer to prevent damage and slippage of

the foam sample in the metal grips. Dynamic temperature ramp tests were then run for each formulation in triplicate, at a frequency of 1 Hz and constant heating rate of $1\text{ }^{\circ}\text{C}\cdot\text{min}^{-1}$ from 25 to 150 $^{\circ}\text{C}$. An initial shear strain of 0.2% was used. However, as the temperature increased, the strain was adjusted by the control software to maintain a torque range of 0.5 to 5 g·cm, allowing a maximum strain of 10% (still within the linear viscoelastic region) at high temperatures. Data points were collected every 5 seconds. Dynamic shear storage modulus (G'), dynamic shear loss modulus (G''), and their ratio $\tan \delta$ ($=G''/G'$) were recorded using the OrchestratorTM software (TA Instruments Inc.). T_{onset} was recorded as the temperature at which the baseline and the leading edge of the peak in $\tan \delta$ intersect, $T_{\delta s}$ (another measure of T_g) was recorded as the temperature at which the $\tan \delta$ curve was at its peak value, and ΔT (breadth of transition) was recorded as twice the difference between $T_{\delta s}$ and T_{onset} , according to Yakacki et al. [140].

3.4 Fourier Transform Infrared Spectroscopy (FTIR)

FTIR spectra of the foam were collected using a Spectrum 2000 FTIR (Perkin Elmer Inc.). The sample chamber was purged with nitrogen gas for 5 minutes and a background spectrum was captured. Thereafter, thin slices cut from foam blocks (~2-4 mm in thickness) were placed on a 2 cm^{-1} JStop holder (0.88 cm aperture). The chamber was again purged for 5 minutes after placing the sample, and an FTIR spectrum was collected in the transmission mode at a resolution of 4 cm^{-1} . The test was performed in duplicate to ascertain reproducibility of the spectra. A total of 50 scans were taken for each sample and the background spectrum was subtracted using the Spectrum

software (Perkin Elmer Inc.).

4. Characterization of Foam Actuation and Actuation-Related Properties

4.1 Contact Angle Measurement

Contact angle measurements were made on neat/unfoamed polymers corresponding to the foam compositions (**Table 7**) using a DSA100 (Kruss Inc.). DI water drops of 4–5 ml volume were placed on the sample surface. The drop was allowed to come to an equilibrium shape for 30 seconds and the resulting contact angle was measured using the drop shape analysis software (Kruss Inc.). An average value over ten measurements was calculated for an estimate of the contact angle of the polymer surface.

4.2 Equilibrium Moisture Uptake

Cylindrical foam samples were cut from a 2.5 cm thick foam block using an 8 mm diameter biopsy punch and dried under vacuum at 50 °C overnight. The dry sample weight (W_{dry}) was measured on an Ohaus Analytical Plus scale (Central Carolina Scale Inc.). The samples were then soaked in ~1000 times weight excess of water for 24 hours. To measure the equilibrium water absorption, the samples were first taken out from water media and the excess (adsorbed) water on the samples was removed in two steps: (a) repeated pressing (by hand) between sheets of laboratory grade kimwipes (Kimberly-Clark Inc.), until no wet spots could be seen, and then (b) pressing between kimwipes to 1 metric ton pressure for 2 minutes in a #3925 hydraulic press (Carver

Laboratory Equipments). The samples were placed on the weighing balance immediately thereafter and their equilibrium weight (W_{wet}) was recorded. The absorbed water (wt.%) in the foam samples was calculated as:

$$\text{Absorbed water (wt\%)} = \left(W_{wet} - W_{dry} / W_{dry} \right) \times 100 \quad (\text{Eqn. 3.1})$$

Five samples were tested for each foam composition.

4.3 Depression in T_g with Exposure to Moisture

Cylindrical samples of foam were cut from a 2.5 cm thick block using an 8 mm diameter biopsy punch and submerged in a water bath at 37 °C for 5, 15, 30, 60, or 120 minutes. After the specified time of submersion, the samples were taken out and excess water was removed in two steps using kimwipes and a hydraulic press as described above. A DSC scan was then run from -40 to 80 °C at 10 °C·min⁻¹ on a 4–8 mg foam sample in a vented aluminum pan, using a Q-200 DSC (TA Instruments Inc.). The T_g of the sample was estimated from the half height of the thermal transition during the first heating scan. Five samples of each composition were tested at each time point.

4.4 Rate of Expansion of Foam in Fluid Media at 37 °C

Cylindrical foam samples approximately 1 cm in length were cut using a 6 mm diameter biopsy punch and threaded over straight 0.09 mm diameter nitinol wires (Nitinol Devices & Components, Inc.). An initial measurement of the diameter of the punched samples was taken using a digital micrometer. Each sample was then radially

compressed as small as possible, at 97 °C at a radial compression rate of approximately $6.2 \text{ mm}\cdot\text{s}^{-1}$, using an SC150-42 Stent Crimper (Machine Solutions Inc.). The compressed shape was fixed by allowing the sample to passively cool down to room temperature in the compressed state over a period of 2 hours. The samples were allowed to rest in this secondary compressed shape for 24 hours in a nitrogen purged environment before testing. After the resting period, the compressed diameter was measured using a digital micrometer. The nitinol wires holding the compressed foam samples were then strung across a heavy fixture such that the foam never touched the fixture, and the assembly was submerged in a water bath heated to $37.0 \pm 0.5 \text{ }^{\circ}\text{C}$. A scale was submerged alongside the samples. Images of the foam samples were taken at 1 to 5 minute intervals over a period of 1 hour, as the foams expanded in the water bath. For the measurement of the diameter of the foam at any given time, the maximum diameter along the length of the sample was measured from the captured images using ImageJ software. Five samples of each composition were tested. Results were normalized by the measured initial (uncompressed) diameter.

4.5 Theoretical Solubility Parameter Analysis

Hoy's solubility parameters were calculated to estimate the relative swelling of the foams in the water media [158]. The calculations were done on the basis of the four types of network units generated from the reaction of isocyanate with HPED, TEA, water, and the excess isocyanate. Although the excess isocyanate groups can undergo

several secondary reactions such as allophanate or biuret formation, for simplicity they were assumed to be converted to primary amines from reaction with ambient moisture.

Group contributions of each of these network units, HPED, TEA, water, and excess isocyanate (**Figure 23**), were calculated as per Van Krevelen et al. [158]. The net solubility parameter components δ_t , δ_p , and δ_h representing total, polar, and hydrogen bonding components of the polymer cohesive energy density, were then determined by adding the respective contributions of the network units on a volume fraction (ϑ) basis (Equation 3.2). The dispersion force component of the total solubility parameter was calculated using Equation 3.3.

$$\delta = \delta_{HPED} * \vartheta_{HPED} + \delta_{TEA} * \vartheta_{TEA} + \delta_{water} * \vartheta_{water} + \delta_{excess} * \vartheta_{excess} ; \text{ here } \delta = \delta_t \text{ or } \delta_p \text{ or } \delta_h \quad (Eqn. 3.2)$$

$$\delta_d = \sqrt{(\delta_t^2 - \delta_p^2 - \delta_h^2)} \quad (Eqn. 3.3)$$

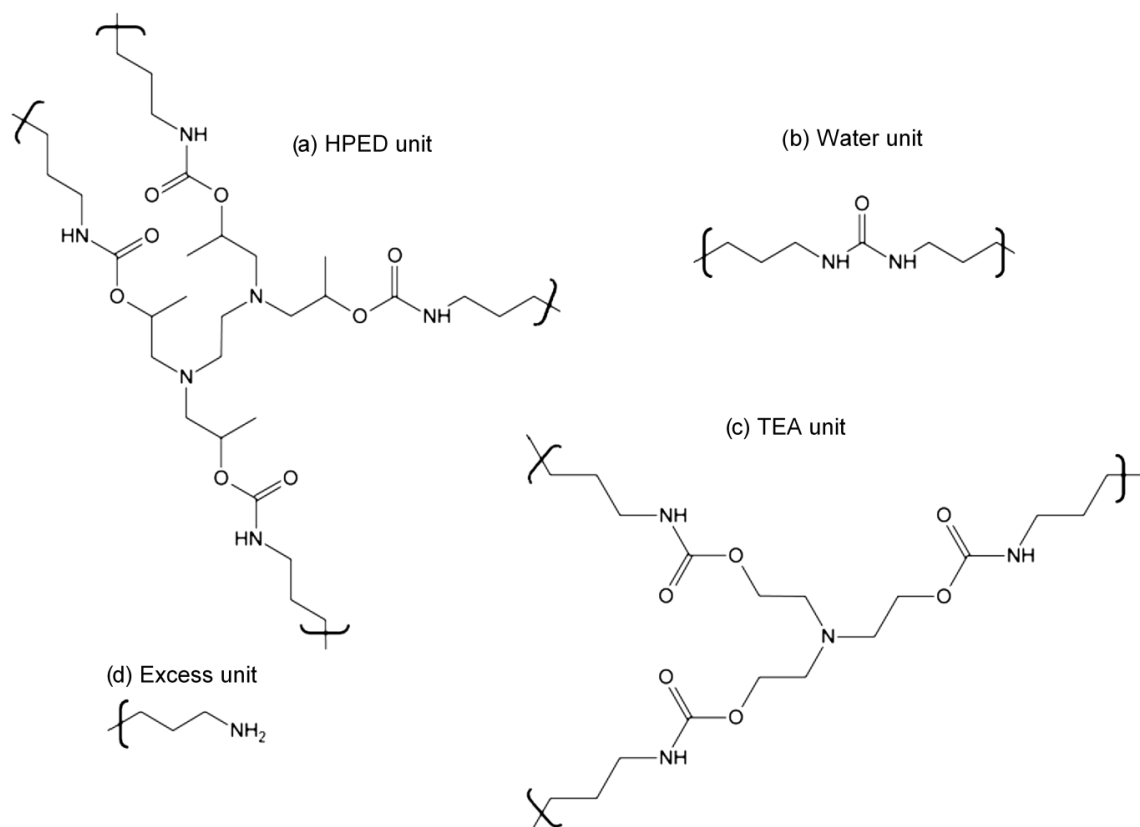


Figure 23: Structures of the (a) HPED, (b) TEA, (c) water, and (d) excess network units used to calculate the contributions of Hoy's solubility parameter components.

B. Results and Discussion

1. Physical Properties

1.1 Density and Cell Structure

Density results of all foam compositions are reported in **Table 8**. Sufficiently low-density foams were seen for all foams with values ranging from 0.013 to 0.027 $\text{g}\cdot\text{cm}^{-3}$. These values suggest an average porosity $[(\rho_{neat} - \rho_{porous})/\rho_{neat}]$ of $\sim 98\%$ and a high average theoretical volume expansibility $(= \rho_{neat} / \rho_{porous})$ of ~ 60 times; here the average $\rho_{neat} \sim 1.1 \text{ g}\cdot\text{cm}^{-3}$ is the neat polymer density and ρ_{porous} is the foam density.

The small standard deviation of 0.001-0.006 g·cm⁻³ (Table 8) in the density measurements indicates a fairly uniform structure of the foams.

Table 8: Summary of the key physical properties of the different foam compositions.

Sample ID	Density (g·cm ⁻³)	T_g (°C)	G'_{glassy} at $T_{\delta s}-20\text{ °C}$ (kPa)	G'_{rubbery} at $T_{\delta s}+20\text{ °C}$ (kPa)	T_{onset} (°C)	$T_{\delta s}$ (°C)	ΔT (°C)	$\text{Tan } \delta$ (Peak value)
100TM	.014±.001	75	108±7	2±1	58±1	80±1	40±0	1.04±.02
80TM	.013±.002	71	103±6	3±1	57±2	77±1	42±1	1.05±.06
60TM	.025±.001	69	311±28	13±2	53±1	70±3	37±1	0.91±.01
40TM	.017±.001	68	90±3	3±2	57±3	77±1	35±3	1.02±.02
20TM	.027±.006	65	158±24	6±2	53±3	66±3	27±4	0.89±.04
0TM	.018±.004	63	155±46	6±1	51±2	64±1	30±4	0.71±.04

Optical microscopy was used to determine cell structure, with typical structures shown in **Figure 24**. Observations include uniform closed or mixed closed to open cell structure for a given composition, with thin residual membranes between struts as previously reported for similar materials [30]. At the same time cell sizes varied for the different compositions. A significant factor contributing to the size variation is believed to be the variation in the foaming solution viscosity (~2 to 60 Pa·s), which was not a controlled variable across different compositions. It has been observed that the cell sizes of the foams can be controlled by controlling the viscosity of the foaming solution; the

sizes are generally seen to decrease with increase in the foaming solution viscosity.

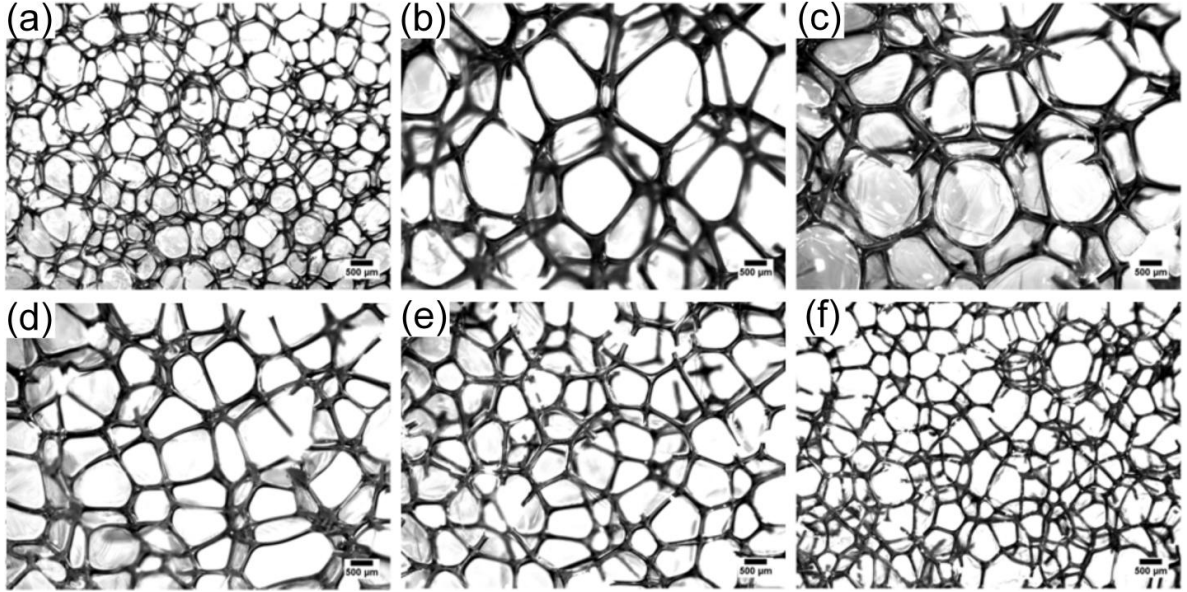


Figure 24: Cell structure of the foams as obtained from optical microscopy. Images (a), (b), (c), (d), (e) and (f) represent 0TM, 20TM, 40TM, 60 TM, 80TM and 100TM compositions, respectively (scale bar is 500 μ).

It is important to note here that the primary design objectives for the proposed application (low-density and uniform cell structure), as described in Singhal et al. [30], were successfully met for all compositions. Hence, properties specific to the embolic biomedical applications of these materials, such as high crimping efficiency of the device and a large volume expansion on actuation, may be realized. Also, they have a highly crosslinked network architecture, which is expected to provide optimal shape memory properties as described by Singhal et al. [30].

1.2 DSC

DSC results of the foams are shown in Table 8 and **Figure 25**. The foams show a single T_g with values varying within a narrow range of 63-75 °C. Lack of any crystallization or melting region in the DSC thermogram confirms the amorphous nature of the polymer network. An increase in the TMHDI content was seen to increase the effective T_g of the foams. This is expected as the methyl groups of TMHDI can increase the energy required by the molecule to rotate about the backbone bonds.

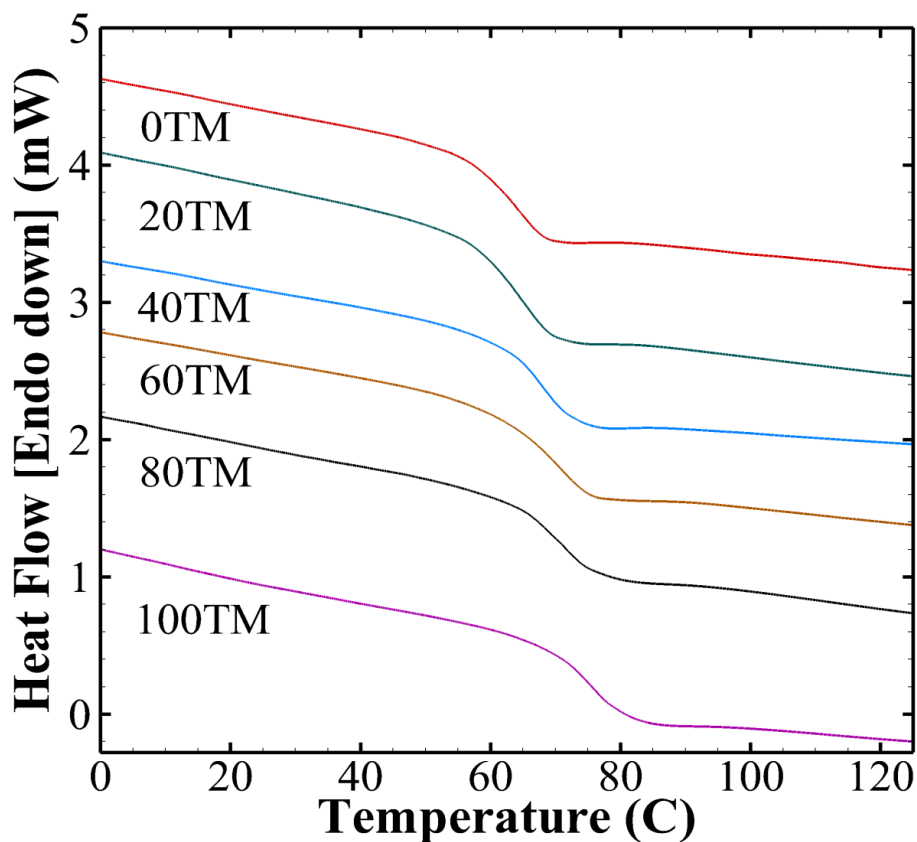


Figure 25: DSC curves of the different foam compositions. Single sharp glass transitions were seen for all compositions within a small range of 63-75 °C.

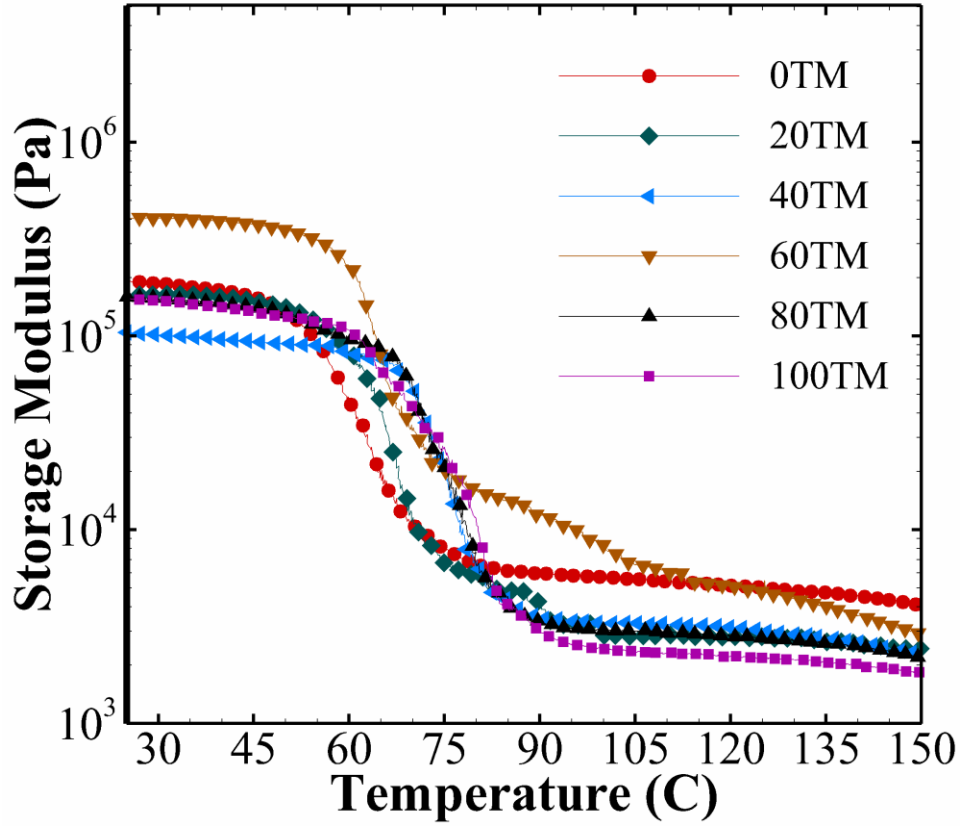


Figure 26: DMTA curves of the different foam compositions. Single sharp glass transitions were seen for all compositions within a small range of 64-80 °C.

1.3 DMTA

DMTA results of the foams are shown in Table 8 and **Figure 26**. A variation in the glassy modulus (G'_{glassy}) is recorded from 311 to 90 kPa across different compositions. To explain this relatively large range, variation in the densities of these compositions was accounted for in the G'_{glassy} estimations. The reference of 0TM was used and the value of G'_{glassy} at $0.018 \text{ g}\cdot\text{cm}^{-3}$ was extrapolated using $G_1 = G_2 \cdot (\rho_1/\rho_2)^2$ as per Gibson et al. [111], where G is the modulus, ρ is the material density, and subscripts 1 and 2 denote corrected and measured values, respectively. Average glassy moduli of

~70, 101, 161, 197, and 179 kPa were thus calculated for 20TM, 40TM, 60TM, 80TM, and 100TM foams, respectively. While the values of other compositions are similar when extrapolated to the same density, 20TM and 40TM foams have relatively lower moduli (70 - 101 kPa). This may be due to larger cell sizes of these foams as seen in Figure 24. Surface effects have been shown to become more prominent as the dimensions of the tested sample approach those of the cell size, and a reduction in foam modulus and strength is often noticed in such cases [159, 160]. The DMA measured T_g of all the materials is within ~ 16 °C, leading to a significant overlap in the storage modulus versus temperature curves (Figure 26). The onset of transition from the glassy to the rubbery state is approximately 55 ± 3 °C, and T_g (estimated as the temperature at the peak value of the $\tan \delta$ curve) is 72 ± 7 °C across all compositions (Table 8). A small but positive increase in the T_g with increase in the TMHDI content is seen. This follows the trend observed in the DSC measurements (Figure 25). Also, a single thermal transition from the glassy to the rubbery state, with a transition range of $\sim 35 \pm 6$ °C was recorded for all compositions. The presence of a single thermal transition with a constant rubbery modulus confirms an amorphous and crosslinked polymer network structure of the foams.

1.4 Fourier Transform Infrared Spectroscopy (FTIR)

The FTIR spectra of the foams of different compositions are shown in **Figure 27**. The spectra of the compositions are qualitatively similar, and the typical features of the spectra reported earlier for related compositions [30] are evident for all compositions.

These include the hydrogen-bonded urethane peak at $\sim 1695\text{ cm}^{-1}$ and a urea shoulder at $\sim 1653\text{ cm}^{-1}$. The position of these peaks, however, is shifted (by $\sim 3\text{-}6\text{ cm}^{-1}$) compared with previously reported foams [30]. This may be related to the difference in the physical condition of the tested samples [161]. The compression of the foams to a flat sheet for performing attenuated total reflectance (ATR) FTIR done in the previous study [30] may have enhanced hydrogen bonding of urethane/urea groups leading to a shift of urethane and urea absorption to slightly lower values.

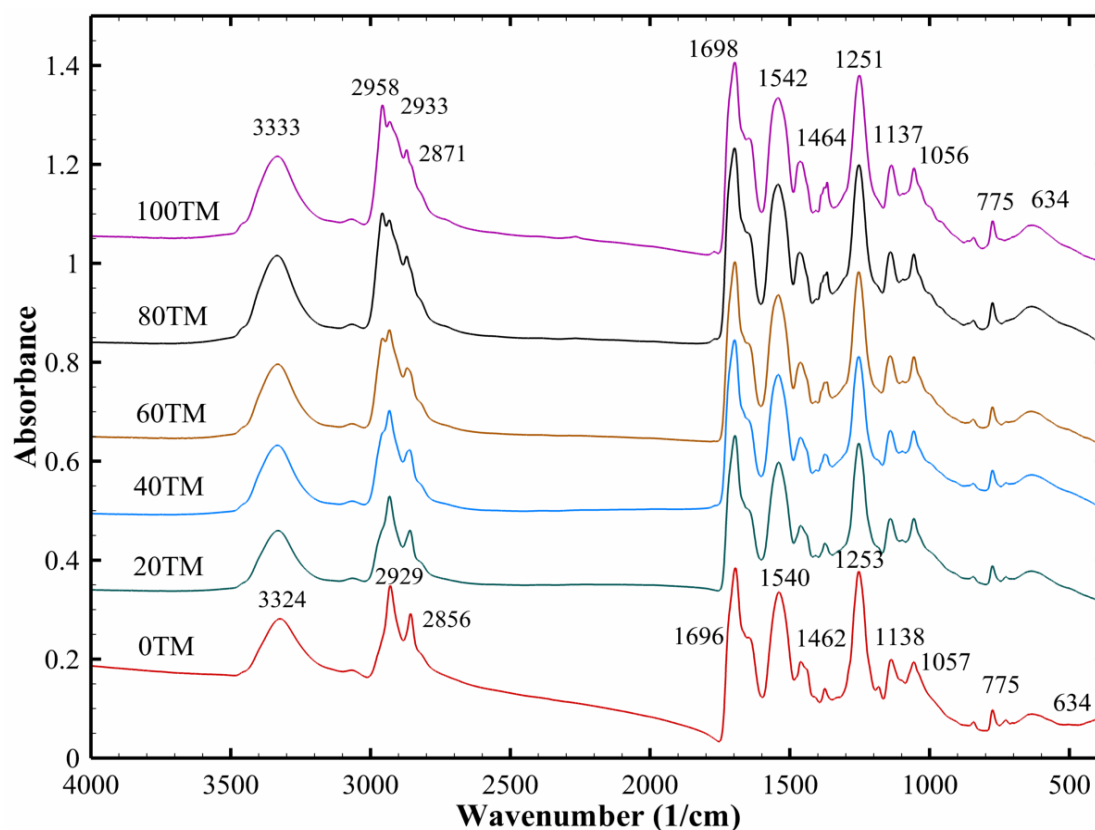


Figure 27: FTIR curves of the different foam compositions. Changes in the C-H vibrations of the $-\text{CH}_3$ groups of TMHDI are evident in the $2800\text{-}3000\text{ cm}^{-1}$, $1430\text{-}1490\text{ cm}^{-1}$, and $1350\text{-}1400\text{ cm}^{-1}$ ranges.

On the other hand, the effect of TMHDI can be readily observed across the different compositions. The differences in the C–H vibrations due to the inclusion of methyl side groups of TMHDI can be seen in the 2800–3000, 1430–1490, and 1350–1400 cm^{-1} wavenumber ranges. The peaks at 2958 and 2871 cm^{-1} in the 100TM foam correspond to asymmetrical and symmetrical C–H stretching vibrations of the $-\text{CH}_3$ groups, respectively [162]. The peaks at 1464 and 1370 cm^{-1} in the 100TM foam correspond to the asymmetrical and symmetrical C–H deformation vibrations of the $-\text{CH}_3$ groups, respectively [162]. These peaks are seen to increase in intensity due to an increase in the C–H vibration as the amount of TMHDI is increased.

2. Characterization of Foam Actuation and Actuation-Related Properties

2.1 Contact Angle

The contact angle was measured on neat/unfoamed polymer samples as these measurements on foam samples were difficult, and subject to high variability due to the porous nature of the foam surface. The measurement results of the corresponding compositions are shown in **Table 9**, and **Figure 28** illustrates the change in contact angle as we progress from the 0TM to the 100TM composition. A decrease in the contact angle from 78° to 62° is seen as the TMHDI content is decreased in the composition. This result supports the hypothesis that the introduction of methyl groups in the polymer network via use of TMHDI increases the hydrophobicity of the material. Although the absolute values of contact angle for the corresponding foam formulations can be different from those obtained from the neat samples due to the presence of urea

groups from the use of water as a chemical blowing agent in the foams, they are expected to follow a similar trend with the variation in the foam composition.

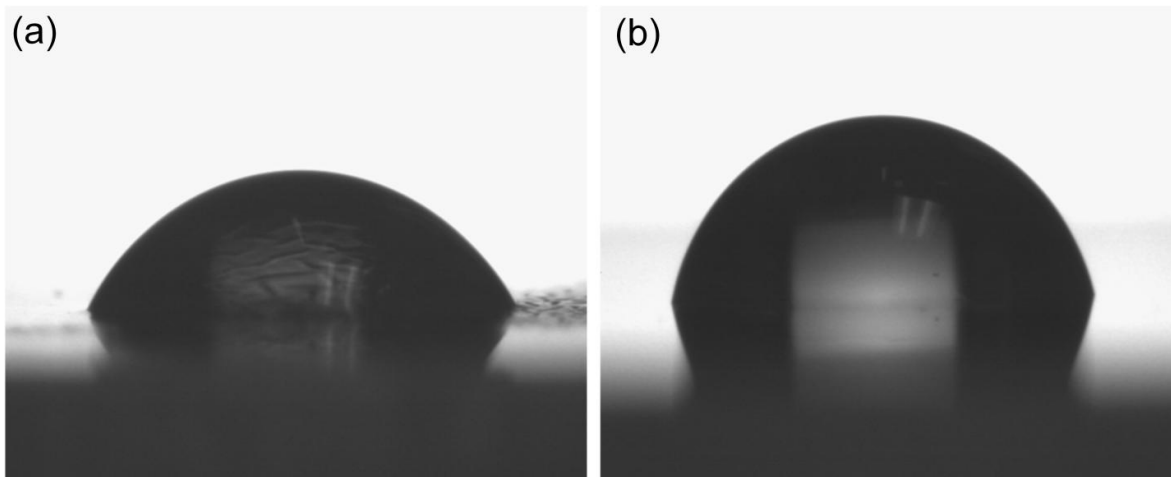


Figure 28: Contact angle images of (a) 0TM and (b) 100TM neat/unfoamed polymer compositions. An increase in the contact angle is noticed with an increase in the TMHDI content of the polymer.

Table 9: Summary of the results related to the actuation behavior of the foams.

Sample ID	Equilibrium moisture uptake (wt.%)	Contact angle (Degrees)	Equilibrium T_g ¹ (°C)	Estimated Working Time ² (minutes)
100TM	2.3±1.0	78.08 ± 2.58	39.1 ± 0.3	10
80TM	4.3±0.7	74.73 ± 2.51	30.6 ± 1.3	5
60TM	4.4±0.9	74.06 ± 0.83	26.4 ± 0.4	4
40TM	6.0±0.8	70.62 ± 3.51	21.1 ± 1.7	3
20TM	5.0±0.8	66.26 ± 4.97	15.0 ± 0.7	<3
0TM	8.1±1.9	62.55 ± 2.86	12.2 ± 0.6	<1

¹Measured after 2 hours of submersion in water.

²Defined here as the time until ~20% of the initial diameter is recovered in 37 °C water (representative of, but not necessarily equivalent to, the working time for an actual catheter-delivered device).

2.2 Equilibrium Moisture Uptake

Equilibrium water absorption values are reported in Table 9. Water uptake decreases from ~8 to ~2% as the TMHDI content is increased in the foam composition. This result is in agreement with the contact angle results and is a direct measure of the increase in hydrophobicity of the foams with increasing TMHDI content. The slight discrepancy in the trend may be due to the different cell sizes (different surface areas) of the foam samples.

2.3 Depression in T_g with Exposure to Moisture

The results of depression in the foam T_g on its exposure to water are shown in Table 9 and **Figure 29**. All foam compositions reach their equilibrium plasticized T_g value within 5 minutes of exposure to water. Kinetically, the depression in T_g is fast enough that it may be considered independent of the TMHDI composition within the tested time scale. The extent of depression of T_g , however, progressively decreases as the TMHDI content is increased, with the equilibrium T_g value going from ~12 °C for the 0TM foams to ~40 °C for the 100TM foams. Consequently, the extent of plasticization due to moisture is found to be lower (higher equilibrium T_g ~40 °C) for the most hydrophobic polymer composition.

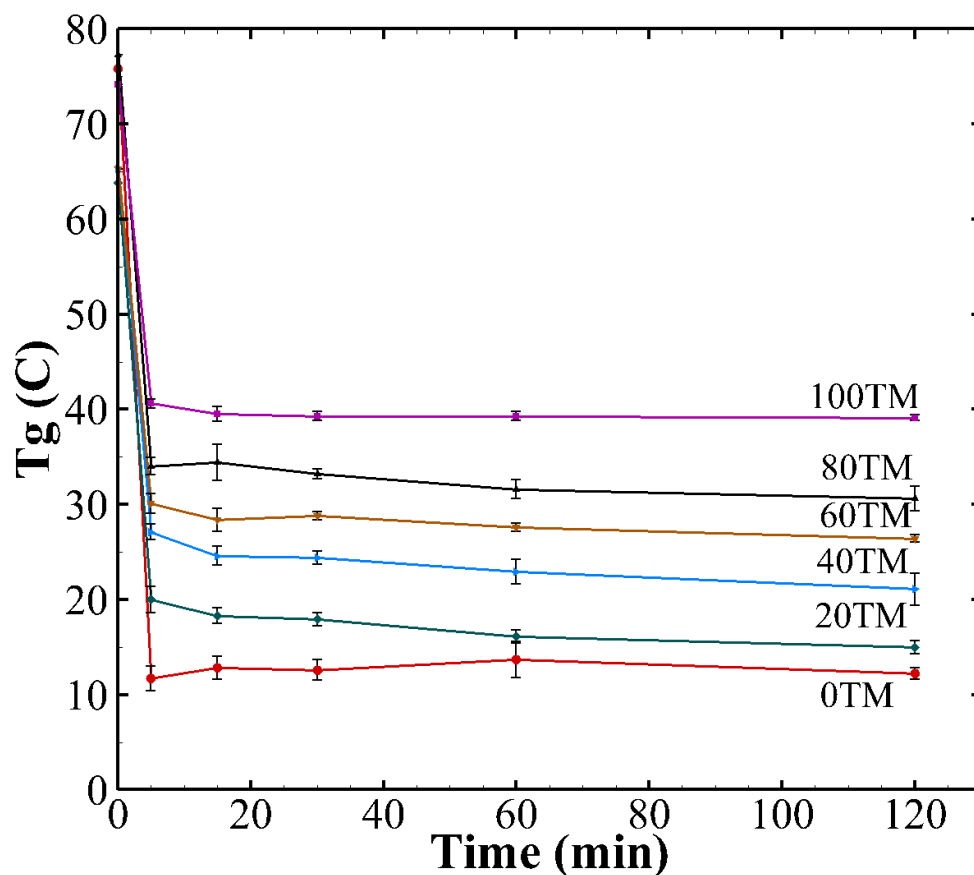


Figure 29: Change in the glass transition temperature (T_g) of the foam samples with respect to time submerged in water at 37 °C. The equilibrium T_g value is achieved within 5 minutes for all compositions. An increase in the equilibrium T_g of the foams is noticed.

2.4 Rate of Expansion of Foam in Fluid Media at 37 °C

Results of the rate of expansion of foam samples in water are shown in Table 9 and **Figure 30** and **Figure 31**. The rate of actuation decreases with increase in the amount of TMHDI in the foam formulation. The 0TM foam samples show no delay in actuation and achieve complete actuation within 2 minutes of exposure to water. Conversely, 100TM foam samples maintain their secondary compressed shape for ~10 minutes under

water, and do not recover completely to their primary shape even after 1 hour. The error bars in Figure 31 are relatively large because the maximum diameter of the expanding foams was used to generate the plot. As is evident in Figure 30, even though the average trend of actuation is the same within a given composition, the maximum diameter is not uniform across the entire length of the sample and varies across different samples of the same composition.

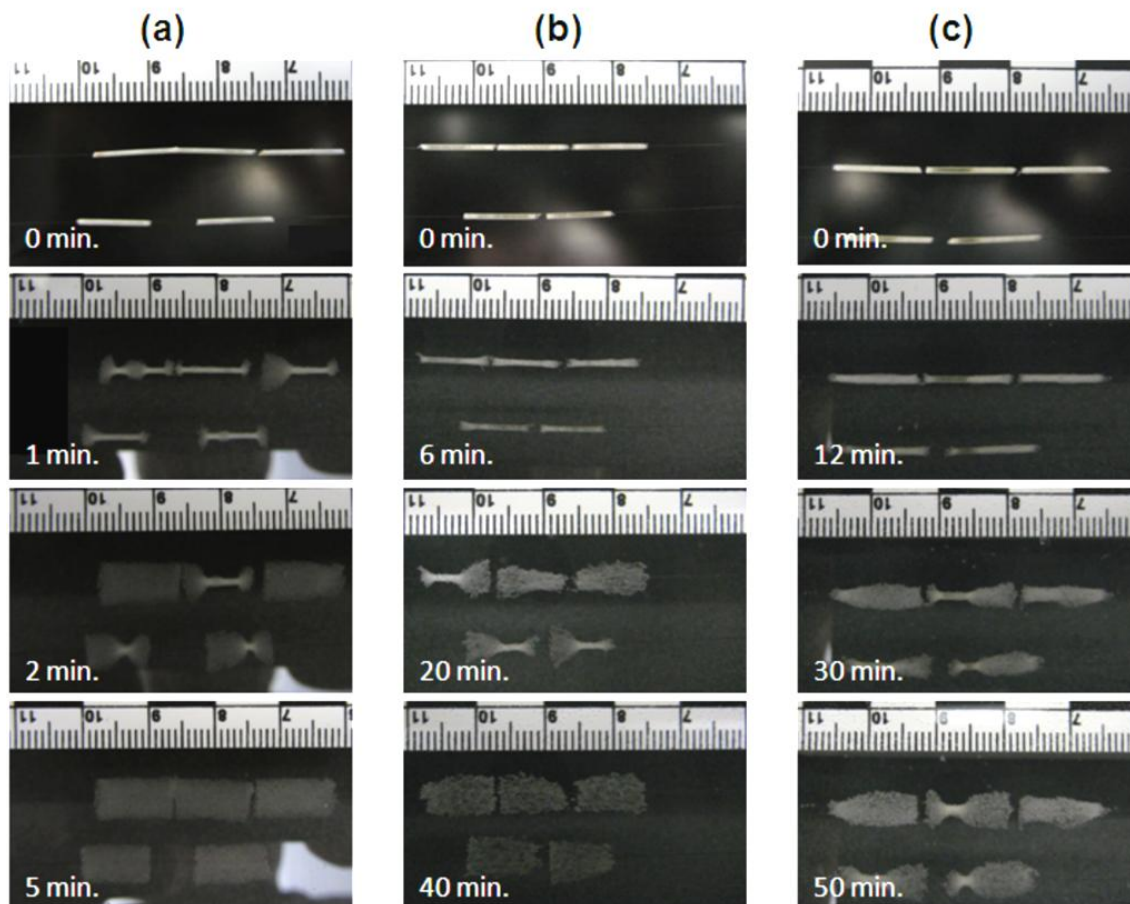


Figure 30: Rate of actuation of foam samples of (a) 0TM, (b) 80TM and (c) 100TM compositions. While the 0TM foams with only HDI in their composition actuated completely within 5 minutes of exposure to water at 37 °C, the 100TM foams did not complete their actuation even at 50 minutes.

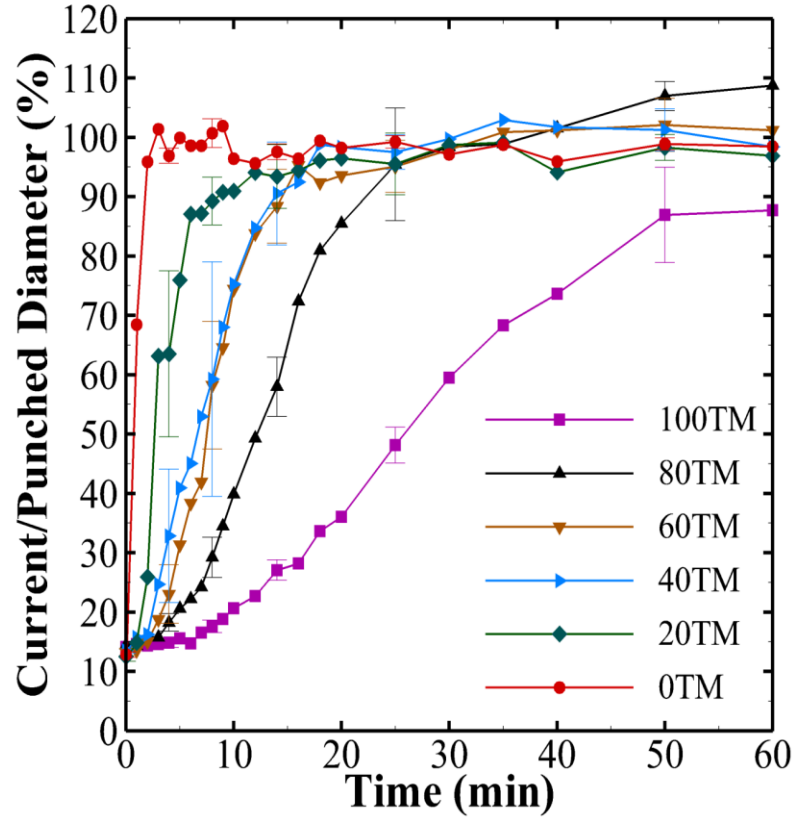


Figure 31: Ratio of the maximum diameter to the initial/punched diameter as a function of time in 37 °C water for all foam compositions. Only every fourth error bar is marked for clarity. A decrease in the rate of expansion of the SMP foam is seen with an increase in the TMHDI content.

The foam actuation rate depends on the depressed T_g in the water and the temperature of the water. As the depressed T_g of the 100TM foam is ~40 °C (i.e., slightly above the water temperature), it does not actuate as readily as the 0TM foam whose depressed T_g of ~12 °C is well below the water temperature (37 °C). It should be noted here that although these tests are conducted in water, the foams are expected to have a similar trend of actuation behavior in physiological media due to its high water content. Also, these results are reported for 6 mm diameter cylindrical samples. Although the

trends across different compositions are expected to be the same, the absolute actuation time may increase with an increase in the sample size.

2.5 Theoretical Solubility Parameter Analysis

Hoy's solubility parameters calculated for different polymer compositions are reported in Table 10. The objective of doing these calculations was to develop an understanding of the changes in the solvent (water) and polymer interactions with the variation in the polymer formulation. It is well known that the difference between the solubility parameter (δ_t) value of a crosslinked polymer and that of the solvent is directly related to the degree of polymer swelling in that solvent [158]. The calculated net δ_t of 0TM and 100TM compositions are 23.0 and 21.3 $\text{J}^{1/2}\cdot\text{cm}^{-3/2}$ respectively, resulting in a higher difference in the polymer and water δ_t values for the 100TM composition ($\delta_{t\text{ water}} = 48 \text{ J}^{1/2}\cdot\text{cm}^{-3/2}$). This suggests that the 0TM foams would undergo a higher equilibrium swelling in water compared with the 100TM foams, due to their relatively favorable chemical environment in water. The higher extent of equilibrium swelling is expected to influence the depression in T_g , and therefore the rate of actuation of the foam devices in water.

Table 10: Hoy's solubility parameters calculated for the different foam compositions.

Sample ID	$\delta_d (\text{J}^{1/2}\cdot\text{cm}^{-3/2})$	$\delta_p (\text{J}^{1/2}\cdot\text{cm}^{-3/2})$	$\delta_h (\text{J}^{1/2}\cdot\text{cm}^{-3/2})$	$\delta_t (\text{J}^{1/2}\cdot\text{cm}^{-3/2})$
100TM	16.7	10.6	7.8	21.3
80TM	16.6	10.8	8.5	21.6
60TM	16.7	11.1	8.8	21.9
40TM	16.7	11.3	9.3	22.2
20TM	16.7	11.6	9.8	22.6
0TM	16.7	11.9	10.4	23.0

To better understand the foam actuation mechanisms, we now discuss the effect of the polymer chemical structure on its interaction with water. In previous studies, it has been found that the water molecules weaken the hydrogen bonding between N–H and C=O groups and plasticize the polymer network, causing a depression in the T_g of the polyurethane SMP materials in high-humidity/water environments [55, 137, 144]. Water molecules have a small size and a high hydrogen bonding potential. Hence, when exposed to a polyurethane SMP, they can disrupt the hydrogen bonds between N–H and C=O groups of the urethane linkages of adjacent chains, and can then be inserted between these groups via mutual hydrogen bonding. Given that the hydrogen bonding is largely dynamic in nature, insertion of water molecules between adjacent chains essentially works as a lubricant, thereby increasing the mobility of the chains, that is, plasticizing the polymer [163]. By this analogy, the change in the degree of depression of T_g seen for the series of compositions here should be a function of the extent of interaction of water molecules with the urethane hydrogen bonding in the polymer. Indeed, as demonstrated by the water absorption studies and the theoretical determination of solubility parameters, the amount of equilibrium water absorbed depends on the chemical environment of the polymer. Due to higher differences in the cohesive energy densities, it is relatively energetically unfavorable for the water molecules to coexist with the polymer and undergo hydrogen bonding in the presence of higher amounts of methyl groups. Hence, a lower amount of water is absorbed at equilibrium by materials with a higher TMHDI content. With fewer water molecules between adjacent chains, that is, lower amount of equilibrium absorption of water or

swelling, the increase in polymer chain mobility is lower, leading to a lower depression in T_g in the 100TM composition. Conversely, a higher water absorption or swelling leads to a higher increase in mobility and hence a higher depression in T_g in the 0TM composition.

The primary goal of this study was to achieve improved control over the rate of actuation of SMP foam to enhance its use in a device for aneurysm treatment. The SMP foam devices are proposed to be delivered to the aneurysm site via a catheterization process while they are in their completely compressed rod-like secondary shape. As the device approaches the aneurysm site, the clinician must carefully position the device within the aneurysm so that it does not protrude into the parent artery. Ideally, the device should not start expanding until these steps of delivery and positioning are completed. However, after these steps are complete, the device should expand at a relatively fast rate to fill the aneurysm. In this regard, a concern with moisture sensitive SMP devices is that the guiding catheters and microcatheters used in surgical processes are routinely flushed with saline solution during the device delivery. This may cause a moisture-sensitive material to potentially begin expanding inside the catheter during the delivery process. It is therefore desirable to reduce the moisture sensitivity of the device such that it is able to withstand body temperature fluid environments without actuation during the entire duration of its delivery and positioning. This duration can range from 1 minute to up to 5–10 minutes, depending on the patient vasculature and the location of the aneurysm [164].

This work demonstrated that increasing the hydrophobicity of the monomers in

the foam synthesis can reduce its rate of actuation. This would allow the device to initially maintain its near-compressed shape for a longer period in water/physiological environments, and later still actuate to its primary shape in a passive/active manner to fill the aneurysm. The passive actuation of a device on exposure to water/physiological media may allow the usage of a simpler deployment device without a heating capability. However, it presents a practical tradeoff in the rate of actuation versus the working time of the device (time for which the device maintains its near-compressed secondary shape while being exposed to water/physiological media). A lower rate of actuation gives a longer device working time (as in 100 TM foams, Figure 30), but complete actuation also takes a relatively long time, which may not be preferable in all cases.

A possible strategy to mitigate the tradeoff between the rate of actuation and the working time is to use a material that has high hydrophobicity to facilitate delivery and positioning of the device, and thereafter actuate it actively by applying thermal energy. The actuation temperature of these materials can be changed by varying the ratio of the hydroxyl components HPED and TEA, as reported in Singhal et al. [30], so that they may be actuated with a relatively small amount of thermal energy to minimize the potential for thermal tissue damage. Employing active actuation of the device while utilizing the above polymer synthesis toolbox is thus expected to give a higher level of predictability and control on the actuation of the SMP foam devices during their deployment for *in vivo* embolic or regenerative applications.

C. Conclusion

SMPs have been shown to actuate below their dry glass transition temperatures in the presence of moisture due to plasticization. This behavior has been proposed as a self-actuating mechanism of SMPs in water/physiological media. However, control over the SMP actuation rate, a critical factor for *in vivo* transcatheter device delivery applications, has not been previously reported. Here, a series of polyurethane SMPs with systematically varied hydrophobicity is described that permits control of the time for their complete shape recovery in water from under 2 minutes to more than 24 hours. This control over the SMP actuation rate can potentially provide significant improvement in their delivery under conditions, which may expose them to high-moisture environments prior to actuation.

CHAPTER IV

SYNTHESIS AND POST-SYNTHESIS MODIFICATIONS FOR REDUCED DENSITIES AND COMPLETE RETICULATION OF FOAMS

As the title suggests, this chapter aims to discuss foam fabrication and processing modifications in order to achieve still lower densities ($< 0.015 \text{ g}\cdot\text{cm}^{-3}$), and complete removal of residual cell membranes from the foam cell surfaces. Both these developments were critical for the proposed application of aneurysm treatment with respect to achieving a higher embolic efficiency and control over material morphology.

Previous chapters demonstrated the gas blowing process as being highly conducive to the development of low density foams using polyurethane chemistry. However, we did not elaborate on the complexity of this method: it is a dynamic process where several factors such as raw materials [165, 166], polyol functionality [167, 168], isocyanate index [169], solution viscosity, blowing agent [170, 171], type and concentration of catalysts and surfactants [172-176], temperature of foaming [166, 177] and curing and mold size [132, 178], can play a significant role in the final physical properties of the foams. This chapter reports a broad range of formulative and process changes in foam fabrication, to achieve a new paradigm in low density SMP foams ($\rho_{\text{porous}} < 0.015\text{-}0.020 \text{ g}\cdot\text{cm}^{-3}$), and discusses the mechanism of action of these improvements.

The other topic addressed in this chapter is modulating the morphology/structure of the foams. This is another challenging aspect because of the complex role of dynamic

film and interfacial tensions in these systems during the rise of the foam [179]. The phenomenon involved in this process was summarized in by Scriven and Sterling in 1960 [180], and have since been studied in depth in multiple relevant foaming contexts [179, 181-183]. Briefly, the interfacial tensions, of the polymer-air surface during the foam rise, determine the extent of residual cell membranes via controlling the drainage of the polymer into the foam struts ([179], Appendix I). As a result, blown foams typically show a combination of open, closed, and partially closed cells [166]. However, with the growing utility in these foams in the medical industry, it is important to effectively control the removal of residual cell membranes in these materials in order to prevent any adverse possibility of dislodging of the membrane fragments and their downstream embolization, or inadequate permeation of blood/physiological fluid post implantation.

Efforts towards removal of residual cell membranes, also known as reticulation, of foams have long been under investigation. One of the earliest methods was based on leaching of the polyurethane foams with different solutions. Powers et al. [154] used one or more of sodium hydroxide, cellulose acetate, acetone, water, viscose solution and ethyl alcohol in varying concentrations for the foam reticulation. Another leaching technique was described by R. A. Volz, where he demonstrated removal of thin membranes via hydrolytic action of water in presence of a hydrolytic catalyst [156]. Also around this time, several other patents on this topic came out that involved, for e.g., leaching of foams with varying concentrations of sodium hydroxide [153]. Methods other than leaching were also investigated; Geen et al. showed that destruction of thin

membranes is possible by volatilization, or heat based destruction, via a light pulse of controlled intensity. Degree of reticulation could be determined precisely in this method [151]. Also, it was shown that efficient removal of diaphanous membranes of foams can be achieved via an explosive mixture of a combustible gas and oxygen [152]. Stark et al. suggested use of mechanical force, via high velocity air jets and pressure vessels for removal of foam cell membranes, in combination with a chemical weakening agent like methylene chloride [155]. Some variations of these methods have been used by our group previously, for e.g. hydrochloric acid based etching and cleaning of these foams (Chapter III), and they were determined to be helpful in cleaning and getting rid of the residual mobile species in the foams. However, they were mostly ineffective with respect to achieving reticulation in the ultra low density foams. This may be attributed to the relatively high modulus of foams from the highly covalently crosslinked polymer structure, as well as the fragile ultra low density foam morphology.

Here a state-of-the-art technique of plasma reticulation was employed to achieve complete reticulation of the foams. Results of fabrication of foams with the modified blowing process, and their characterization are reported. Also, the effect of plasma reticulation process on the cell structure, density, and thermomechanical properties of the foams is reported and discussed.

A. Materials and Methods

1. Foam Synthesis

HPED (99%, Sigma Aldrich Inc.), TEA (98%, Alfa Aesar Inc.), TMHDI (TCI

America Inc.), Isophorone Diisocyanate (IPDI, TCI America Inc.), and DI water (Millipore water purifier system, Millipore Inc., >17 MΩ·cm purity), were used as received. IPDI was incorporated to increase the hydrophobicity of the foams beyond what was achieved from TMHDI, based on the results of Chapter III [29]. Foams were synthesized according to the amounts indicated in **Table 11**. The three step method reported previously in Chapters II and III [29, 30] was used, with some modifications as specified below:

- 1) A new surfactant DC5943, instead of DC5179 and DCI990, (Air Products Corp.) was optimized and used for the synthesis process.
- 2) A higher amount of blowing agent, 7 ml instead of 3 ml, (Enovate, Honeywell Inc.) was employed in the gas production during the foaming.
- 3) A ~2.3 times larger mold size was used for the foam rise to allow better expansion of the foam.
- 4) Vacuum was pulled during the foaming to assist in the foam rise and counter the effect of gravity and atmospheric pressure during foam rise.

Table 11: Summary of the foam composition.

Component	TMHDI	IPDI	TEA	HPED	Water	DC5943	BL-22	T-131	Enovate
wt. %	63.45	3.38	5.69	17.01	2.32	7.12	0.25	0.78	17.78 (pph)

The wt.% value represents the net amount of the component in the final foamed polymer.

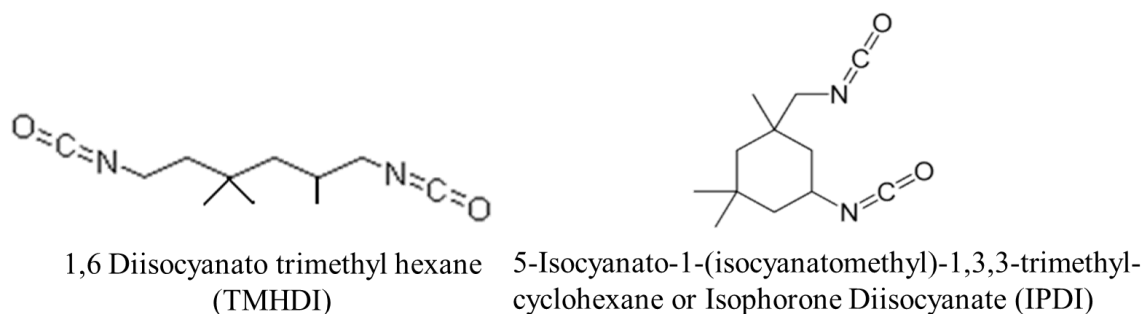


Figure 32: Molecular structures of the two isocyanates, TMHDI and IPDI, used in the study.

Briefly, the OH and NCO premixes were mixed together in pre-determined quantities maintaining an isocyanate index of 104, and the physical blowing agent was added to the solution. The mixture was then poured into the molds and placed in the vacuum oven at 90 °C. After an initial 2 minute of creaming and rise, vacuum was initiated in the oven. A slow rise in vacuum level ($\sim 2\text{-}4\text{ cm}\cdot\text{Hg}\cdot\text{min}^{-1}$) was applied until $\sim 20\text{ cm}\cdot\text{Hg}$. The vacuum was fixed at this level, and heat was turned off after 2 hours of cure. Foam was then allowed to cool down under vacuum for ~ 12 hours. Following this period, vacuum was released at a slow rate ($\sim 2\text{-}4\text{ cm}\cdot\text{Hg}\cdot\text{min}^{-1}$), and foams were removed from the mold. Foams were allowed to further cure at room temperature for at least a week before testing.

2. Foam Post-synthesis Processing

For removal of residual cell membranes, the foams were subjected to plasma treatment. Foam samples (~ 1 inch thick blocks) were placed in a plasma etching chamber (Plasma Technology Systems, Belmont, CA). An atmosphere of O_2/CF_4 gas

mixture was purged in the chamber, and plasma was generated using a mild electrode. The samples were treated for 10-20 minutes at temperatures not exceeding 35 °C.

3. Foam Characterization

3.1 Density and Cell Structure

Core density of three foam samples was measured from the representative top and middle sections as per ASTM standard D-3574. For cell structure characterization, thin slices were cut from a representative section of foams with and without post-processing reticulation treatment. Images were captured in the brightfield mode on a Leica MZ8 microscope (Leica Microsystems Inc.) using RSIImage Software (Roper Scientific Inc.).

3.2 DMTA

For characterizing the mechanical properties of the foams as a function of temperature, a dynamic temperature ramp test was performed on an ARES-LS2 rheometer (TA Instruments Inc.) according to a previously described method [30]. A torsion rectangle test fixture was used on samples cut to approximately 45 mm long, 12 mm wide, and 6 mm thick with a gap distance of 25 mm. The samples were prepared by embedding both ends in a polyurethane neat polymer to prevent damage and slippage of the foam sample in the metal grips. Dynamic temperature ramp tests were then run at a frequency of 1 Hz and constant heating rate of 1 °C·min⁻¹ from 25 °C to 150 °C. An initial shear strain of 0.2% was used. However, as temperature increased, it was

programmed to be adjusted by the control software to maintain a torque range of 0.5 to 5 g·cm, allowing a maximum strain of 10% (still within the linear viscoelastic region) at high temperatures. Data points were collected every 5 seconds. Dynamic shear storage modulus (G'), dynamic shear loss modulus (G''), and their ratio $\tan \delta$ ($=G''/G'$) were recorded using the OrchestratorTM software (TA Instruments Inc.).

3.3 Shape Memory Behavior

To quantify the shape memory behavior, constrained stress recovery tests were performed in compressive mode using the parallel plate fixture in ARES-LS2 rheometer (TA Instruments Inc.). One cylindrical sample of reticulated foam of approximately ~20 mm diameter and ~15 mm height was tested ($T_g \sim -87$ °C). The sample was first heated up to a temperature of T_g+20 °C (110 °C) and deformed to an 80% compressive strain at a rate of $2.5 \text{ mm} \cdot \text{min}^{-1}$. Thereafter, the sample was cooled to $T_g -40$ °C (40 °C) followed by heating back up to T_g+20 °C while maintaining the 80% strain. At the end of the cool-heat cycle, the strain was released at a rate of $2.5 \text{ mm} \cdot \text{min}^{-1}$ and the recovered strain was obtained from the distance between the plates when the axial force dropped to 5 g. The sample stress was monitored throughout the compress-cool-heat-release cycle, and three consecutive cycles were performed on the sample.

B. Results and Discussion

1. Proposed Mechanism of Process Modifications

The modifications in the foam synthesis process led to a significant reduction in the bulk density of the foam while maintaining an excellent structural uniformity. Specifically, we attempted to control the i) blowing agent amount (7 ml, at 2.5 times of the previous use levels), ii) mold size (2.3 liters instead of 1 liter used previously), and iii) type of surfactant (2.8 g DC5943 (Air products Inc.) enabling better compatibility with the blowing agent and foaming solution relative to previously used DCI990 and DC5179), for achieving the objective of lower densities. Also a novel process change, involving slow introduction of vacuum during foaming, was incorporated to assist in the rise and stabilization of the foams. The estimated mechanism of action of these modifications is briefly discussed below:

i) Surfactants

DC5943 is a water soluble silicone surfactant which is designed for high efficiency and cell uniformity in low density water blown polyether type foams. Both previously used surfactants DC I990 and DC5179, in contrast, are water insoluble; DC1990 is a silicone surfactant for polyester based polyurethane formulations, and DC5179 is a mild surface stabilizing agent which is typically used in combination with a strong bulk stabilizer (Air Products Corp., Product data sheets). Hence, use of DC5943, was expected to facilitate a better chemical compatibility with the polymer solution based on a qualitative consideration of the cohesive energies of the monomers, surfactant and blowing agents. For determining the adequate level of the DC5943 surfactant, initially it was used at 2.8 g level (based on product data sheets, Air Products Inc.).

Thereafter it was empirically optimized by fabricating foams with amounts of ± 2 g, in steps of 0.4 g, and comparing for foam quality (density and cell structure uniformity).

ii) Higher amount of blowing agent

For achieving lower foam densities, it is essential to have generation of larger amount of gas during the foam rise, as well as its uniform entrapment throughout the polymer matrix [129]. While incorporation of ~ 2.5 times more blowing agent in this modified process was critical to achieving the low densities, its uniform and stable dispersion through the foaming solution was possible, at least partly, due to the changes in the surfactant type. Surfactant optimization significantly improved the chemical stability of the foaming solution relative to previous formulations. Addition of such large amounts of blowing agent would have otherwise led to phase separation and generation of large voids in the foam bulk.

iii) Mold size

Mold size has previously been shown to have an effect on the final foam density [132]. In the view of the large volume expansion in the rising foam within relatively short time intervals (2-5 minutes), availability of more lateral space for expansion is expected to allow better foam rise. It is also likely to limit the effect of gravity by reducing the ratio of longitudinal to lateral dimension.

iv) Vacuum

Pulling vacuum on the rising foam is another technique to counter the effect of gravity and assist in the foam rise. Also, it was favorable to help cure the foam and

strengthen the scaffold in the desired expanded state, thereby limiting the shrinkage of foams when they return to the atmospheric pressure environment.

Other modifications such as, more efficient mixing via use of a speed-mixer (DAC 150 FVZ-K, FlackTek Inc.), and control over the foaming solution viscosity, were also employed in fabrication of these foams. **Figure 33** gives a summary of all the process modifications and their point of action during the foam synthesis. **Figure 34** and **Figure 35** demonstrate the improvement in the foam density, dimensional stability, and structural uniformity as a result of these changes.

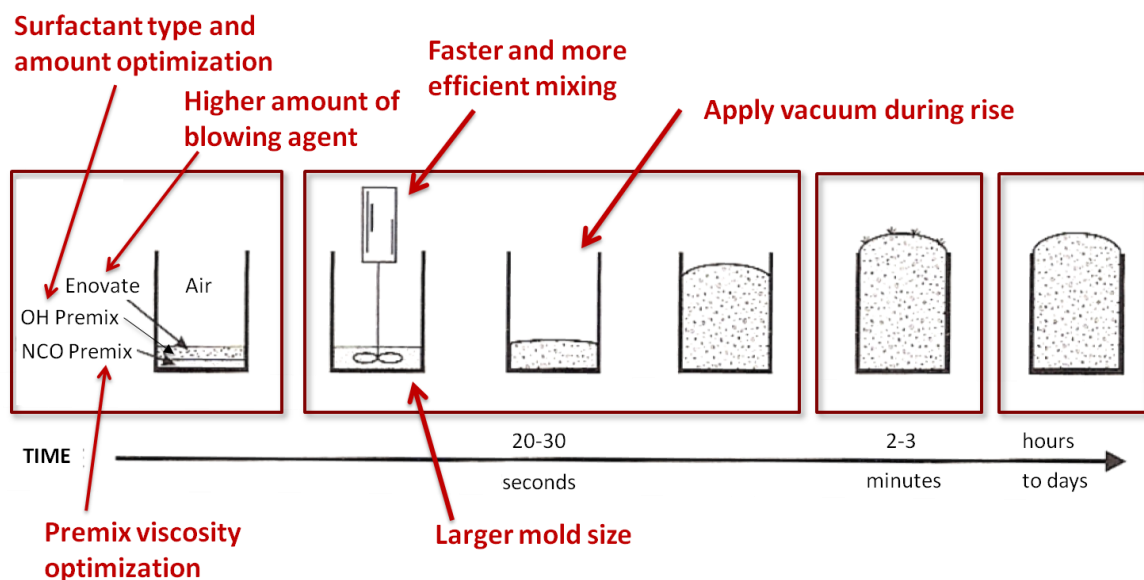


Figure 33: Summary of the process modifications employed in generation of lower density foams.



Figure 34: Comparison of the volume and dimensional stability of foams from the original process (left), to those from the modified process (right).

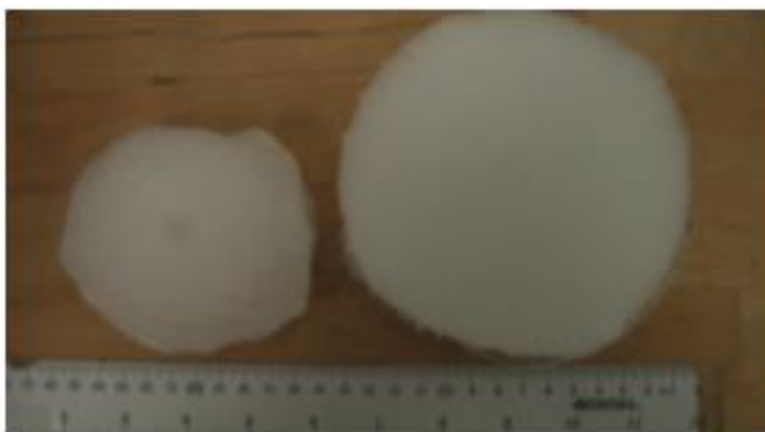


Figure 35: Cross section of foam from the original process (left), and the modified process (right). A visible improvement in the foam uniformity is observed.

2. Proposed Mechanism of Post- processing by Plasma Treatment

Plasma treatment of foams is not widely recognized for reticulation purposes. To our knowledge, one instance in which plasma has been referenced for this end use is a US patent application by Hild et al. [184]. Here polyimide based foams, aimed at achieving a range of insulation capabilities, were suggested to be plasma treated for

reticulation. In another instance, Mitsubishi SMP foams were treated with plasma for sterilization purposes, and removal of some cell membranes was observed during the procedure [23, 38]. However, this process was not pursued specifically for foam reticulation.

Plasma is a fundamental state of matter that lacks a definite shape, and is comprised of an electrically neutral medium of charged particles, that are electrically conductive, produce magnetic fields and electric currents, and respond strongly to electromagnetic forces [185]. When a polymer surface is exposed to plasma, the polymer chains are bombarded by the constituent energetic radicals. This is followed by a chemical reaction of the polymer chains that come in contact with these reactive species, and can be manipulated towards multiple end results of exposing or grafting several function groups on the polymer surface.

O_2/CF_4 Plasma is a common etch chemistry, which is thought to produce the oxyfluoro radical that functions as an aggressive etchant. On exposure to these radicals, polymer chains get oxidized and begin to break down into smaller fragments- a phenomenon that progresses further on continued exposure. Ultimately, these fragments become small enough that they can get volatilized, leading removal of the material. In other words, it is effectively a controlled oxidation (or controlled burning) process. As the residual cell membranes have a high surface area and much lower thickness compared to cell struts, they get volatilized first, leaving a reticulated cell structure behind. Further, the ultra low density of these foams limits the dampening of the plasma energy, and permits good reticulation depths via this process.

3. Foam Characterization

3.1 Density and Cell Structure

A density of $0.0083 \text{ g}\cdot\text{cm}^{-3}$ and $0.0076 \text{ g}\cdot\text{cm}^{-3}$ was achieved for as-made and reticulated foams respectively (**Table 12**). This signifies a huge improvement compared to previously reported foams, and portends significantly enhanced embolic efficiency. A uniform cell structure was observed, as seen in Figure 36 and Figure 37. Further, complete removal of residual membranes is witnessed in the foams after plasma treatment (**Figure 36 and Figure 37**).

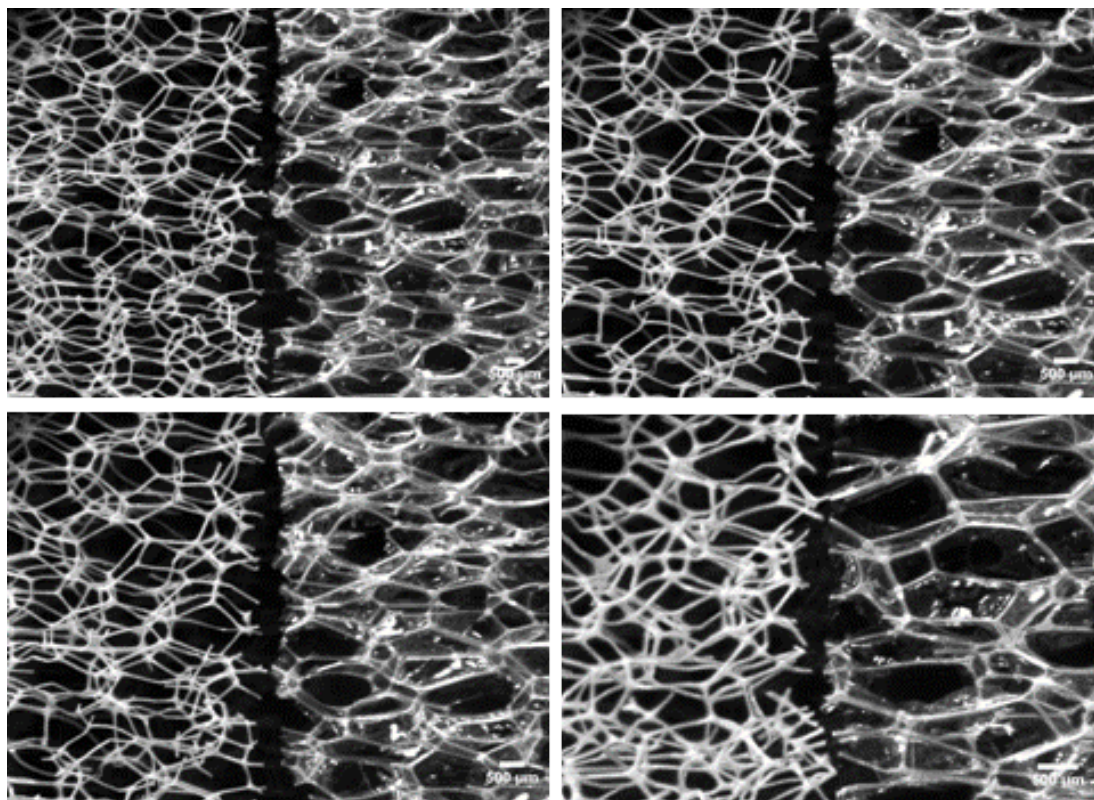


Figure 36: Foam cell morphology for as-made (right) and reticulated (left) samples, as captured through an optical microscope. Scale bar=500 μ .

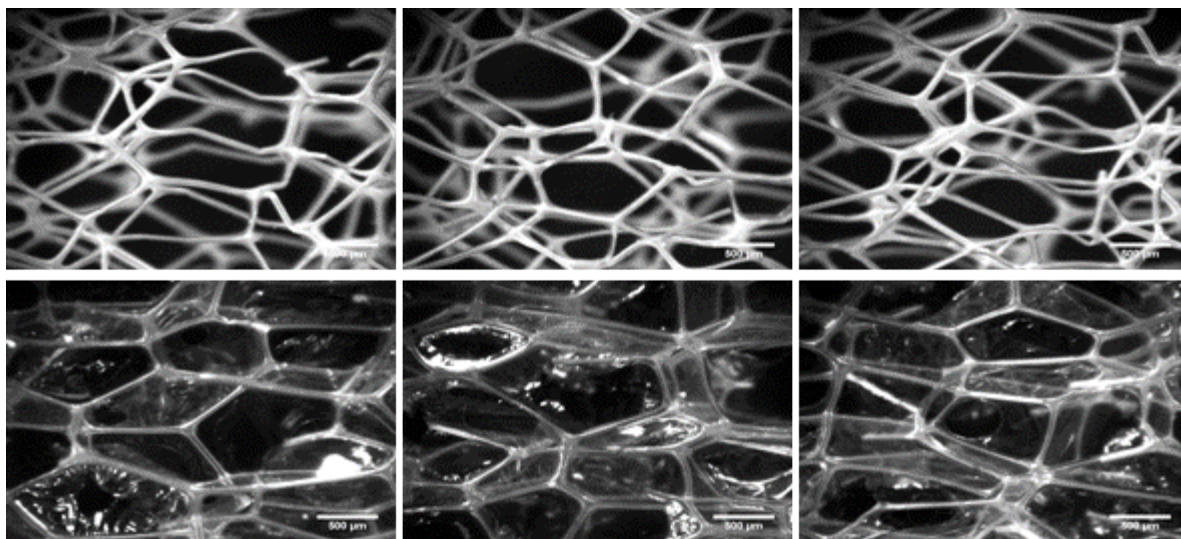


Figure 37: Foam cell morphology for reticulated (top) and as-made (bottom) samples, as captured through an optical microscope. Scale bar=500 μ .

Table 12: Summary of foam characterization results before and after plasma treatment.

Property	As-made (non-reticulated)	Reticulated
Density ($\text{g}\cdot\text{cm}^{-3}$)	0.0083	0.0076
G' glassy (kPa)	62.23 ± 7.59	31.46 ± 5.84
G' rubbery (kPa)	2.03 ± 0.33	0.89 ± 0.31
T_g ($^{\circ}\text{C}$)	83.7 ± 1.1	87.0 ± 0.5
$\text{Tan } \delta$ (peak value)	0.94 ± 0.04	0.95 ± 0.14

3.2 DMTA

Dynamic mechanical analysis results of the foam samples are shown in Table 12 and **Figure 38**. A reduction in the glassy and rubbery moduli of the foams by a factor of ~ 2 is observed. This is expected from the removal of material during the plasma treatment, and the reduced foam density. A small increase of ~ 3 $^{\circ}\text{C}$ was also recorded in

the T_g after plasma treatment. However, the features of DMA curve characteristic of shape memory behavior, such as sharp transition and large modulus drop across the transition were largely intact.

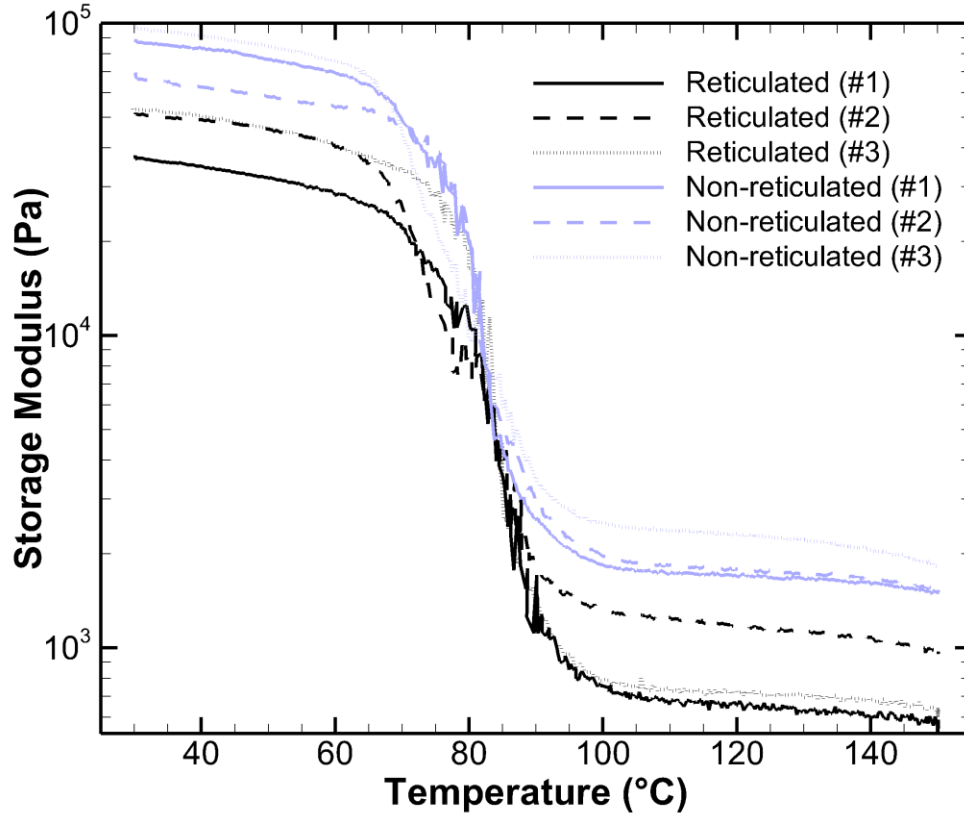


Figure 38: Dynamic mechanical analysis of foams for as-made and reticulated samples.

3.3 Shape Memory Behavior

Shape memory behavior of the foams is shown in **Figure 39**. Excellent shape recovery of ~99% was observed for all the three cycles for reticulated foams, with negligible hysteresis across cycles. This is in sharp contrast to the shape memory behavior seen with related foams in the previous work [30], where the first 2-3 cycles

invariable show a relatively high hysteresis. It is estimated that the energy consumed in rupturing the cell membranes, during the initial compression stage, forms a major component of the hysteresis in these foams. Hence the lack of membranes in the reticulated foams is likely responsible for a significantly improved shape memory behavior.

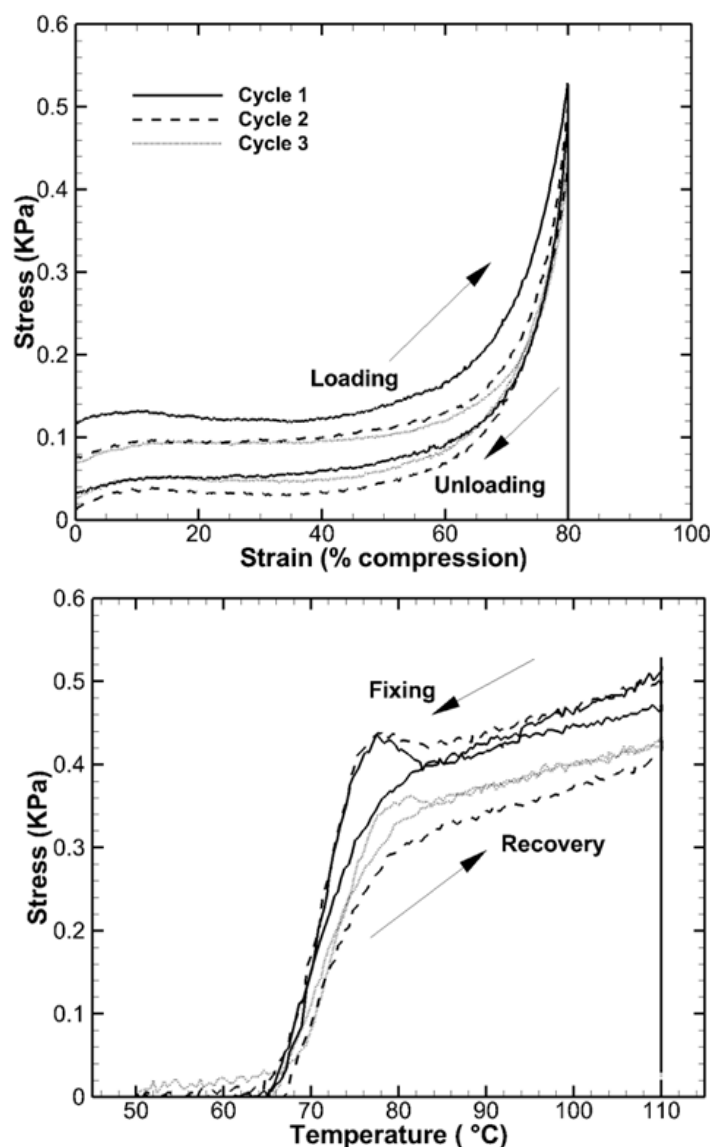


Figure 39: Shape memory behavior of the reticulated foams.

C. Conclusions

There is a persistent need of sufficiently low density SMP foams with a uniform cell structure and good mechanical properties, for development of high efficiency, minimally invasive embolic biomedical devices. Further, it is required to precisely control the foam morphology, because the as-made foams typically have a combination of open, closed, and partially open cells in their structure which pose an imminent danger in blood contacting biomedical applications. Namely, they can get dislodged causing an emboli downstream, and/or restrict better permeation of blood/physiological fluid through the foam device post-implantation.

This chapter focused on further improvement of the ultra low density SMP foams, discussed in previous chapters, with respect to two specific aspects: a) fabrication of SMP foams with an exceptionally low density, ($\sim 0.008 \text{ g}\cdot\text{cm}^{-3}$) via a multitude of additives and process advancements, and b) achieving complete reticulation of these materials using a state-of-the-art plasma treatment process on as-made foams. Further it was confirmed that the reticulated foams showed improved shape memory behavior compared to the as-made foams, with reduced hysteresis across the thermo-mechanical cycles. The advancements reported here herald a new generation of “smart” biomedical scaffolds for regenerative or embolic applications requiring high filling efficiency and controlled permeability during implantation.

CHAPTER V

BIODEGRADABLE FOAMS

Previous chapters discussed the development of a new class of “smart” SMP foams with highly covalently crosslinked polymer structure for maintaining excellent mechanical and shape memory properties at the application-specific ultra low densities, as well as achieving extremely low densities and controlled reticulation of the foam cell surfaces. Several studies critical to the application of these materials in embolic treatment of aneurysms, such as of their mechanical properties and shape memory behavior [30], inclusion of contrast agent for enabling *in vivo* imaging during device delivery [54], stresses experienced on the aneurysm wall during actuation/implantation [63], effect of moisture on the foam’s actuation temperature, [55] variation in composition to control the rate of actuation of foams in presence of moisture [29], and *in vivo* implantation in porcine models [53] have been performed in the recent years. Based on the promising outlook of these materials as reported in these studies, it was further desirable to make them biodegradable. It was hypothesized that if the implant degraded over time after the initial endothelialization of the aneurysm neck, the isolated aneurismal bulge would eventually atrophy, leading to a complete cure of the vasculature. Hence this chapter is aimed at further expanding the utility of these biomaterials, as implantable low density SMP foams, by introducing controlled biodegradability.

In order to achieve biodegradability, we developed a series of low density foams using polycaprolactone triol (PCL-t, M_n 900 g). PCL-t was a monomer of choice for introducing hydrolytically degradable ester linkages in these materials, both because it is a trifunctional monomer, in agreement with the desired highly covalently crosslinked network structure [30], and because polycaprolactone (PCL) is an FDA approved polymer that is extensively used in tissue engineering applications such as the regeneration of bone [186], ligament [187], skin [188, 189], nerve [190, 191], and vascular tissues [192]. Although a relatively low rate of degradation (2-3 years) has been observed in PCL based materials due to its high crystallinity, this degradation rate is tunable and has been shown to increase with decreasing crystallinity [193].

Here we report the synthesis process of these covalently crosslinked and amorphous degradable SMP foams based on PCL-t, HPED, TEA, and water as the hydroxyl monomers. Control over the rate of degradation was attempted by a) changing the concentration of the degradable PCL-t monomer, and b) introducing isocyanates of higher hydrophobicity, TMHDI and Isophorone diisocyanate (IPDI), in addition to HDI. Increase in the hydrophobicity of the monomers was of interest not only for its effect on the rate of degradation, but also for limiting the rate of plasticization of the polymer in physiological media, in order to enable transcatheter delivery of the device, as discussed in Chapter III [29]. Characterization of density, cell structure, thermochemical properties, shape memory, and degradation rate are reported and discussed with respect to an ideal device for aneurysm treatment.

A. Materials and Methods

1. *Synthesis of Foams*

Foam compositions are given in **Table 13**. All chemicals, PCL-t (M_n 900 g, Sigma Aldrich Inc.), HPED (99%, Sigma Aldrich Inc.), TEA (98%, Alfa Aesar Inc.), HDI (TCI America Inc.), TMHDI (TCI America Inc.), IPDI (TCI America Inc.), and DI water (>17 M Ω -cm purity, Millipore) were used as received. Foams were synthesized in a three-step method as previously reported [30]. Inclusion of the ester bonds in polymer composition however required significant optimization of the type and amount of surfactants and catalysts for viable foams, relative to previously reported formulations. Optimized levels of amine based catalyst (BL-22, Air Products Corp.), tin based catalyst (T-131, Air Products Corp.) and silicone based surfactants (DCI990 and DC5179, Air Products Corp.) as used for foam synthesis, are reported in Table 13. Foam compositions 100P-HDI, 50P-HDI, 25P-HDI and 0P-HDI refer to formulations with 100%, 50%, 25% and 0% (control) of hydroxyl equivalents from PCL-t, and the remaining from HPED and TEA in a 2:1 ratio. This denomination excludes the 41% of isocyanate equivalents that are consumed in reaction with water (chemical blowing agent), while maintaining a 104 isocyanate index in the net foam formulation. The foam compositions 100P-TMHDI and 100P-IPDI refer to formulations where HDI is completely replaced with TMHDI and IPDI respectively in the 100P-HDI foams (Table 13).

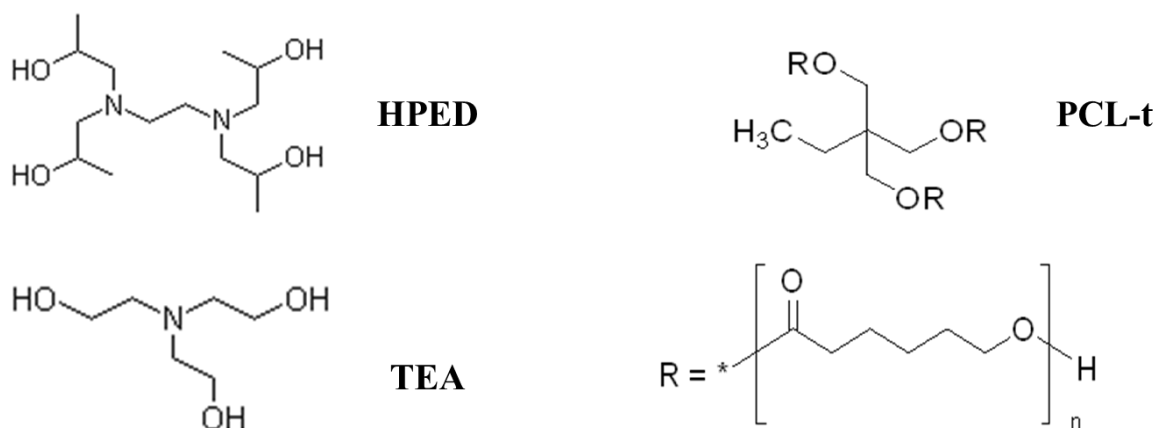


Figure 40: Molecular structures of the polyfunctional hydroxyl monomers used in the synthesis of biodegradable foams.

Table 13: Composition of different foams fabricated in the study. 0P-HDI, 25P-HDI, 50P-HDI and 100P-HDI denote an increasing concentration of the biodegradable monomer (PCL-t). 100P-TMHDI and 100P-IPDI denote substitution of HDI in the 100P-HDI composition with an equivalent amount of TMHDI and IPDI respectively.

Sample ID	HDI (wt.%)	TMHDI (wt.%)	IPDI (wt.%)	HPED (wt.%)	TEA (wt.%)	PCL-t (wt.%)	Water (wt.%)	DC5179 (wt.%)	DCI990 (wt.%)	T-131 (wt.%)	BL-22 (wt.%)
0P-HDI (Control)	62.85	-	-	19.68	6.68	0.00	2.76	3.82	3.31	0.26	0.64
25P-HDI	50.29	-	-	12.03	4.08	24.67	2.21	2.75	3.00	0.28	0.70
50P-HDI	42.19	-	-	6.73	2.28	41.39	1.85	1.91	2.55	0.31	0.79
100P-HDI	32.07	-	-	-	-	62.93	1.41	-	2.23	0.39	0.98
100P-TMHDI	-	37.12	-	-	-	58.25	1.30	-	2.06	0.36	0.90
100P-IPDI	-	-	38.42	-	-	57.04	1.28	-	2.02	0.35	0.89

The wt.% value represents the net amount of the component in the final foamed polymer.

2. *Characterization of Physical Properties*

2.1 Density and Cell Structure

Core density of the foam was measured from the representative top and middle sections of the foam as per the ASTM standard D-3574-08. Average values over 5 samples are reported for each composition. Cell structure was characterized using a low vacuum scanning electron microscope (NeoScope JCM 5000, Nikon). Foam samples were mounted on the stage and their surface morphology was captured at 5 kV accelerating voltage and 50X magnification.

2.2 DSC

T_g was measured using a Pyris Diamond DSC (PerkinElmer Inc.). A 3-5 mg sample was loaded in a vented aluminum pan at room temperature, cooled to -60 °C and then run through a heat - cool - heat cycle from -60 °C to 120 °C at a rate of 20 °C·min⁻¹. The half-height of the transition during the second heat was taken as an estimate of the T_g .

2.3 FTIR

An FTIR spectrum of the foams was collected using a Spectrum 2000 FTIR (Perkin Elmer Inc.). The sample chamber was purged with nitrogen gas for 5 minutes and a background spectrum was captured. Thereafter, thin slices (~2-4 mm in thickness) cut from foam blocks were placed in a 2 cm⁻¹ JStop holder (0.88 cm aperture). The chamber was again purged with nitrogen for 5 minutes after placing the sample, and an

FTIR spectrum was collected in the absorption mode at a resolution of 4 cm^{-1} . The test was performed in duplicate to ascertain reproducibility of the spectra. A total of 50 scans were taken for each sample and the background spectrum was subtracted using the Spectrum software (Perkin Elmer Inc.). Also, a baseline correction was performed on the resulting spectra to account for the scattering of the IR beam across the sample.

2.4 Shape Memory Behavior

To quantify the shape memory behavior, constrained stress recovery tests were performed in compressive mode using the parallel plate fixture in ARES-LS2 rheometer (TA Instruments Inc.). Five cylindrical 100P HDI foam samples of $\sim 20\text{ mm}$ diameter and $\sim 15\text{ mm}$ height were tested ($T_g \sim -20\text{ }^{\circ}\text{C}$). The sample was first heated up to a temperature of $T_g+40\text{ }^{\circ}\text{C}$ ($20\text{ }^{\circ}\text{C}$) and deformed to a 60% compressive strain at a rate of $2.5\text{ mm}\cdot\text{min}^{-1}$. Thereafter, the sample was cooled to $T_g-30\text{ }^{\circ}\text{C}$ ($-50\text{ }^{\circ}\text{C}$) followed by heating back up to $T_g+40\text{ }^{\circ}\text{C}$ while maintaining the 60% strain. At the end of the cool-heat cycle, the strain was released at a rate of $2.5\text{ mm}\cdot\text{min}^{-1}$ and the recovered strain was obtained from the distance between the plates when the axial force dropped to 5 g. The sample stress was monitored throughout the compress-cool-heat-release cycle, and five consecutive cycles were performed on each of the five tested samples. Also, the final recovered sample height post cyclic testing was measured after a relaxation period of 24 hours at $T_g+40\text{ }^{\circ}\text{C}$ ($20\text{ }^{\circ}\text{C}$) to estimate the time dependence of the shape recovery.

3. Characterization of Degradation Behavior

For testing the degradation behavior of the materials, degradation in both alkaline medium (0.1 N NaOH, accelerated degradation) and phosphate buffer saline medium (PBS, physiological degradation) were performed. Rectangular (1 cm by 2 cm) strips of foam 2-4 mm in thickness were cut from the representative areas of the foam stock. The foam samples were cleaned using a previously reported protocol for removal of residual foaming additives and partial rupture of cell membranes [29]. Briefly, the samples were soaked in 0.1 N HCl solution under sonication for 2 hours, and then cleaned for two 15 minute cycles each with a) 80-20 volume% solution of DI water and Conrad 70, and b) DI water, under sonication. Thereafter, the cleaned foams were dried under vacuum at 50 °C overnight.

The degradation study was conducted for a period of 7 months with analysis of mass loss and changes in the physical and chemical structures of the materials conducted weekly for the first 3 months, followed by once every ~3 weeks. First, the initial weight, FTIR, and gross morphology of the samples were recorded. Thereafter, they were placed in a ~1000 times weight excess of the media in labeled vials at 37 °C. Vacuum was pulled on the submerged samples overnight (~12 hours) for removal of air bubbles that may otherwise inhibit the contact of media with the polymer. Following this period the vacuum was released, and the vials were refilled to account for any loss in media due to vacuum. It was ensured that all the samples were completely submerged in water and were void of any air bubbles. Samples remained in the oven at 37 °C for the next 6 days to undergo degradation. After this degradation period, the media was removed and the

samples were rinsed in DI water, followed by drying under vacuum at 50 °C overnight. Characterization of the dried samples was performed prior to repeating their submersion in the degradation media.

3.1 Mass Loss

For estimating the pattern of mass loss of the polymers, ten samples of each composition and each media type were tested. An Ohaus Analytical Plus scale (AP250D, Central Carolina Scale Inc.) with a resolution of 0.01 mg was used for the weight measurements. Mass of samples was recorded initially (W_i), and after every week (n) of degradation (W_n). The % degradation at the n^{th} week was calculated as:

$$\% \text{ mass loss} = \left(\frac{W_i - W_n}{W_i} \right) \times 100 ; n = 1 \text{ to } 28 \quad (\text{Eqn. 5.1})$$

The average % mass loss and standard deviations calculated over the 10 samples were reported.

3.2 FTIR

Foam FTIR spectra were collected using a Spectrum 2000 FTIR (Perkin Elmer Inc.) according to the procedure detailed above (Section 2.4). Spectral changes were monitored as a function of degradation time with particular attention given to ester, urethane, and urea absorbance bands. The spectra were normalized with respect to the alkyl absorbance at 2857 cm^{-1} for analysis. However, as the alkyl groups may not remain conserved throughout the degradation period for all compositions, only a qualitative

analysis of the shift in peak absorbance was performed to estimate the mechanism of degradation.

3.3 Gross morphology

Variation in the gross morphology of the foams was captured using a camera (SX230HS, Canon Inc.). An analysis of visible morphological changes due to the sample degradation was performed from the images.

B. Results and Discussion

1. Physical Properties Characterization

1.1 Density and cell structure

Density values of different foam compositions are reported in Table 14. Foam densities ranging from 0.020 to 0.093 g·cm⁻³ were recorded. These values correspond to an average porosity of greater than 90% for all compositions, [$porosity = (\rho_{neat} - \rho_{porous})/\rho_{neat}$]; here ρ_{porous} is the foam density and average $\rho_{neat} \sim 1.1 \text{ g} \cdot \text{cm}^{-3}$ is the neat/unfoamed polymer density. The relatively small standard deviation (0.002 - 0.015 g·cm⁻³) in densities indicates good uniformity of the individual foam samples.

Table 14: Average foam densities and glass transition temperatures for the different biodegradable and control compositions.

Sample ID	Density ($\text{g}\cdot\text{cm}^{-3}$)	T_g ($^{\circ}\text{C}$)
0P-HDI (control)	0.020 \pm 0.002	70
25P-HDI	0.025 \pm 0.005	29
50P-HDI	0.047 \pm 0.015	11
100P-HDI	0.036 \pm 0.002	-19
100P-TMHDI	0.093 \pm 0.012	-11
100P-IPDI	0.035 \pm 0.005	26

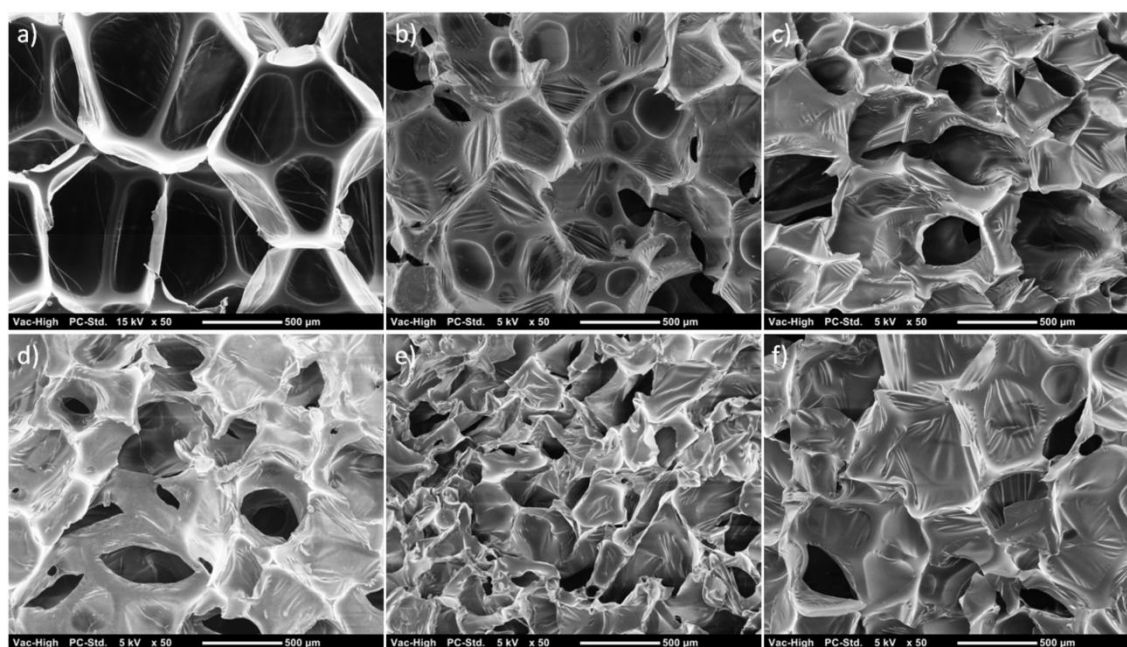


Figure 41: Cell structure as seen from Scanning Electron Microscopy for a) 0P-HDI, b) 25P-HDI, c) 50P-HDI, d) 100P-HDI, e) 100P-TMHDI, and f) 100P-IPDI foam compositions. A mixed open to closed cell morphology, with uniform cell structure is observed for all compositions. Scale bar=500 μ .

Cell structure of the foams is shown in **Figure 41**. A closed, or mixed closed to open, cell structure is observed for these foams. Thin residual membranes, similar to those reported for related materials previously [29, 30], are seen on the cell surfaces. Overall, the images depict a high level of uniformity in the cell structure of a given foam composition. This is largely attributed to the use of gas blowing process for foam fabrication, as well as optimization of the foaming additives and process parameters. For instance, fabrication of related polyurethane foams from PCL-t and HDI using the High Internal Phase Emulsion (HIPE) templating process by David et al. produced comparatively higher densities ($0.21 \text{ g}\cdot\text{cm}^{-3}$), with large variation in pore size ranging from $\sim 1 \text{ mm}$ (from the CO_2 bubbles during reaction of isocyanate with water) to $\sim 0.1\text{-}100 \mu$ [125].

1.2 DSC

T_g values of different foam compositions are reported in **Table 14** and **Figure 42**. The T_g of foams was seen to decrease with increase in the PCL-t content from 70°C (0P-HDI) to -19°C (100P-HDI). This is expected as the trifunctional PCL-t molecule can increase the free volume in the amorphous polymer network due to its longer branches relative to HPED and TEA. This increase in free volume can consequently increase the mobility of the polymer chains, and reduce the polymer T_g . Also replacing the HDI in the 100P-HDI composition with TMHDI and IPDI was seen to increase the T_g of the foams. TMHDI is expected to increase the T_g of the foams relative to HDI as the methyl groups of TMHDI can increase the energy required by the molecule to rotate about the backbone bonds.

However, its effect is relatively small (~ 8 °C). IPDI is seen to increase the foam T_g relative to HDI by a much larger extent of ~ 45 °C. This may be attributed to the significant increase in the stiffness of the backbone due to the presence of the saturated ring of IPDI in the isocyanate molecule. It is noteworthy that a single glass transition is seen for all materials. Absence of any secondary transition indicates an amorphous network structure, and formation of an all-encompassing crosslinked network with no isolated pockets of unreacted monomer that were reported for related compositions by David et al. [125].

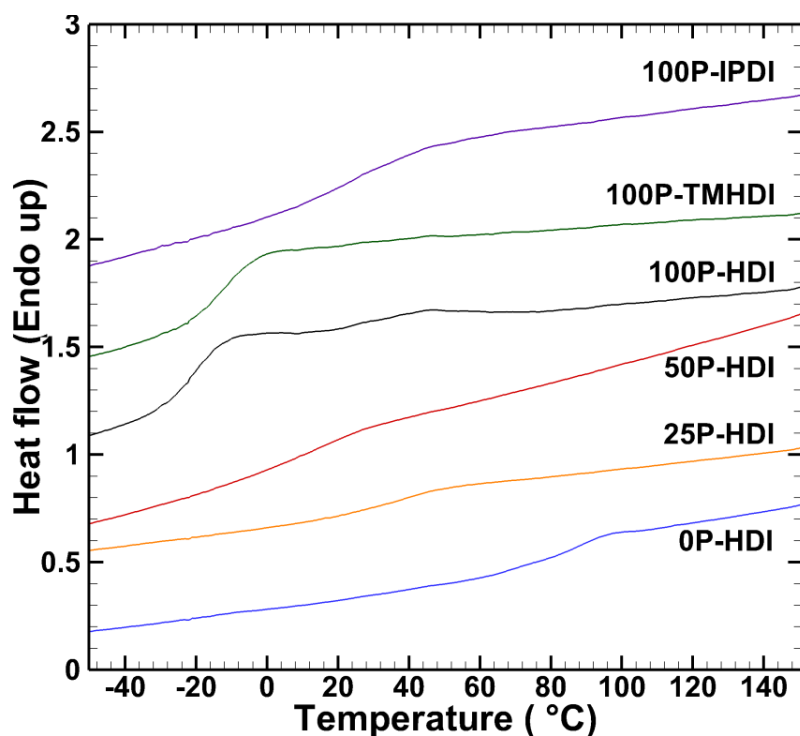


Figure 42: DSC curves of various foam compositions show a single T_g indicating an amorphous polymer network structure.

1.3 FTIR

FTIR spectra of foams are shown in **Figure 43** and **Figure 44**, and labeled to highlight peaks corresponding to ester, urethane and alkyl groups that were utilized in the degradation analysis. The urethane carbonyl band was observed in the range of $1695\text{--}1700\text{ cm}^{-1}$ range for all compositions [162]. It is clearly visible in the 0P-HDI through 50P-HDI compositions; however, it was masked by the ester peak in the 100P-HDI, 100P-TMHDI and 100P-IPDI compositions. The urethane $\delta(\text{N-H}) + \nu(\text{C-N})$ amide II and amide III bond absorbance were observed at $1530\text{--}1540\text{ cm}^{-1}$ and $1235\text{--}1250\text{ cm}^{-1}$, respectively. A urea shoulder from reaction of isocyanate with water (chemical blowing agent) was observed at $\sim 1630\text{--}1650\text{ cm}^{-1}$ for all compositions [162]. The ester carbonyl

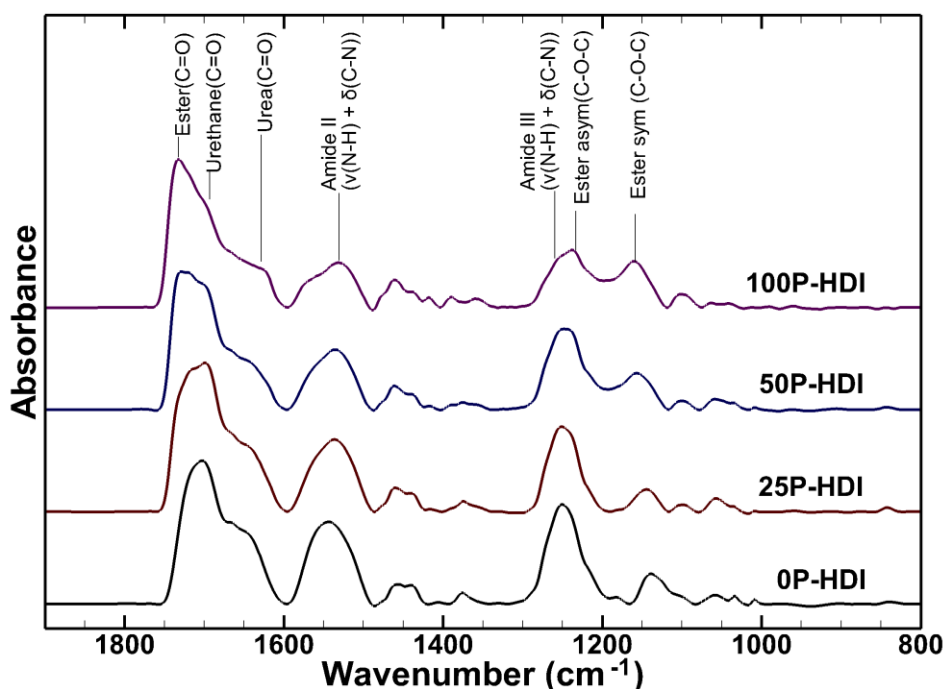


Figure 43: FTIR spectra of the samples with varying PCL-t content prior to degradation. Peaks corresponding to the ester, urethane and urea bonds are labeled for identification of respective trends.

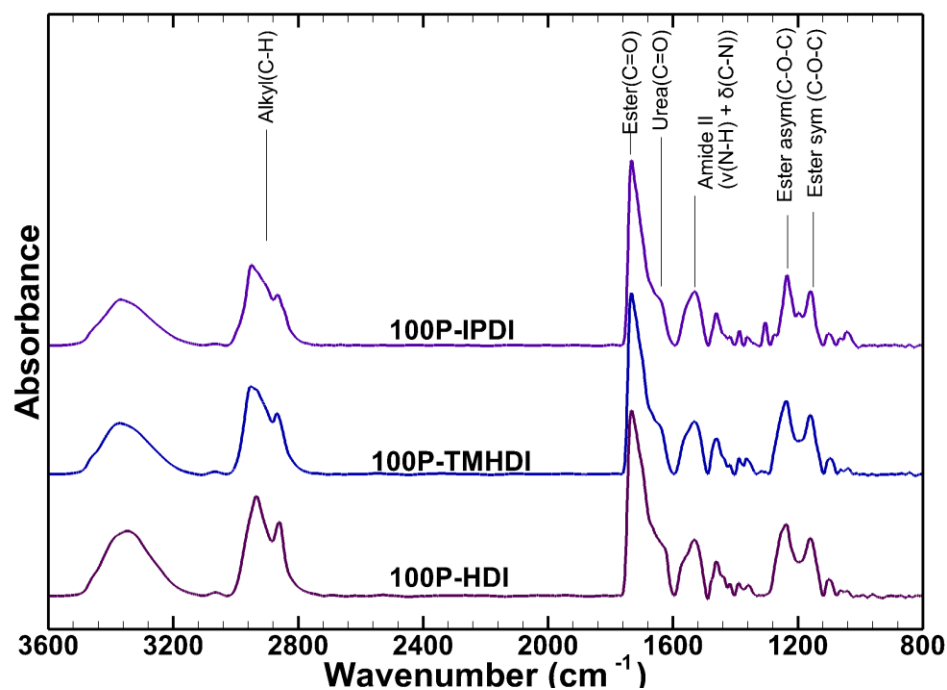


Figure 44: FTIR spectra of samples with the varying isocyanate type prior to degradation. Peaks corresponding to the alkyl, ester, urethane, and urea bonds are labeled for identification.

absorbance at 1730 cm^{-1} increased with increasing PCL-t content relative to the urethane carbonyl [162]. Similarly, the ester asymmetric $\nu(\text{C-O-C})$ absorbance at 1236 cm^{-1} and the symmetric $\nu(\text{C-O-C})$ ester absorbance is seen at 1160 cm^{-1} also increased with increasing PCL-t content [162]. The changes in the spectra from CH_3 groups of TMHDI, and saturated ring of IPDI were seen in the $2800\text{--}3000\text{ cm}^{-1}$ range in the 100P-TMHDI and 100P-IPDI compositions respectively [162].

The trends of relative FTIR absorbance were as expected. Increase in the PCL-t content of the foam (0P/25P/50P/100P-HDI) results in an increased ester content of the material. This was adequately reflected in the successive increase of ester carbonyl (C=O), and the asymmetric and symmetric ester ether, $\nu(\text{C-O-C})$, band absorbance in these compositions. Further, as the compositions with different isocyanate type (100P-HDI/TMHDI/IPDI) exclusively used PCL-t as the hydroxyl monomer, no difference in

the relative ester and urethane absorbance was observed within these compositions; however, expected variation in the signature isocyanate fingerprints could be identified in the alkyl absorbance band.

1.4 Shape memory behavior

Shape memory behavior of the 100P-HDI foam samples is reported in **Figure 45**. Excellent shape recovery of up to 99% was noticed for all five samples tested. The results obtained were similar to those obtained in a previous study of related compositions [30], i.e. the shape recovery was relatively lower for initial cycles, and was seen to improve for successive cycles. An average shape recovery of $91\pm3\%$, $94\pm1\%$, $96\pm1\%$, $98\pm1\%$, and $99\pm1\%$ respectively was recorded for the five consecutive cycles over five samples. The loss in shape recovery in the initial few cycles is often attributed to macroscopic changes in the material, such as damage to cell struts/membranes [30]. However, on storage at $T > T_g$ (20 °C) for ~24 hours after the cyclic testing, the samples showed a consistent recovery to 98-99% of their original dimensions. Hence a significant part of the otherwise minor loss in recovery in the initial cycles was eventually recovered.

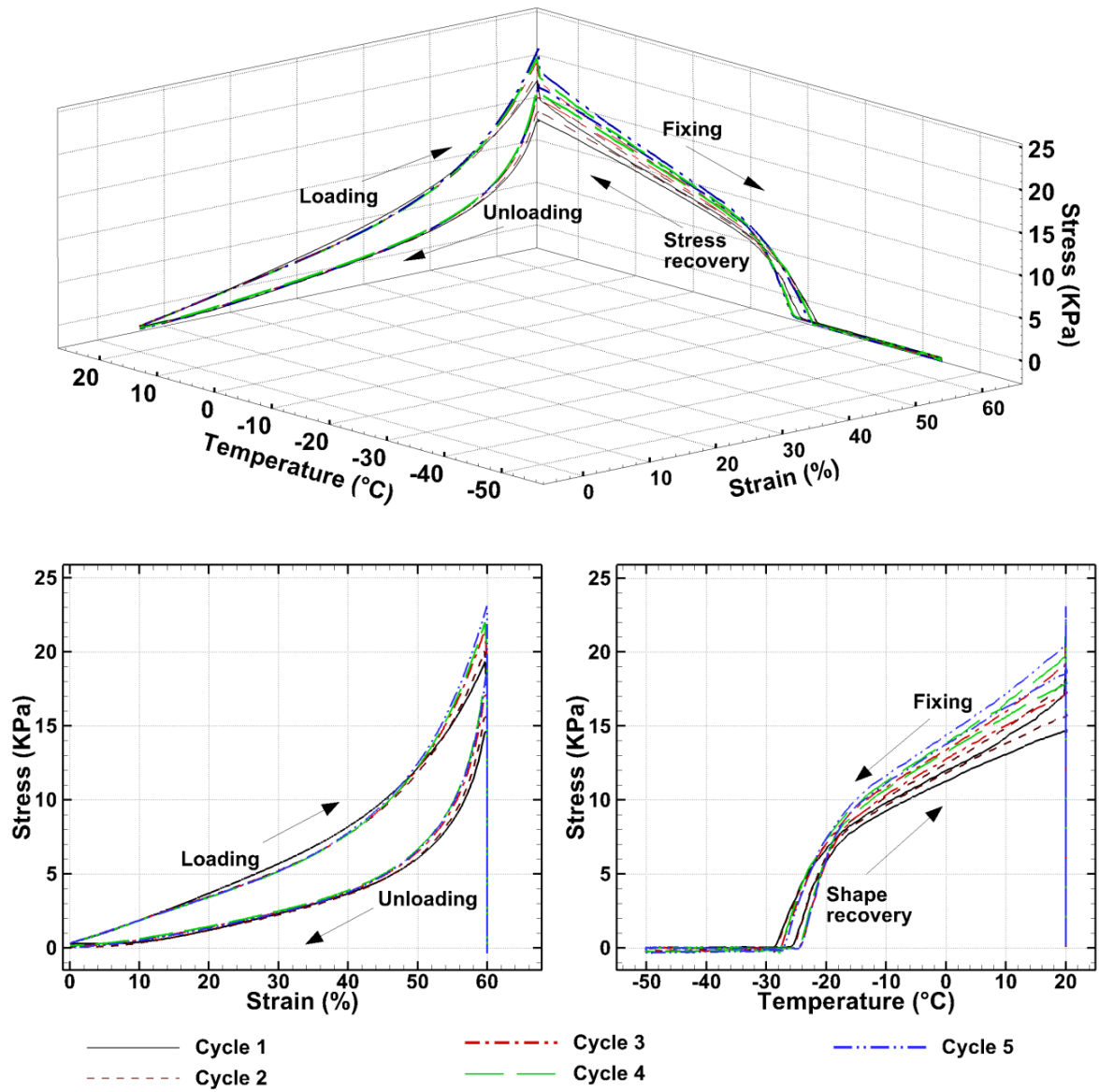


Figure 45: Constrained stress recovery shape memory tests of the 100P-HDI foam samples. The results for five cycles, representing the variation in sample stress with changes in strain and temperature during the loading, fixing, stress recovery and unloading steps, are shown in 3D (top) and 2D (bottom) formats.

2. Characterization of Degradation behavior

2.1 Mass loss

The mass loss profile of the various foam compositions in 0.1 N NaOH is presented in **Figure 46**. Both reducing the PCL-t content and increasing the hydrophobicity of the isocyanate monomer were seen to significantly reduce the rate of mass loss. The 100P-HDI composition was observed to have the highest mass loss rate. It underwent rapid degradation, and the sample was irretrievable post week 6. Fragments of the disintegrated polymer could be seen in the degradation media at week 7. These fragments gradually decreased in size and eventually reached the critical chain length for aqueous solubility, thereby undergoing complete dissolution in the media. The 100P-TMHDI sample demonstrated a relatively slower mass loss, and the sample did not disintegrate completely until week 15. But eventually complete dissolution of the polymer fragments was observed in the media, similar to those of the 100P-HDI composition. 100P-IPDI showed a still slower degradation rate, and maintained its structural integrity through the entire test duration of 7 months. The increase in material hydrophobicity with use of TMHDI and IPDI is expected to be responsible for the reduced mass loss rate in these compositions.

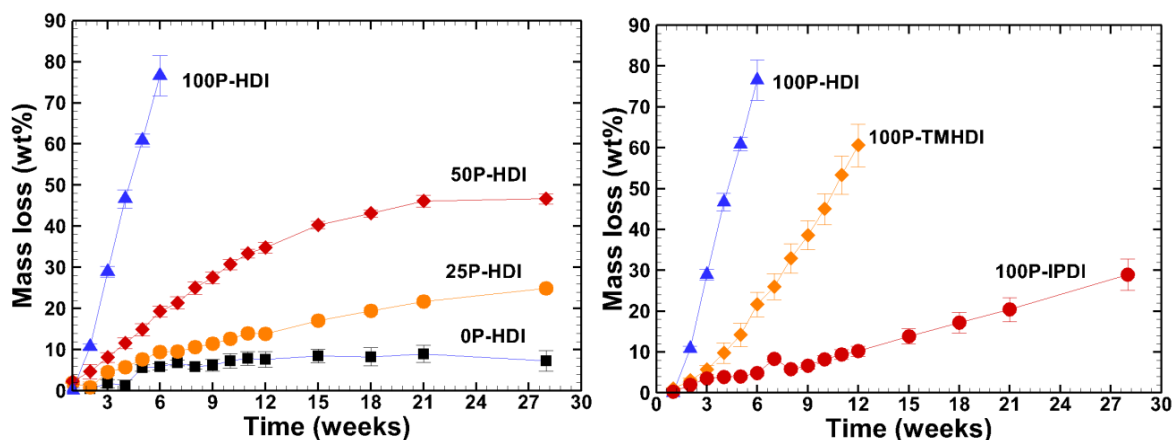


Figure 46: Mass loss profile of the different foam compositions over the first 28 weeks in 0.1 N NaOH media. The fastest mass loss is seen in the 100P-HDI composition, which has the highest PCL-t content and the most hydrophilic isocyanate monomer. The rate of mass loss is observed to decrease with both a decreasing PCL-t content and increasing hydrophobicity of the isocyanate monomer.

The rate of mass loss for both 50P-HDI and 25P-HDI compositions was also successively lower relative to that of 100P-HDI, and they did not disintegrate during the test period. This rate is expected to be limited by the diffusion of the degraded molecular fragments from the polymer. As the content of PCL-t was lower in these compositions, the average molecule size diffusing out is expected to be larger, leading to a lower rate of mass loss. Also, with a lower concentration of degradable linkages, the probability for all the branches of these crosslinked materials to get lysed and be eroded from the network is expected to decrease, again lowering the rate of mass loss. No significant mass loss was noticed for the 0P-HDI in 0.1 N NaOH, or for any composition in the PBS media during the 7 month test period.

2.2 FTIR

FTIR spectra for various compositions during the first 12 weeks of degradation are shown in **Figure 47**. The 100P-HDI composition registered a small decrease in the absorbance of ester carbonyl at 1730 cm^{-1} in the first week. This absorbance was further reduced in the 2nd week of degradation, and was negligible by the 3rd week. Concomitant reduction in the urethane carbonyl at $1395\text{--}1370\text{ cm}^{-1}$ was also observed. Hydrolysis of the urethane bond is likely not the primary cause of this reduction given that the adjacent ester bonds are more susceptible to hydrolysis. Therefore, this loss of absorbance was attributed to solubilization of low molecular weight polymer segments containing urethane linkages after hydrolysis of the adjacent ester. The rapid mass loss prevented

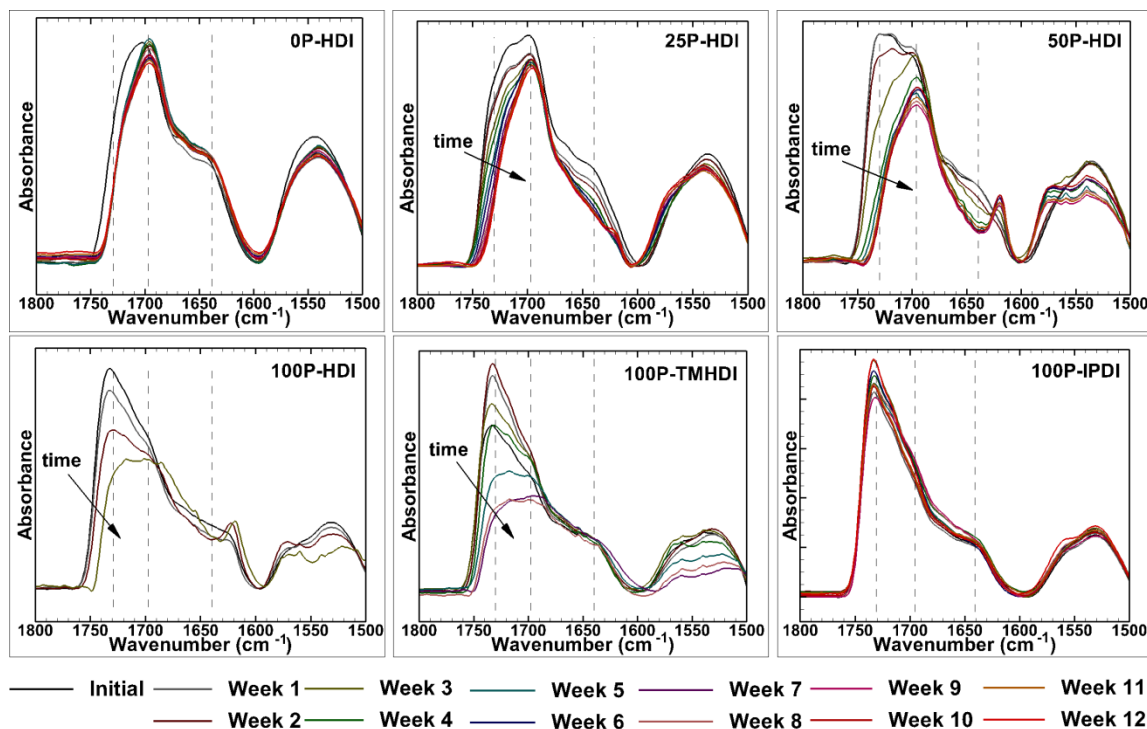


Figure 47: FTIR spectra for all the different compositions are shown as a function of time. The wavenumbers of interest, i.e. ester (1730 cm^{-1}), urethane (1695 cm^{-1}), and urea (1640 cm^{-1}) are marked with dotted lines.

collection of FTIR spectra after week 4, and the sample was irretrievable post week 6. The FTIR spectra of the 100P-TMHDI composition followed the same pattern as that of 100P-HDI (Figure 47), but the rate of degradation was slower. No significant change was noticed in the spectrum despite the mass loss until week 5. This suggests the dominance of surface degradation during the initial 5 weeks. Specimens incubated for 6 weeks displayed a loss of absorbance of ester carbonyl at 1730 cm^{-1} , indicative of initiation of bulk degradation at this stage. The sample was finally irretrievable at week 15. No significant variation was observed in the FTIR spectra of 100P-IPDI during the 12 weeks (Figure 47), despite the fixed pattern of mass loss. This may again indicate presence of primarily a surface degradation mechanism, rather than bulk erosion. The transition from bulk erosion in 100P-HDI to the primarily surface degradation mechanism of 100P-TMHDI and 100P-IPDI was attributed to the increased hydrophobicity of these polymers as compared to HDI. This increase in hydrophobicity is expected to limit access of the aqueous degradation media to the ester linkages in the bulk of the sample.

FTIR spectra of the 50P-HDI are also shown in Figure 47. Similar to the 100P-HDI spectra, a decrease in the ester absorbance at 1730 cm^{-1} is observed, indicating attack of the media throughout the entire bulk of the material. However, a relatively lower rate of decrease in ester absorbance is noticed, compared to that of 100P-HDI. Also, an increase in the absorbance of urea ($\sim 1620\text{-}1650\text{ cm}^{-1}$) was noticed over time, indicating the relative decrease in the absorbance of urethane bond. A similar degradation pattern was again observed in 25P-HDI composition (Figure 47) with a still

lower rate of decrease in ester absorbance. The trend of decrease in the ester absorbance of these compositions is in agreement with the pattern of mass loss, and the decreasing content of PCL-t monomer containing the hydrolysable ester groups. Finally, no statistically significant change in the FTIR spectra was noticed for the 0P-HDI composition (control) throughout the degradation period, which is again in agreement with its negligible mass loss.

2.3 Gross morphology

Gross morphology of the fastest degrading 100P-HDI composition at the weekly time points is shown in **Figure 48**. The sample did not develop cracks or fracture lines during the test period. The material degradation was relatively uniform throughout the sample, and may be attributed to the completely amorphous polymer structure, high hydrophilicity, and the morphological properties of low density and uniform cell structure. This indicates a bulk degradation mechanism for this composition, in agreement with the FTIR results.

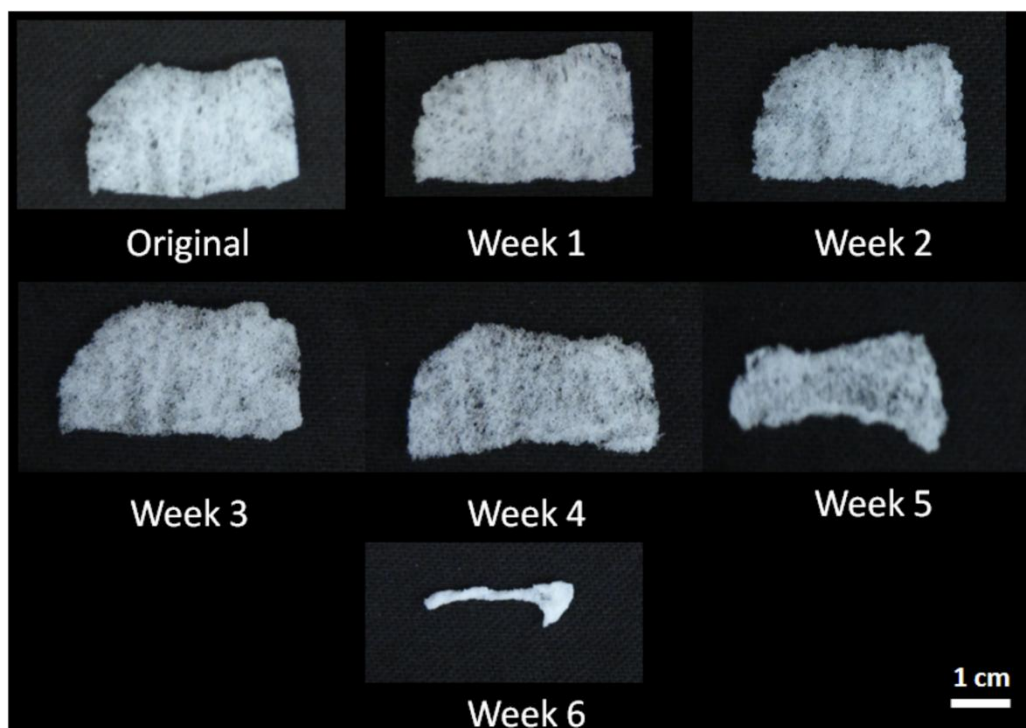


Figure 48: Gross morphology of a 100P-HDI composition sample as it degraded over the first 6 weeks. Uniform degradation was observed to occur throughout the bulk of the material, leading to a continuous thinning of the sample, until it became irretrievable at week 7.

Several biodegradable SMPs have been reported in the literature [194]. A recent review by Behl et al. reports biodegradable SMPs developed in the four primary SMP network structure categories of covalently crosslinked crystalline and amorphous networks, and physically crosslinked crystalline and amorphous networks [194]. Multiple PCL based physically and covalently crosslinked crystalline biodegradable polymers have also been reported [194]. Particularly, covalently crosslinked amorphous biodegradable SMP networks, as proposed in this work, have been reported from coupling star-shaped hydroxyl- telechelic polyesters with a diisocyanate [195]. In this

polymeric system, star shaped precursors were developed from reaction of polyfunctional initiators such as 1, 1, 1 - tris (hydroxymethyl)ethane and pentaerythrite with copolyester segments from diglycolide or other cyclic diesters and dilactide. Incorporation of a second immiscible phase, such as poly (propylene glycol), in varying content and molecular weight allowed precise control over the mechanical properties of this family of polymers. Another covalently crosslinked amorphous polymeric system was derived from UV polymerization of poly[(l-lactide)-ran-glycolide] dimethacrylates (PLGDMA), which in turn were obtained from methacryloyl chloride based functionalization of hydroxy telechelic poly[(l-lactide)-ran-glycolide] (PLG) ($1000 < M_n < 5700 \text{ g}\cdot\text{mol}^{-1}$) [196]. Also, a photo crosslinked linear ABA triblock precursor poly(rac-lactide)-b-poly(propylene oxide)-b poly(rac lactide) dimethacrylate was reported, where M_w of rac-lactide was varied from 2000 to 6000 $\text{g}\cdot\text{mol}^{-1}$ in conjunction with a 4000 $\text{g}\cdot\text{mol}^{-1}$ block of polypropylene glycol to control the mechanical properties of the material [197]. Of these materials, the polyurethanes from the star-shaped hydroxyl telechelic polyesters of $M_w \sim 870\text{-}1000 \text{ g}$ have a polymer architecture closest to that of the materials reported here, but these were developed in their neat/non-porous form.

To our knowledge, there is limited availability of amorphous biodegradable SMPs that simultaneously show a highly covalently crosslinked polymer structure and a low density porous morphology, as desired for embolic applications [30]. Related compositions of PCL-t ($M_n 900 \text{ g}$) with HDI have been reported by David et al. using the HIPE process; however, the foams were relatively dense with a non-uniform cell

structure [125]. The use of the gas blowing process for these compositions, as reported here, not only enabled reasonably low densities ($0.020\text{--}0.093\text{ g}\cdot\text{cm}^{-3}$), but also gave a very uniform cell morphology. In part, this is a result of optimization of the DCI990 and DC5179 surfactants to better stabilize the foam structure in the presence of the relatively high molecular weight PCL-t (900 g). Also the viscosity of the foaming solution was adjusted across different compositions by changing the OH/NCO ratio of the isocyanate premix to assist in the foam rise. Additional optimization of the foaming solution viscosity and the type and level of the surfactants and additives during the foaming process [30] may however still be conducted to further control the foam porosity/density and cell structure, while maintaining the shape memory properties.

Degradation rate of the materials was observed to be lower for lower PCL-t content, as well as for more hydrophobic, 100P-TMHDI and 100P-IPDI, compositions. A large portion of the synthetic biomaterials used in resorbable devices utilize hydrolytically labile groups to impart a biodegradable character. The primary steps in the hydrolytic degradation process, employed by these materials, have been identified as a) diffusion of the water in the polymer matrix, b) cleavage of the bonds susceptible to hydrolysis, resulting in low molecular weight chains or oligomers, and c) diffusion of these cleaved chains out of the polymer resulting in mass loss [198]. Consequently, the rate of mass loss or degradation can be altered by: 1) water uptake, which is influenced by the polymer composition; or 2) the rate of hydrolysis, which is influenced by the type of chemical bond and the degradation media [198]. It is expected that the use of more hydrophobic TMHDI and IPDI monomers would decrease the water uptake of the

polymers relative to HDI, thereby affecting the rate of cleavage of hydrolytic ester bonds. Indeed, surface degradation, as opposed to bulk degradation, was observed to be more dominant in the materials as the hydrophobicity was increased. Use of a lower amount of PCL-t content made it slower for a cleaved oligomer to readily diffuse out, again leading to a lower rate of mass loss. However, these materials showed a more bulk degradation effect due to their relatively hydrophilic nature from the use of HDI. This degradation study was accelerated via use of a pH 13 media (0.1 M NaOH solution), in order to achieve measurable rates in shorter time frames. No statistically significant mass loss was recorded for samples in the physiological PBS degradation media over the duration of this study. But as crystalline PCL has been shown to undergo degradation in 2-3 years in a physiological medium [193], it is expected that the 100P-HDI composition would degrade earlier than that due to its amorphous state. *In vivo* implantation of these materials will be subject to enzymatic degradation as well, which may further increase the degradation rate. The aliphatic monomers used in these compositions are expected to release biocompatible degradation products. However, animal studies or cell culture tests will need to be performed to fully ascertain the material biocompatibility.

A decrease in the T_g of the material was observed with a decrease in hydrophobicity and increase in the PCL-t content. For polyurethane materials, the as-measured dry T_g has been reported to get further depressed on exposure to water/physiological media [29]. Hence, for use of these materials for intravascular aneurysm embolization, it is essential that the depressed/plasticized T_g in fluid media is above body temperature (37 °C) to prevent premature actuation of the device during

transcatheter delivery. Based on the trends observed here, a T_g of 35-40 °C may be achieved by substituting part of PCL-t with HPED or TEA in the 100P-IPDI composition, while still maintaining degradability of the material. Given that IPDI is relatively hydrophobic, further depression in T_g in presence of water/physiological media may also not be as significant, facilitating the *in vivo* transcatheter delivery of the device [29]. It is noteworthy though, that because the rate of degradation of materials is directly affected by the uptake of water, it may not be possible to achieve a material with a high degradation rate, as well as a low degree of plasticization, in water/physiological media. Hence, it is suggested that a different strategy, such as surface modification, may be employed to limit the plasticization rate during delivery of the device made from an otherwise hydrophilic/faster degrading material.

C. Conclusions

A highly covalently crosslinked polymer network structure was maintained by use of low molecular weight, symmetrical and branched hydroxyl monomers such as PCL-t (M_n 900 g), HPED, and TEA. A control over the degradation rate of the materials was achieved by changing the concentration of the degradable PCL-t monomer in the foam formulation, and also by successively increasing the hydrophobicity of the isocyanate monomers going from HDI to TMHDI and IPDI respectively. A uniform and fine cell structure was obtained for all compositions. In addition, excellent shape recovery of ~98-99%, and a tunable T_g in the range of -19 to 29 °C was achieved. Degradation of the samples was monitored for a period of 7 months in 0.1 N NaOH, as

well as phosphate buffer saline media. An increase in the degradation rate of the foams was observed for both an increase in the PCL-t content and a decrease in the isocyanate hydrophobicity. We believe that these novel materials form a new class of low density biodegradable SMP scaffolds that can potentially be used as “smart” non-permanent implants in multiple minimally invasive biomedical applications.

CHAPTER VI

CONCLUSIONS AND FUTURE WORK

This dissertation aimed at developing novel shape memory polymer scaffolds customized for the embolic biomedical application of treatment of intracranial aneurysms. Work was performed to first fabricate the material, based on the hypothesis that a highly covalently crosslinked polymer structure would enable good mechanical properties at the desired ultra low bulk densities, using a gas blowing process optimized for achieving ultra low densities. Thereafter, characterization of the physico-mechanical properties of foams was performed to understand the effect of underlying polymer structure on the material properties, and the results were compared to other commercially available/published SMP foams. However, when further testing of these materials was done in an *in vitro* set up to estimate its efficacy in the proposed biomedical device, a problem of pre-mature actuation of foam was observed. Consequently changes were made to the chemical composition of the foams to avoid this issue. Successful tests were thereafter conducted with the modified materials. Beyond these essential “*need to have*” properties, some other desirable material modifications were made to achieve a) extremely low density values for improved device efficiency, and b) completely reticulated foam structure for controlled fluid permeability. Finally, controlled biodegradability was introduced in these materials for complete long term healing of the vasculature. The results obtained can be categorized in following four sections:

1. Fabricating ultra low density foams with a highly covalently crosslinked chemical structure using an optimized gas blowing procedure.
2. Incorporating controlled variation in the hydrophilicity of the foams to avoid premature actuation of the device and achieve a controlled actuation rate.
3. Performing further modification of the foams to achieve:
 - i. Still lower densities of $\sim 0.008 \text{ g}\cdot\text{cm}^{-3}$
 - ii. Complete reticulation/removal of residual membranes
4. Introducing controlled biodegradability.

A. Fabrication of Ultra Low Density Foams

Novel polyurethane shape memory polymer foams were synthesized based on small molecular weight polyfunctional monomers to get a highly covalently crosslinked network structure with low molecular weight between crosslinks. Based on the classical equation of $E = n_c RT$, it was estimated that low molecular weight segments between chemical crosslinks would give a high modulus, thereby leading to good mechanical properties at the ultra low material densities. A gas blowing process, optimized for this polymeric system, was employed for foam fabrication. Generation of a continuous, highly crosslinked structure was confirmed using the swelling and extraction studies which demonstrated that $\sim 96\text{-}99\%$ of mass was incorporated in the network. Furthermore, extensive hydrogen bonding was deduced from the FTIR results confirming the generation of a highly covalently crosslinked structure.

With regards to the utility of this material in the proposed device, the actuation

temperature of the foams could be customized in the highly functional range of 45-70 °C by controlled variation in the ratio of constituent monomers. Ultra low densities (~ 0.015 - $0.021 \text{ g}\cdot\text{cm}^{-3}$) were achieved, with a very uniform cell structure across the bulk of the foam; however, they were observed to have a mixed, closed to open cell morphology, with thin residual cell membranes on the cell surfaces. As expected from the polymer design, a high glassy storage modulus of 200-300 kPa was recorded despite such low densities, and an excellent shape recovery of 97-98% was achieved post initial conditioning cycles. Up to a 70 times volume expansion was recorded for these materials, which was a significant improvement over other known SMP foams. In addition, encouraging biocompatibility results were obtained on the basis of cytokine production by human blood cells *in vitro*.

As another important accomplishment in this work, the drawback of secondary-shape forming above T_g seen in the traditional physically crosslinked foams was significantly reduced through a high density of covalent crosslinks in the structure. Shape recovery of 94% (for $T_g \sim 50 \text{ }^\circ\text{C}$) and $\sim 95\%$ (for $T_g \sim 60 \text{ }^\circ\text{C}$) was achieved for these foams in contrast to $\sim 0\%$ shape recovery of physically crosslinked foams ($T_g \sim 60 \text{ }^\circ\text{C}$) under similar storage conditions (80% compressive strain at $T_g + 60 \text{ }^\circ\text{C}$ for 2 hours). Although conditions of higher temperatures, longer holding times and larger strains were not investigated in detail here, this result suggests an improved shelf life of these foams for storage in a compressed secondary shape below T_g .

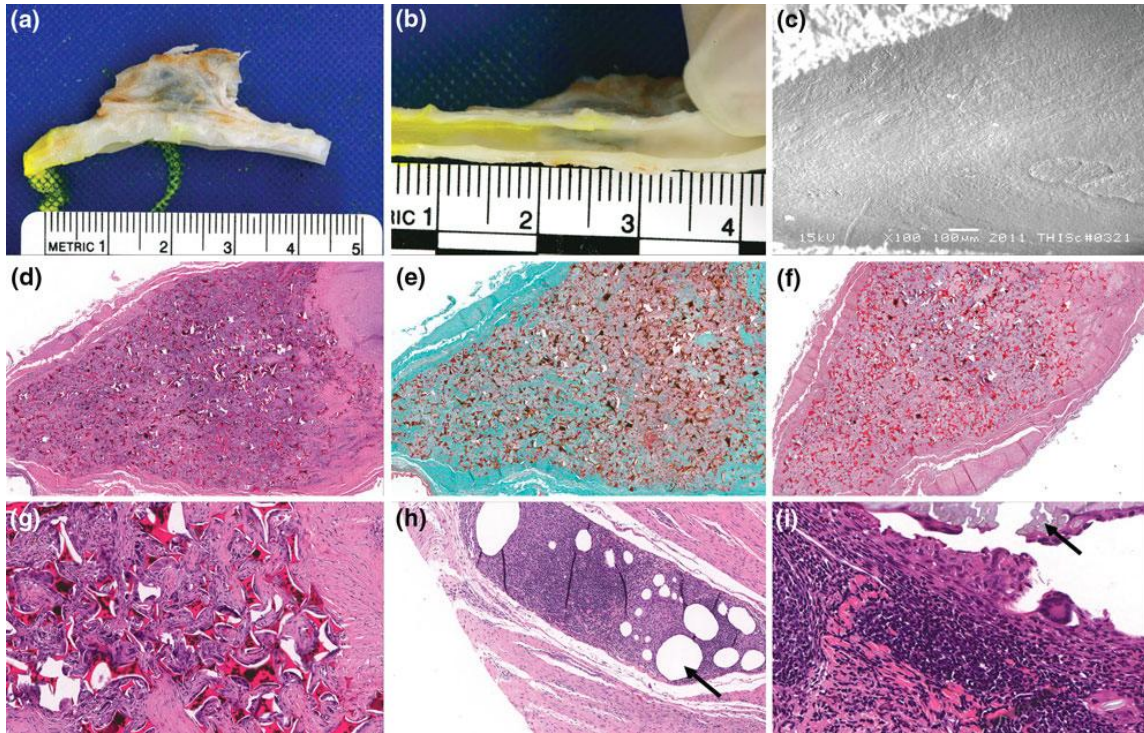


Figure 49: SEM and pathology results of implanted foams demonstrated very promising biocompatibility of the foams. Reproduced with permission from [54].

These polyurethane foams, to our knowledge, are unique in the aspect that they simultaneously show a very highly crosslinked polymeric structure and very low material densities down to $0.015 \text{ g}\cdot\text{cm}^{-3}$. These exceptional properties, in addition to the encouraging *in vitro* and *in vivo* [54] biocompatibility results, suggest that these foams are particularly promising as biomaterials for embolic devices in minimally invasive medical applications.

B. Controlled Variation in the Material Hydrophilicity

The material characterization results were very encouraging. However, initial *in vitro* testing of the embolic devices based on these materials revealed a significant problem: It was found that the material's actuation temperature got depressed to values much below the body temperature of 37 °C (~5-12 °C) on their exposure to water. This meant that as the device is inserted into the catheter for delivery to the aneurysm site, it would come in contact with body temperature saline/physiological media, and would undergo premature actuation, thereby hindering the delivery process. Other studies describing similar observation with polyurethane SMPs attributed this behavior to the disruption of N-H and C=O hydrogen bonding in the polymer by water molecules, which thereby led to an increase in the mobility of polymer chains and depressed the polymer T_g .

To address this issue, a series of low density, highly covalently crosslinked SMP foams was synthesized with varying hydrophobicity by substituting HDI with a more hydrophobic TMHDI in the foam composition, (0TM through 100TM). Contact angle and water uptake measurements confirmed that the hydrophobicity of these materials could be controllably increased via increase in the TMHDI content, consistent with the theoretical solubility parameter values of these compositions. Also, the depressed T_g could be controlled from ~12 °C (for 0TM foams) to ~40 °C (for 100TM foams) after submersion in water. A corresponding reduction in the foam actuation rate was observed, and time of complete actuation of a compressed foam device could be controlled from within 2 minutes (for 0TM foams) to up to more than 24 hours (for 100TM foams). Such control over the actuation rate of SMP foams by virtue of their

composition has, to our knowledge, not been reported before. This provides the basis of a polymer synthesis toolbox that, we expect, will be useful in the development of passively or actively actuating, embolic/regenerative porous SMP scaffolds for biomedical applications.

C. Further Modification of the Foams

In the proposed treatment of the neurovascular aneurysm, only a 1-2 Fr microcatheter with typical lumen diameter of less than 1 mm can potentially be used. This limited space is, however, required to deliver a device that can fill an aneurysm of ~8 mm diameter. Without doubt, this engineering feat demanded materials with extremely high volume expansion on actuation, beyond what had been achieved until now. Further, an improved control over the cell morphology was desired by achieving a means to get rid of the residual cell membranes in a regulated manner. These objectives were achieved as follows:

1. Still Lower Densities

Foams of significantly lower densities of down to $0.008 \text{ g}\cdot\text{cm}^{-3}$ were achieved through a series of additive and process modifications. These modifications involved a) optimization of surfactants: a more water soluble DC5943 was used and empirically optimized for the appropriate addition levels, b) use of higher level of blowing agent: a 133% increment was made in the blowing agent levels that led to increased generation of the gaseous phase for lower densities, c) use of a larger mold: a 2.3 times increase in the

mold size allowed more space for lateral expansion of the foam, and finally d) application of slow vacuum during foaming: this assisted in the foam rise and stability by opposing the effect of gravity and atmospheric pressure on the expanding foam. These modifications not only helped in reproducible densities of down to $0.008 \text{ g}\cdot\text{cm}^{-3}$, but also led to significant improvement in the structural uniformity and dimensional stability of the foams. These advancements were very promising for significant increase in the embolic efficiency of the device.

2. Complete Reticulation

Complete reticulation of the foams (removal of the residual cell membranes) was achieved using Plasma treatment. In this process, a O_2/CF_4 atmosphere was employed under low electrode power to achieve controlled oxidation of the cell membranes. This process also led to a slight increase in the actuation temperature ($\sim 5^\circ\text{C}$), and decrease in the modulus by a factor of ~ 2 . But the shape memory behavior was seen to improve significantly, showing little hysteresis in the initial compression-expansion cycles. Close to a 99% recovery was seen in all cycles of shape memory, and lack of residual cell membranes was thought to be critical to this result. In general, this state-of-the-art plasma process proved to be a highly effective and simple way for membrane removal of the foams. This was a very desirable outcome as it gives us a means to precisely control the permeability of the foams during delivery and implantation, possibly with controlled variations to the *in vivo* physiological response to the foams.

D. Biodegradable Foams

A series of novel biodegradable shape memory polymer foams were synthesized for the proposed embolic biomedical applications, to achieve complete long term healing of the vasculature. A highly covalently crosslinked polymer network structure was maintained by use of the degradable trifunctional monomer PCL-t (M_n 900 g), and the tri- and tetra- functional monomers TEA and HPED, respectively. Multiple formulations were prepared from successively increasing the PCL-t content, and from substituting HDI with more hydrophobic TMHDI and IPDI. Very low densities of 0.020 to 0.093 g·cm⁻³ were achieved for these foams. A uniform cell structure was observed across all compositions, and a high shape recovery (~98-99%) was recorded. The T_g was observed to decrease with an increase in the content of the degradable monomer PCL-t. Also, an increase in the T_g was recorded with the increase in the hydrophobicity of the material via incorporation of more hydrophobic monomers, TMHDI and IPDI, in lieu of HDI. A controlled T_g variation from -19 °C to 29 °C was thereby achieved.

The degradation rate was found to be depended on the PCL-t content, as well as the hydrophobicity of the composition. The composition with the highest PCL-t content and lowest hydrophobicity (100P-HDI) achieved complete degradation in 0.1 N NaOH in 5 weeks. On the other hand, replacing the HDI with more hydrophobic monomers or reducing the PCL-t content, greatly reduced the degradation rate with 100P-IPDI and 25P-HDI showing only ~29% and 25% mass loss respectively at 28 weeks. FTIR analysis of the degrading samples showed an increasing prominence of surface

degradation as opposed to bulk degradation as the hydrophobicity of the material was increased by incorporation of TMHDI and IPDI.

The excellent morphological and shape memory properties in conjunction with the control over degradation rate of these biodegradable foams suggested their utility in multiple non-permanent minimally invasive implants comprising low density smart scaffolds.

E. Future Directions

This dissertation laid the groundwork for establishing the methods for fabrication and processing of ultra low density SMP foams, and understanding the effect of underlying molecular structure on the physico-mechanical properties of these novel polymeric systems. Further, it demonstrated the feasibility of their use in an embolic medical device; a device based on a combination of the 0TM ($0.020 \text{ g}\cdot\text{cm}^{-3}$) foam, and the much lower density ($0.010 \text{ g}\cdot\text{cm}^{-3}$) 80TM composition foams has been successfully implanted in a porcine model using a transcatheter procedure, and is currently undergoing animal trials for longer term (3 to 9 months) biocompatibility. Going forward, the main emphasis is initially expected to be towards translating the understanding achieved from the studies of plasma reticulation process, and biodegradable foams, into clinically relevant devices.

With respect to reticulation, the various process variables of plasma treatment procedure need to be optimization for a given material. This may be geared towards achieving complete reticulation throughout the sample, or a graded reticulation as a

function of sample depth, in order to modulate the permeability of the device in physiological fluid/blood. Optimization may also be necessary as the material composition is changed. In essence, a complete understanding of a) the mechanisms of interaction of the plasma and foams, and b) the effect of the parameters such as gas composition, temperature, gas concentration, applied voltage, sample size, and sample positioning, needs to be developed.

With respect to the biodegradable materials, the current work gives us a detailed understanding of the trends of actuation temperatures, degradation rates, and the degradation mechanisms of the foams, with changes in the material composition. For the final biomedical device, further optimization of the foaming additives will need to be performed for the material composition with preferred characteristics of actuation temperature and degradation behavior, to achieve densities in the desirable range. Another direction is to generate the degradation rates in a purely PBS media, with or without physiologically relevant enzymes, to get an estimate of the *in vivo* degradation period of these devices after implantation. While experimental determination of these degradation periods may take a long time, time-temperature superposition techniques can provide relevant data within a more favorable time frame.

Overall, this family of ultra low density biomedical scaffolds presents a highly promising avenue for the future of minimally invasive implantable embolic/regenerative devices, and forms an exciting area for continued research.

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APPENDIX A

PHYSICO-CHEMICAL PROCESSES DURING FOAM BLOWING

This appendix discusses the physical and chemical processes that underlie the fabrication of foams via the gas blowing method of foam synthesis. As discussed in this dissertation, synthesis of the foams (proposed here) is performed in three steps:

- i. First an isocyanate (NCO) premix is prepared by addition of 35-45% hydroxyl equivalents to the isocyanate component. As this premix is allowed to cure, end-capping of 35-40% of isocyanates with hydroxyl groups (HPED, TEA or PCL-t) occurs, leading to the formation of relatively longer polymer chains. By changing the % hydroxyl equivalents added in this premix, the viscosity of the solution can be effectively controlled in the range of ~2 to 60 Pa.s.
- ii. In the next step, a hydroxyl (OH) premix is prepared. This premix contains the balance stoichiometric amounts of hydroxyl monomers and chemical blowing agent (water), along with the surfactants and catalysts. It is prepared just prior to the foaming process.
- iii. In the third step, the NCO and OH premixes are mixed together in predetermined ratios, with the physical blowing agent (Enovate; HFC 245-fa), and placed in an oven at 90 °C.

The blowing begins at this point; starting from the mixing of reactive components to the end foam product, the process can be divided into four primary phases based on the extent of reaction and development of the porous foam morphology (Figure 50):

Phase I

On mixing the OH and NCO groups together, we initially have a homogeneous liquid mixture comprising isocyanates end capped with hydroxyl groups (from the prepolymer), unreacted isocyanate and hydroxyl monomers, OH polyol (it has been shown that hydroxyl groups associate with each other via hydrogen bonding and this process assists in the polyurethane reaction by weakening the O-H bond of the alcohols) [199], foaming additives (surfactants, catalysts, and blowing agents), and some urea hard segments from the moisture that may get in the mixture from atmospheric moisture.

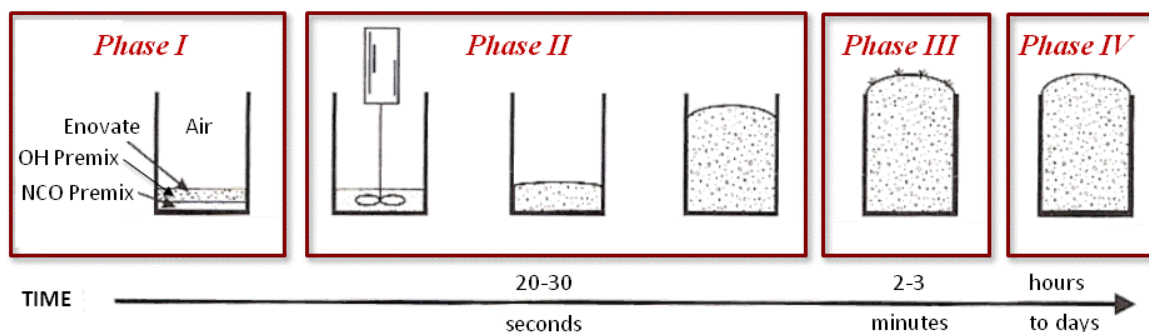


Figure 50: The four main phases of generation of a foam via the gas-blowing method: Phase I- Mixing of reactive components, Phase II- Foam rise, Phase III- Gelation/Vitrification, and Phase IV- Further cure.

Phase II

The reaction continues via formation of urea and urethane linkages as we mix the components together. As the degree of polymerization increases, traditional segmented polyurethanes undergo a thermodynamic instability at a certain degree of polymerization of the hard segment (N_h). This thermodynamic incompatibility is explained by the Flory-

Huggins theory, and at this point the value of χN_h , where χ is the Flory-Huggins interaction parameter, reaches a critical value. In traditional polyurethanes, this has been shown to happen at approximately 40-50% of the isocyanate conversion [200]. The thermodynamic instability drives the microphase separation of the urea segments from the urethane linkages, forming discrete balls or interdispersed areas of urea hard segment in the polymer. This phase separation is shown to occur by spinodal decomposition [200], and takes place uniformly over the entire material. The covalently crosslinked amorphous materials discussed in this dissertation, however, do not undergo this microphase separation; they form a monolith amorphous crosslinked structure.

Another significant process occurring simultaneously with the chemical reaction is the foam expansion and development of the porous foam morphology. Basic source of foam expansion is the generation of gas, either CO₂ from the isocyanate-water reaction, or from the physical blowing agent that gets activated in the increased temperature; either from the heat of the oven (90 °C), or due to the exothermic reaction (the foaming is shown to be a quasi-adiabatic process and the temperatures of the interior of foam quickly rise to around 80 °C). The generation of porous morphology of the foams is based on the formation of polyhedral polymer structures around the air bubbles. As the air bubble nucleates and grows in size, these polyhedral structures generate defined areas of polymer meniscus, and polymer lamella (**Figure 51**). The meniscus has a larger reservoir of polymer, which limits its polymer-air interface relative to the lamella. As a result, a gradient in the surface tension is developed at the polymer-air interface stretching from the lamella to the meniscus (**Figure 52**). This gradient causes the

drainage of polymer from the lamella to the meniscus, leading to the thinning of the future “cell membrane” of the foam. Viscosity of the polymer, as well as the rate of increase in viscosity with the polymerization reaction, play an important part in the determination of the rate and extent of polymer drainage, and hence in the stability and final morphology of the foams. For instance, a very high rate of drainage of low viscosity solutions may destabilize the foam and lead to its collapse, while a very slow rate of drainage of high viscosity solutions may lead to a primarily closed cell structure with thick cell membranes. Surfactants in the polymer solution hence play a critical role by changing its surface tension, stabilizing the polymer-air interface, and thereby modulating the rate of drainage of the polymer from the lamella. Similarly, catalysts are very important for ensuring that the polymerization reaction occurs at an adequate pace to allow sufficient time for polymer drainage, while simultaneously generating the mechanical strength necessary for supporting the growing structure.

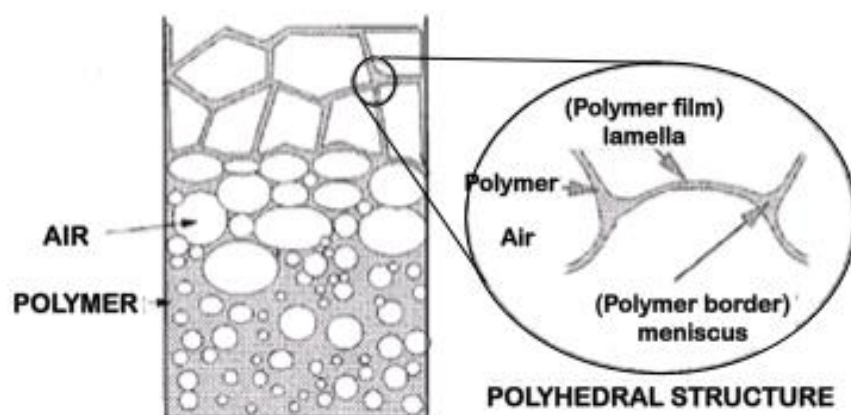


Figure 51: Formation of polyhedral structure of foam cells around the gas bubbles with defined regions of lamella and meniscus.

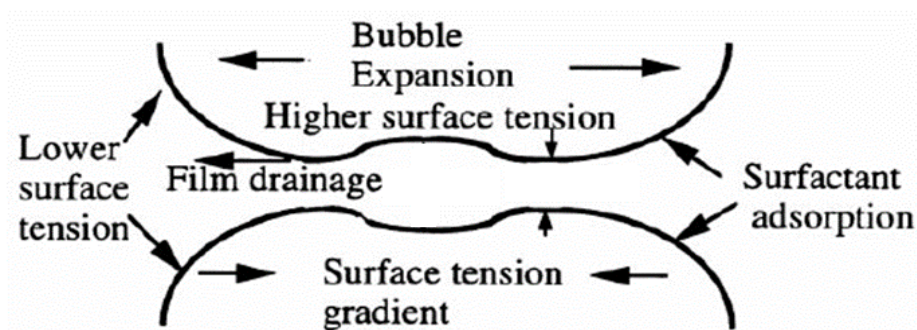


Figure 52: A surface tension gradient occurs from the lamella to the meniscus, which leads to the drainage of polymer into the meniscus, thereby thinning the lamella (or the future cell membranes).

With continued drainage of the polymer to the meniscus, cell opening may eventually be achieved [179]. However, this requires a very fine balance between the polymer drainage and foam stability. Hence, complete cell opening of all the cells is typically not seen in the as-made blown foams [129].

Phase III

At approximately 70% isocyanate conversion (for traditional polyurethane foams), vitrification/physical gelation of the polymer takes place. This is defined as the Berghman's point, and vitrification of the polymer at this stage freezes in the foam morphology. In other words, this transition means that the phase has attained a composition with T_g equal to the temperature of the reacting system, and the foam morphology and phase separation is arrested at this composition by the glass transition (Berghman's point). It is also known as the physical gel point or the end of rise time. The modulus increases by almost a factor of 25 for typical polyurethane foams at this point.

Phase IV

After vitrification, the reaction still continues, albeit in a medium with increasing viscosity and stiffness. Any CO₂ that is released at this stage gets entrapped in the closed cell (is not able to rupture the cell membrane, but can reversibly expand the elastomeric membrane) [200].

APPENDIX B

FOAM PREPARATION FOR MECHANICAL TESTING

This appendix describes the method that was used for preparing the foam samples for the DMTA tests in ARES rheometer (TA Instruments Inc.). DMTA was performed in the torsional mode using rectangular samples of foams, ~45 mm long, 12 mm wide, and 6 mm thick. To maintain the low density foam structure while clamping, and to avoid the damage of the samples from the metal clamps, their ends were embedded in a low T_g neat polyurethane material (Urethane RTV System- Shore A-30, TAP Plastics Inc.).

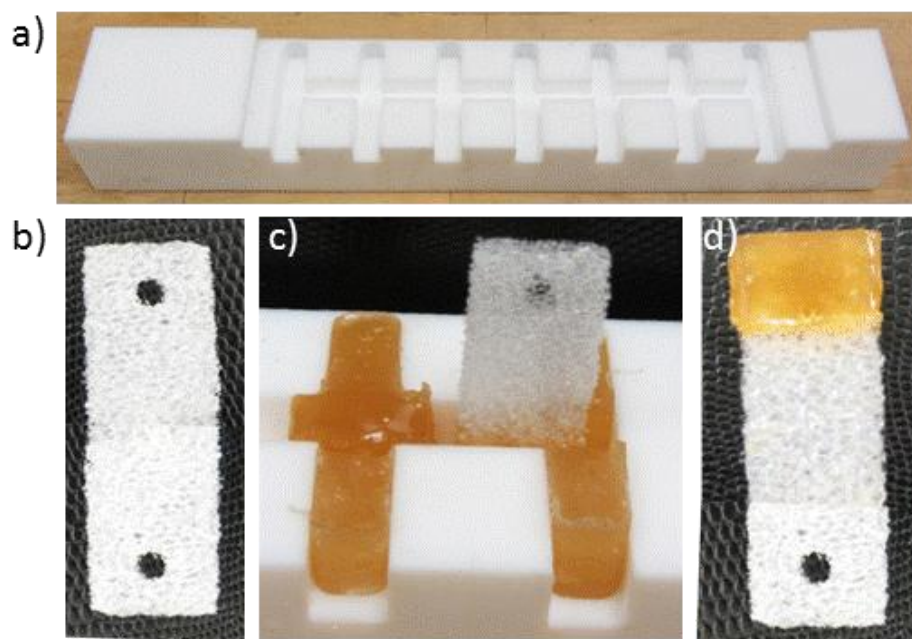


Figure 53: Preparation of foam sample for DMTA tests.

A custom made Teflon mold was used for this purpose (**Figure 53 a**). A hole was punched through the foam in the area to be submerged in the polymer resin, to allow better permeation and adhesion of the neat polymer with the foam (**Figure 53 b**). Thereafter, the foam sample was placed in the mold well and the polyurethane solution was poured in. This assembly was allowed to cure for ~2-3 hours (**Figure 53 c**). After cure, the sample was released from the mold (**Figure 53 d**), and the process was repeated on the other side. The neat polyurethane (Urethane RTV System- Shore A-30, TAP Plastics Inc.) used here is in its rubbery state at room temperature (20-30 °C). This offers an additional advantage of being able to trim the external dimensions of the cast, as per the requirements, after embedding the foam.

APPENDIX C

DETERMINATION OF SOLUBILITY PARAMETER

Hoy's solubility parameters were calculated for determining the chemical compatibility of the different polymer compositions with water (Chapter III). Hoy's solubility parameter is based on an addition group contribution theory that uses the following equations for amorphous polymeric systems:

A. Additive Molar Functions

The net values of molar functions are calculated as a sum of contribution of individual units " i " where N_i is the number of the " i^{th} " unit in a given molecular structure. Here, F_t is the molar attractive force, and F_p is the polar component of this molar attractive force. $\Delta_T^{(P)}$ and V represent the non-ideality correction factor and molar volume respectively.

$$F_t = \Sigma(N_i \times F_{t,i}) \quad (Eqn\ C.\ 1)$$

$$F_p = \Sigma(N_i \times F_{p,i}) \quad (Eqn\ C.\ 2)$$

$$V = \Sigma(N_i \times V_i) \quad (Eqn\ C.\ 3)$$

$$\Delta_T^{(P)} = \Sigma(N_i \times \Delta_{T,i}^{(P)}) \quad (Eqn\ C.\ 4)$$

B. Auxiliary equations

Auxiliary equations define the molecular aggregation number for amorphous polymers $\alpha(P)$, number of repeating units per effective polymer chain segment n , and a base value B .

$$\alpha(P) = 777 \times \Delta_T^{(P)} / V \quad (Eqn\ C.\ 5)$$

$$n = 0.5 / \Delta_T^{(P)} \quad (Eqn\ C.\ 6)$$

C. Expressions for δ and δ components

The solubility parameter δ_t , and the contribution to this value from the constituent polar forces (δ_p), hydrogen bonding forces (δ_h), and dispersive forces (δ_d) are calculated as follows:

$$\delta_t = (F_i + \frac{B}{n})/V \quad (\text{Eqn C. 8})$$

$$\delta_p = \delta_t \left(\frac{1}{\alpha^{(P)}} \frac{F_P}{F_t + \frac{B}{n}} \right)^{1/2} \quad (\text{Eqn C. 9})$$

$$\delta_h = \delta_t \left[\frac{\alpha^{(P)} - 1}{\alpha^{(P)}} \right]^{1/2} \quad (\text{Eqn C. 10})$$

$$\delta_d = (\delta_t^2 - \delta_p^2 - \delta_h^2)^{1/2} \quad (\text{Eqn C. 11})$$

Values of the δ components are first calculated based on the molecular groups present in the polymer structure of the constituent structural units. δ of the polymer is then calculated for the entire composition based on the volume fraction of individual structural units. The net δ is derived as the square root of the sum of the squares of δ_d , δ_p and δ_h values.

This process is demonstrated in **Table 15** for the 100TM composition (Chapter III). The 4 structural units (Figure 23) were identified in the polymer, and the δ values for each were calculated from individual group contributions [158].

Table 15: Calculation of Hoy's solubility parameters for the 100TM composition (Chapter III).

	n_i	Ft_i	Fp_i	V_i	ΔTi	$\Delta Ti^{(p)}$	F_t	Fp	V	$\Delta T^{(p)}$	$\alpha_{(p)}$	n	δ_i	δ_p	δ_h	δ_d
HPED unit																
$\text{-(CH}_2\text{)-}$	18	269	0	15.55	0.02	0.02	4842	0	279.9	0.36						
-(NH-C(=O)-O)-	4	1265	890	34.8	0.08	0.09	5060	3560	139.2	0.38						
$\text{-(CH}_3\text{)-}$	10	303.5	0	21.55	0.02	0.02	3035	0	215.5	0.22						
-CH-	4	176	0	9.56	0.01	0.01	704	0	38.24	0.05						
-N-	2	125	125	12.6	0.01	0.01	250	250	25.2	0.02						
							13891	3810	698.04	1.03	1.14	0.49	20.71	9.95	7.31	16.63
TEA unit																
$\text{-(CH}_2\text{)-}$	15	269	0	15.55	0.02	0.02	4035	0	233.25	0.3						
-(NH-C(=O)-O)-	3	1265	890	34.8	0.08	0.09	3795	2670	104.4	0.28						
-N-	1	125	125	12.6	0.01	0.01	125	125	12.6	0.01						
$\text{-(CH}_3\text{)-}$	4.5	303.5	0	21.55	0.02	0.02	1365.75	0	96.98	0.10						
							7955	2795	350.25	0.59	1.31	0.85	23.65	12.00	11.52	16.81
Water unit																
$\text{-(CH}_2\text{)-}$	6	269	0	15.55	0.02	0.02	1614	0	93.3	0.12						
-(NH-C(=O)-NH)-	1	1499	1263	39.3	0.09	0.10	1499	1263	39.3	0.10						

	n_i	Ft_i	Fp_i	V_i	ΔTi	$\Delta Ti^{(P)}$	F_t	Fp	V	$\Delta T^{(P)}$	$\alpha_{(p)}$	n	δ_i	δ_p	δ_h	δ_d
$\text{-(CH}_3\text{)}$	3	303.5	0	21.55	0.02	0.02	910.5	0	64.65	0.07						
							4023.5	1263	197.25	0.29	1.13	1.75	21.20	10.97	7.16	16.67
Remaining unit																
$\text{-(CH}_2\text{)-}$	3	269	0	15.55	0.02	0.02	807	0	46.65	0.06						
$\text{-(NH}_2\text{)}$	1	464	464	17	0.031	0.035	464	464	17	0.04						
$\text{-(CH}_3\text{)}$	1.5	303.5	0	21.55	0.023	0.022	455.25	0	32.325	0.03						
							1726.25	464	95.98	0.13	1.04	3.91	18.73	9.35	3.50	15.84

Volume fractions of components using rule of mixtures			
Component	Volume	Mole fraction	Volume fraction
HPED	698.04	0.23	0.49
TEA	350.25	0.15	0.17
Water	197.25	0.52	0.31
Remaining	95.98	0.10	0.03

Solubility parameters for each structural unit				
	δ_t	δ_p	δ_h	δ_d
HPED	10.21	4.90	3.60	8.20
TEA	3.92	1.99	1.91	2.78
Water	6.61	3.42	2.23	5.20
Remaining	0.56	0.28	0.10	0.47
Net values	21.29	10.59	7.84	16.65

Table 16: Typical values of solubility parameters for some common polymers [158].

Polymer	From	to	Polymer	From	to
Polyethylene	15.8	17.1	Poly (butyl methacrylate)	17.8	18.4
Polypropylene	16.8	18.8	Poly (isobutyl methacrylate)	16.8	21.5
Polyisobutylene	16.0	16.6	Poly (tert-butyl methacrylate)	17.0	-
Polystyrene	17.4	19.0	Poly (ethoxyethyl methacrylate)	18.4	20.3
Poly (vinyl chloride)	19.2	22.1	Polyacrylonitrile	25.6	31.5
Poly (vinyl bromide)	19.4	-	Polymethacrylonitrile	21.9	-
Poly (vinylidene chloride)	20.3	25	Poly (α -cyanomethyl acrylate)	28.7	29.7
Poly (tetrafluoroethylene)	12.7	-	Polybutadiene	16.6	17.6
Poly (chlorotrifluoroethylene)	14.7	16.2	Polyisoprene	16.2	20.5
Poly (vinyl alcohol)	25.8	29.1	Polychloroprene	16.8	18.9
Poly (vinyl acetate)	19.1	22.6	Polyformaldehyde	20.9	22.5
Poly (vinyl propionate)	18.0	-	Poly (tetramethylene oxide)	17.0	17.5
Poly (methyl acrylate)	19.9	21.3	Poly (propylene oxide)	15.4	20.3
Poly (ethyl acrylate)	18.8	19.2	Polyepichlorohydrin	19.2	-
Poly (propyl acrylate)	18.5	-	Poly (ethylene sulphide)	18.4	19.2
Poly (butyl acrylate)	18.0	18.6	Poly (styrene sulphide)	19.0	-
Poly (isobutyl acrylate)	17.8	22.5	Poly (ethylene terephthalate)	19.9	21.9
Poly (heptafluorobutyl acrylate)	13.7	-	Poly (8-aminocaprylic acid)	26.0	-
Poly (methyl methacrylate)	18.6	26.2	Poly (hexamethylene adipamide)	27.8	-
Poly (ethyl methacrylate)	18.2	18.7			

APPENDIX D

BLOWING AGENT NOMENCLATURE

The foam additive industries offer a wide variety of physical blowing agents for use in the gas blowing process. Physical blowing agents used in fabrication of foams are typically volatile liquids with low boiling point comprising halogenated hydrocarbons (Chlorofluorocarbons (CFCs), Hydrofluorocarbons (HFCs), Hydrochlorofluorocarbons (HCFC) and Perfluorocarbons (PFC)), low boiling alcohols, ethers, aromatic hydrocarbons, or solid adsorbents saturated with gases or low boiling liquids. While a detailed description of the benefits and drawbacks of these different categories of blowing agents may be found elsewhere [129], the objective of this appendix is to discuss the otherwise ambiguous nomenclature (e.g. HCFC-141b, HFC 245 fa) used by the halogenated hydrocarbons to codify their molecular structure.

A. Rules for decoding the name of CFC, HCFC, HFC, PFC etc. for molecular structure

1. Decoding the initial letters- Determining constituents

First “C” of the name represents chlorine and the second or only “C” represents carbon. It is noteworthy that the C-Cl bonds of CFCs and HCFCs can undergo photolytic scission in the presence of high energy UV radiations, producing radicals that can be ozone depleting. HFCs and PFCs do not have “Cl” (one or only C represents carbon),

and hence are non-ozone depleting. Further, “F” and “PF” denote “Fluoro” and “Perfluoro” structures respectively.

2. Decoding the number- Determining bond structure (using HCFC-141b for example)

- i. Add 90 to the number $141+90=231$.
- ii. The digits of the calculated sum represent the number of carbon, hydrogen and fluorine atoms in the molecular structure respectively; (#C=2, #H=3, #F=1).
- iii. For calculating Cl, count the number of C bonds required to make a saturated molecule ($2C+2=6$ bonds; with 3 H's and 1 F, we will need 2 Cl's for a saturated molecule).

3. Decoding the final letter- Determining arrangement of bonds

a) Structures with 2 Carbons

- i. Get the total number of atomic weights of atoms bonded to each carbon atom.
- ii. The arrangement distributing the atomic weights most evenly is not designated with a letter.
- iii. Arrangement that is the next most even arrangement is designated by an “a”.
- iv. Next most even arrangement is designated by “b”.

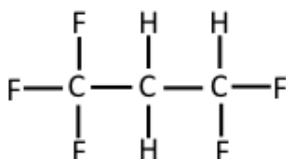
b) Structures with 3 Carbons

- i. First letter indicates the atoms in the middle carbon (2 Cl=“a”; Cl, F=“b”; 2 F=“c”; H, Cl=“d”; H, F=“e”; 2 H=“f”).

- ii. Second letter indicates symmetry in outside carbons (most symmetric="a", next symmetric="b", and so on).

Enovate, used in the synthesis of foams discussed in this dissertation, is a non-chlorinated blowing agent depicted as HFC-245 fa. Using the above rules, its name can be decoded to derive the molecule structure as follows:

1. Determining the constituents: One and only C denotes presence of carbon, and H and F denote a saturated molecule with bonds consumed by hydrogen and fluorine respectively.
2. Determining the bond structure: $245+90=335$ (#C=3, #H=3, #F=5).
3. Determining the bond arrangement (3 carbon): "fa" indicates that the middle carbon has 2 hydrogens, and the remaining atoms are arranged in the most symmetric manner ("a"), leading to the following configuration of atoms:



B. Halons

Halons directly show the C, F, Cl, Br numbers (no addition of 90 is required). For example, Halon 1211 represents 2 fluorine atoms, and 1 each of carbon, chlorine and bromine (#C=1, #F=2, #Cl=1, #Br=1).